INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST – BAY AREA

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October 18, 2026 **21st Sunday after Pentecost**

Dear faithful,

On this 21st Sunday after Pentecost, Dom Guéranger reminds us not to give in to the fatigues of the lifelong spiritual combat:

"The Most High is pleased as seeing a battle well fought by his Christian soldiers. There is no name so frequently applied to Him by the Prophets as that of the God of Hosts. His divine Son, who is the Spouse, shows himself here, on this earth of ours, as the Lord who is mighty in battle. In the mysterious nuptial Canticle of the forty-fourth Psalm, he lets us see him as Most Powerful Prince, girding on his grand Sword, and making his way, with his sharp arrows, through the very heart and very thick of his enemies, in order to reach, in fair valiance and beautiful victory the Bride he has chosen as his own" (***The Liturgical Year***).

Those who are willing to imitate Our Lord by suffering in patience and fighting against the attacks of their unruly passions and of the Devil will merit Heaven. He spent His entirely earthly life in denying Himself and suffering on our behalf. This was to show us how to emerge as victors at the end of this life.

Next Sunday, October 25 is the **Feast of Christ the King**, the first-class titular feast of our dear institute. Following the tradition, we will recite the **Act of Consecration** of the Human Race to the Sacred Heart of Jesus following both Masses, and there will be a **Eucharistic Procession** following the 12:30 Mass.

The ceremonies at the 12:30 Mass will be very beautiful, and also **significantly longer** than usual. Please plan accordingly. The Institute of Christ the King takes up the annual **Special Collection** for the Institute's Seminary every year on the Feast of Christ the King, the last Sunday of October. Thank you for your generosity in helping the Institute form your future priests!

The monthly **Blessing of Sacramentals** is this Sunday after the 12:30 Mass. You may bring your rosaries, medals, images, and other religious items to be blessed. Please see the attached instructions in this email on where to place your sacramentals.

The next event for our **Women's Group**, the Sodality of Our Lady of the Most Holy Rosary, will be in the auditorium this Wednesday, October 21 from 7:15 pm – 9:15 pm. Come for fellowship and the perennial wisdom of the Catholic Church! RSVP to Jessica Glennon: jessyshepglen@gmail.com or 415-827-4997.

Do you have children to enroll in **First Communion preparation?** Now is the time to sign them up! The weekly class will begin in late February and take place every Wednesday at 4 pm on Zoom. Each class will run about thirty minutes. First Communions are tentatively planned for the first Sunday of May (this will have to be confirmed). Please look out for updates. Please contact me as soon as possible to enroll your children in our program.

Because of the initiative and enterprising ability of one of our generous faithful, a lovely and very useful tradition has been restored. The **Communion rail** has been fitted with a **white linen cloth**. When you kneel to receive Communion, please be sure to place your joined hands palms-up underneath this cloth to form a little plateau. By doing so, should the Host fall, it will fall on the flat space of the cloth and be easily retrievable by the priest. We must always aim to prevent the Host from falling to the floor.

We need more **servers for the weekday Low Masses!** Men, please step up to serve God in the Sacred Liturgy. Let us remember that Mass without at least one acolyte was forbidden for many centuries. It is only permitted in modern times because of the difficult circumstances in which Holy Mother Church finds herself. I am happy to train our servers. Don't worry about making mistakes! They are how we learn. To our current Altar Servers: remember that if you are present at Mass, we need you in the sanctuary for the glory of God!

Please be sure to fill out the **Sunday Mass Time Survey** which was sent out by Flocknote on September 19. We have an opportunity to move the 12:30 Mass to 11:30 am. In order to decide if this would be a prudent decision for our apostolate by benefiting the maximum number of souls, I need to hear from you! If you need the link to the survey, please contact me. Or, if you would prefer to call or email me directly with your thoughts, please do not hesitate to do so.

Important donations reminder! Please be sure to use the envelopes provided in the vestibule and by the ushers with the words **"Institute of Christ the King"** printed on them for your donations, either cash or check. For checks, please write "Institute of Christ the King" on the "pay to" line. If one of these printed envelopes is not available, you may use your own envelope, or a piece of paper. Please be sure to write the words "Institute of Christ the King" on it. Thank you very much for your continued generosity!

Wishing you a blessed Sunday,

Canon Norman

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THANK YOU
for your generosity!

Mass Times at Most Holy Rosary Chapel:

Sundays: 7:30 AM (Low Mass) & 12:30 PM
Confessions will be heard 30 minutes before the 7:30 AM Mass, and one hour before the 12:30 PM Mass.

Monday, Tuesday and Wednesday: 6:00 PM
Thursday: 12 Noon
Confessions 30 minutes before Mass

Friday and Saturday Masses (including **First Friday/First Saturday**) are scheduled based on the availability of the chapel, but will be announced in advance in Flocknote.

Flocknote: to receive updates and weekly letter, sign up at https://ickspbayarea.flocknote.com/weeklyletter, or text "ICKSPSFBay" to 84576, Choose the group "Institute of Christ the King – Bay Area

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