



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, NOVEMBER 14, 2021**  
**25TH SUNDAY AFTER PENTECOST**  
(Mass Propers: 6th Resumed Sunday After Epiphany;  
also in the Parish Bulletin)

Dear faithful,

Have you ever noticed that the praise accorded to certain individuals can at times alert us to the need of reform in our own lives? When the virtue of others is thrust into the limelight, on certain occasions this may be for us the chance to stop and ask ourselves what we could be doing better for God. St. Paul gives us just this opportunity today when he lauds the fervor of the Thessalonians. Up until a short while before their receiving his preaching, they had been worshipping idols. Yet they have become so ardent in the love of Christ that even the great Apostle to the Gentiles is particularly edified by their example.



Photo: Oakland Apostolate's Society of the Sacred Heart meeting on November 13, 2021

What about us? Most of us were baptized as infants. We have been receiving the sacraments and instruction in the Faith from our youngest years. We have been reading of the lives of the saints, the works of spiritual writers and Sacred Scripture for a considerable length of time. Is it not incumbent upon us to make a better effort? The example of the Thessalonians reminds us that it is not God who is stingy with His grace, but we who so often offer only a lukewarm response to it.

The problem for the vast majority of us, perhaps, is that we are simply too attached to this life and its comforts. During this month of November, the example of those holy, suffering souls in Purgatory reminds us that we do well to imitate the faithful of the Early Church, who were ready to make any sacrifice, to suffer any earthly loss if it meant a greater union with Our crucified Lord.

You have probably noticed that our email bulletin is now being sent out with **Flocknote**. In addition to its more elegant format for emails, this service offers a faster, more ready means of communicating to each of you the news of the apostolate, as well as simpler options for donating and signing up for events. **Please note:** to be added to our Flocknote email list, please see the instructions in the **bottom right-hand corner** of this page.

On that note, there are several upcoming events this month and in December. On **Monday, November 29, our Men's Retreat** will take place at the Carmelite Monastery in Kensington. This half-day retreat will feature the Holy Mass and Exposition of the Blessed Sacrament, confessions, a conference, a Rosary walk, and time for personal prayer. If interested, please see the information in the vestibule and take a flyer. The deadline to register is **Monday, November 22**. Please RSVP to Joseph Burk at: [josephburk94@gmail.com](mailto:josephburk94@gmail.com).

Our Novena in preparation for the **Feast of the Immaculate Conception** will take place from Tuesday, November 30 to Wednesday, December 8; the day of the Feast. There will be a short sermon each day at Mass, as well as (we hope) a few guest preachers. Let us already begin to prepare for this august patronal feast of our Institute. As always, the lovely hymn to Our Lady, *Tota Pulcra es*, will be chanted after Mass each day.

We will also have an event for **altar servers**; current, aspiring or even just somewhat interested, on **Saturday, December 11**, from 11:15 am to about 1:15 pm. This event will be open to young men and boys ages 5 and up. We hope to see you there! Please RSVP to Joseph Burk at: [josephburk94@gmail.com](mailto:josephburk94@gmail.com).

Lastly, **please continue to pray for Canon Fragelli**. He had been scheduled to undergo a surgical operation this past Friday, but the operation has been temporarily postponed.

Wishing you a blessed Sunday,  
Canon Benjamin Norman

## SIGN UP ON FLOCKNOTE

Visit [icksपोakland.flocknote.com](http://icksपोakland.flocknote.com)  
or text "ICKSPOakland" to 84576

The Oakland Apostolate is growing! To facilitate communication from Canon Norman and also within the activity groups (altar servers, scholas, hospitality, etc.) we are switching to **Flocknote** for email and text messages. If you did not receive last week's bulletin in Flocknote, you can sign up by going to the website above, or text "ICKSPOakland" to 84576, if you prefer notification by text messaging.

