



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States  
Canon Matthew Talarico, Provincial Superior  
Oakland Apostolate: Canon Benjamin Norman  
Contact: [canon.norman@institute-christ-king.org](mailto:canon.norman@institute-christ-king.org), (408) 600-4218  
Website: <http://www.institute-christ-king.org/oakland-home>

**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, MAY 22, 2022**  
**FIFTH SUNDAY AFTER EASTER**  
(Mass Propers available in the Parish Bulletin)

Dear faithful,

“Be ye doers of the word and not hearers only.” From the Apostle Saint James this Sunday, we receive these words at once so simple to understand and so often difficult to carry out. Why do we so frequently fail in obedience to God’s commandments? Why do we so often fall into the same sins? Dom Guéranger offers us this insight:

“Many of those who have received the grace of the Easter mystery this year will not persevere; and the reason is that they will allow the world to take up all their time and thoughts, whereas they should use the world as though they did not use it (cf. I Cor. 7:31).”

*To be in the world but not of the world*, thus goes an ancient maxim of our Faith. God has put us on this earth to love and serve Him here below, but let us ever guard against the attachments of our heart to the passing goods of this life. Perhaps you’re wondering: what is an attachment of the heart? In fact, it can be anything, not just something that’s necessarily sinful. We can become inordinately attached to our own opinion, for example, and thus lash out in pride when corrected, even if we’re in the wrong and the correction is just.

Archbishop Cordileone of San Francisco has taken a courageous step in publicly rebuking Nancy Pelosi, the Speaker of the U.S House of Representatives and a baptized Catholic, for her support of so-called “abortion rights,” by barring her from receiving Holy Communion. His letter is attached in Flocknote.

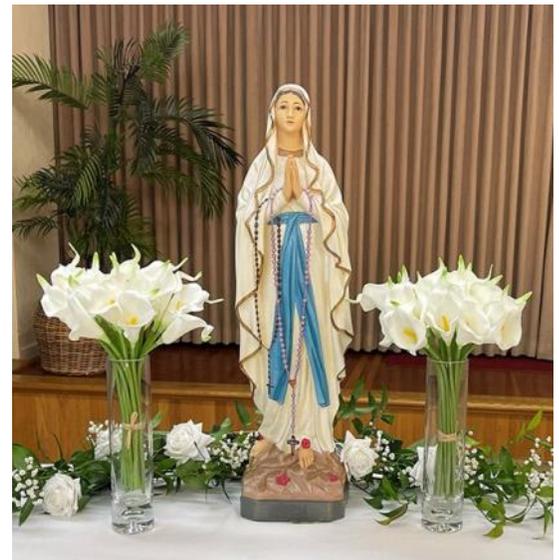
We had a good turnout for our first **Men’s Group dinner** this past Tuesday, thanks be to God. Are you a man striving to imitate the virtues of St. Joseph and looking for true Catholic fraternity with others like you? I hope you’ll consider coming to our next event. If you are interested in joining the Men’s Group, please contact Johnny Lazear: [Lazearj41@gmail.com](mailto:Lazearj41@gmail.com).

The **Feast of the Ascension is this Thursday**, May 26. This feast is one of the most ancient and most solemn feasts of the entire liturgical year, thus the attendance of all the faithful at Mass on this day is strongly encouraged. There will be **two Masses** on Thursday; at 12 pm and 6 pm. It is on this day that the Paschal Candle is extinguished at the end of the Gospel during Mass, not to burn again until next Easter.

Summer fun is an important part of growing up. Why not make it an apostolic endeavor by offering a combination of good, wholesome recreation, the immemorial Catholic Faith and the Traditional Latin Liturgy, the most precious gift of the Holy Ghost to the Church? The Institute’s yearly **summer camp, St. Michael’s Patrol**, is tentatively planned for the **first week of August**. If you are interested, please contact: [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org).

We hope to see you at the reception after the 12:30 Mass! All are invited.

Wishing you a blessed Sunday,  
Canon Benjamin Norman



At the Sursum Corda meeting in the month of May, Our Lady is sweetly honored with white roses and calla lilies.

### **Did you know? The Paschal Candle:**

This beautiful ornamentation of our sanctuary, so characteristic of the joy of the season of the Risen Christ, is about to be put away until next Easter. On the Feast of the Ascension each year, the Paschal Candle is extinguished after the Gospel, which recounts Christ’s departure from earth (“And the Lord Jesus, after He had spoken to them, was taken up into heaven and sitteth on the right hand of God.”) The *Catholic Encyclopedia* tells us more about the symbolism of this ancient sacramental:

“...the paschal candle typified Jesus Christ, ‘the true light which enlighteneth every man that cometh into this world’, surrounded by His illuminated, i.e. newly baptized disciples, each holding a smaller light. In the virgin wax a later symbolism recognized the most pure flesh which Christ derived from His blessed Mother, in the wick the human soul of Christ, and in the flame the divinity of the Second Person of the Blessed Trinity. Moreover, the five grains of incense set crosswise in the candle recalled the sacred wounds retained in Christ’s glorified body and the lighting of the candle with new fire itself served as a lively image of the resurrection.”

# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 5/22	7:00 am <i>Low Mass</i>	<b>Fifth Sunday After Easter</b> <i>2nd Class / White</i>	Canon Norman	Charlene Smith, Rehabilitation Center
	12:30 pm <i>High Mass</i>			Altar Servers
Mon. 5/23	6:00 pm <i>Low Mass</i>	Votive Mass of Most Holy Trinity <i>4th Class/ White</i>	Canon Norman	John† & Mary† Noonan
Tue. 5/24	6:00 pm <i>Low Mass</i>	Votive Mass of Holy Angels <i>4th Class/ White</i>	Canon Norman	Tomislav Gelo & Morislav Gelo
Wed. 5/25	6:00 pm <i>Low Mass</i>	Vigil of the Ascension <i>2nd Class/ White</i>	Canon Norman	Brigitte Krispel
Thurs. 5/26	12:00 pm <i>Low Mass</i>	<b>Ascension Thursday</b> <i>1st Class/ White</i>	Canon Norman	Stefan Stolarik & Daniela Stolarikova
	6:00 pm <i>Low Mass</i>			(private intention)
Fri. 5/27	6:00 pm <i>Low Mass</i>	St. Bede the Venerable, Confessor & Doctor of the Church, 3rd Class/ White <i>Adoration after Mass</i>	Canon Norman	Rana Matly
Sat. 5/28	10:00 am <i>Low Mass</i>	St. Augustine of Canterbury, Bishop & Confessor <i>3rd Class/ White</i>	Canon Norman	Jim† & Marie† Kennedy
Sun. 5/29	7:00 am <i>Low Mass</i>	<b>External Solemnity of the Ascension</b> <i>2nd Class / White</i>	Canon Norman	Dick† & Carmel† Brown
	12:30 pm <i>High Mass</i>		Canon Norman	Jesus† & Margarita† Cristobal

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

**Weekly catechism classes on Zoom** Please contact Canon Norman or Lisa Caputi ([henshinx@pacbell.net](mailto:henshinx@pacbell.net)) to request the Zoom link.

**Youth Class:** Tuesdays at 4:00pm

**Adult Class:** Saturdays, at 2:30pm

**Prospective Catholics:** contact Canon for class times

**EMAIL LIST:** email [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

**FLOCKNOTE:** sign up at [ickspoakland.flocknote.com](http://ickspoakland.flocknote.com) or text "ICKSPOakland" to 84576

### PRAYER LISTS\*

In your kindness, please keep these requests in your prayers.

#### For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Paula Case	Veronica Seder
Elizabeth Pawek	Diane Kasdan	Courtney Shoda
Canon Fragelli	Dobbins family	Peter Trong Nguyen
Paulann Dymond	Mead Lawson	Paul Oei
Thomas Orr	Canon Altieri	Msgr. David Link
Lianne Claver	Carmen Raya	Fil Marquez

#### For the repose of the souls of our beloved departed:

Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaan		Steven Miller
Jesus Cristobal	Rita Cristobal	Rod Phillips

*Requiescant in pace.*

\*Please email to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org) if you would like to add a name to the above lists. A longer list is available as attachment to the weekly Flocknote.

### UPCOMING EVENTS

May 26—Ascension of Our Lord

May 28—Society of the Sacred Heart (Oakland)\*

June 5—Pentecost

June 16—Corpus Christi

June 24—Feast of the Sacred Heart

\* **SOCIETY OF THE SACRED HEART:** A half-day of recollection will take place on Saturday, May 28, from 11:30 am – 1:30 pm; a spiritual conference followed by luncheon. If you would like to get to know the Institute's Salesian spirituality on a more profound level, above all its emphasis on serving God as well as we can in our particular state in life, I hope you will consider attending. Please RSVP to [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

### NEW RADIO SERIES FROM THE INSTITUTE - NEXT SATURDAY

This radio series, called *Lessons in Latin: the History of the Parts of the Mass* is a multi-part series sharing the beauty and the history of the parts of the Mass.

You can tune in **online** ([Catholic540am.org](http://Catholic540am.org)) or **on app** (search "Divine Mercy Radio NC"). Tune in on the 2nd and 4th Saturdays of each month to hear our program, **8:15 am and 11 am PDT**.

### SUNDAY SERMONS AND BULLETINS

Audio recordings of the Sunday sermons for the Institute's Oakland apostolate can be found at:

<https://institute-christ-king.org/oakland-sermons>

For Sunday bulletins, go to

<https://institute-christ-king.org/bulletins-oakland>

**SUNDAY RECEPTION:** Please join us in the church hall after the 12:30 Mass for refreshments and fellowship.

**ALL ARE WELCOME!**