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 11/14	7:00 am <i>Low Mass</i>	<b>25th Sunday After Pentecost</b> <i>2nd Class/ Green</i>	Canon Norman	Souls in Purgatory
	12:30 pm <i>High Mass</i>		Canon Norman	Isaiah Chappell†
Mon, 11/15	6:00 pm <i>Low Mass</i>	St. Albert the Great, Bishop, Confessor and Doctor of the Church, 3rd Class/ White	Father Staal	Loven D. Smith
Tue., 11/16	6:00 pm <i>Low Mass</i>	St. Gertrude, Virgin 3rd Class/ White	Canon Norman	Alyssa Rowe
Wed, 11/17	6:00 pm <i>Low Mass</i>	St. Gregory Thaumaturgus, Bishop & Confessor 3rd Class/ White	Canon Norman	James Ryant†
Thurs., 11/18	12:00 noon <i>Low Mass</i>	Dedication of the Basilicas of Ss. Peter & Paul 3rd Class/ White	Canon Norman	Edilia Marquez
Fri., 11/19	6:00 pm <i>Low Mass</i>	St. Elizabeth of Hungary, Widow 3rd Class/ White <i>Adoration after Mass</i>	Canon Norman	Special Intentions
Sat., 11/20	10:00 am <i>Low Mass</i>	St. Felix of Valois, Confessor 3rd Class/ White	Canon Norman	(not provided by the parish)
Sun., 11/21	7:00 am <i>Low Mass</i>	<b>Last Sunday After Pentecost</b> <i>2nd Class/ Green</i>	Canon Norman	(not provided by the parish)
	12:30 pm <i>High Mass</i>		Canon Norman	(not provided by the parish)

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

**Weekly catechism classes on Zoom** Please contact Canon Norman or Lisa Caputi ([henshinx@pacbell.net](mailto:henshinx@pacbell.net)) to request the Zoom link.

**Youth Class:** Tuesdays at 4:00pm **Adult Class:** Saturdays, at 2:30pm

**EMAIL LIST:** send your request to

[oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

**FLOCKNOTE:** sign up at [icksपोakland.flocknote.com](http://icksपोakland.flocknote.com)

or text "ICKSPOakland" to 84576

### PRAYER LISTS

In your kindness, please keep these requests in your prayers. Thank you.

#### For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Rose Stone	Paula Case
Timothy Paul Irving	Veronica Seder	Lianne Claver
Eurydice Buenger	Elizabeth Pawek	Paulann Dymond
Diane Kasdan	Catherine Rose Eich	Courtney Shoda
Canon Fragelli	Peter Trong Nguyen	

#### For the repose of the souls of our beloved departed:

Barbara Powell	Pauline Marie Longchamp	Pedro Barreto
Walter Wagoner	Rosary Gilheany	Cecilia Ramos
Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaan		<i>Requiescant in pace.</i>



**DONATE TO THE INSTITUTE** - If you wish to support the Institute's work, please **make out your check to the "Institute of Christ the King"**, or donate online at <https://institute-christ-king.org/donate-apostolates>

### UPCOMING EVENTS

November 28—1st Sunday of Advent

November 29—Men's Retreat (\***rsvp**)

December 8—Immaculate Conception (Patronal Feast Day)

December 9—Sursum Corda (\***rsvp**)

December 11—Altar Servers Event (\***rsvp**)

\* **RSVP:** Please email the following to sign up for these events

Men's Retreat, November 29: Joseph Burk at

[josephburk94@gmail.com](mailto:josephburk94@gmail.com)

Sursum Corda, December 9: Noe Perez at

[n\\_perez3@u.pacific.edu](mailto:n_perez3@u.pacific.edu)

Altar Servers Event, December 11: Joseph Burk at

[josephburk94@gmail.com](mailto:josephburk94@gmail.com)

### SURSUM CORDA

**Are you Catholic, between the ages of 18 and 35, and looking for fellowship with other young Catholics who desire to be formed in the perennial wisdom of the Church's Magisterium?**

Then the Oakland apostolate of the Institute of Christ the King has what you're looking for! Every second Thursday of the month features a meeting of Sursum Corda, the Institute's national young adult group.

Meetings are held at St. Margaret Mary Church in Oakland (1219 Excelsior Ave.), beginning at 5:30 pm with the recitation of the Rosary in the church, followed by a talk by Canon Norman, a relaxed dinner and time for socializing, and the Office of Compline chanted in the church. Photos from last Thursday may be viewed at <https://institute-christ-king.org/gallery-oakland>

Topics for Canon's conferences include the teachings of the Popes and Councils of the Church, the immemorial doctrines of the Faith, current controversies engaging Catholic moral teaching, and more. We hope to see you there! To rsvp, or for more information, please contact Noe Perez at: [n\\_perez3@u.pacific.edu](mailto:n_perez3@u.pacific.edu)