



Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

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Clergy & Staff

Institute Superiors

Msgr. R. Michael Schmitz, S.T.D., J.C.D.

Vicar General of the Institute

Reverend Canon Matthew Talarico

Provincial Superior

Church Staff

Reverend Canon Francis X. Altieri IV

Pastor & Rector

Dr. Samuel Schmitt

Director of Sacred Music & Organist

samuel.schmitt@carlschmitt.org

Mrs. Laurie Furey

Office Manager

stscyrilandmethodius@institute-christ-king.org

Office Hours: 9:00 a.m. to 12:45 p.m.

Monday to Friday (except Wednesday)

Mass Times

Sunday: 8:30 a.m. Low Mass

10:15 a.m. High Mass

Monday-Saturday: 7:45 a.m. Low Mass

Holy Days: *please consult the bulletin*

Confessions

30 minutes before Mass every day (until 7 minutes before the start of Mass)

Regular Devotions

Every Thursday: Holy Hour at 6:00 p.m.

First Friday: Additional Mass at 6:00 p.m., followed by Devotions & Benediction of the Blessed Sacrament

First Saturday: After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

Masses this Week

Sunday, February 11th

QUINQUAGESIMA SUNDAY

8:30 a.m. - Pro Populo

10:15 a.m. - In Thanksgiving to O.L. of Lourdes
requested by Canon Altieri

Monday, February 12th

Seven Holy Founders of the Servites

7:45 a.m. - Drs. Michael & Lenore Opalak
& their family

requested by Thomas & Margaret Daly

Tuesday, February 13th

Votive Mass of the Blessed Sacrament

7:45 a.m. - Bart Barnard

requested by JoEllen & Larry Pline

Wednesday, February 14th

ASH WEDNESDAY

7:45 a.m. - ✠ Frank L. Burt, Jr.

requested by Gary & Diana Burt

6:00 p.m. - Olivia & Antonia DeSilva

requested by Mr. & Mrs. James T. DeSilva

Thursday, February 15th

Thursday after Ash Wednesday

7:45 a.m. - ✠ John & Ethel Kashulon

requested by the Kashulon Foundation

Friday, February 16th

Friday after Ash Wednesday

7:45 a.m. - ✠ Janet Murphy

requested by Susan Dowd

Saturday, February 17th

Saturday after Ash Wednesday

7:45 a.m. - Miss Lia DeFelice

requested by Thomas & Lisa DeFelice

Sunday, February 18th

FIRST SUNDAY OF LENT

8:30 a.m. - Pro Populo

10:15 a.m. - ✠ Alexandra Szeloch

requested by Erwa Szeloch



Upcoming Events

Sunday, February 11th

QUINQUAGESIMA SUNDAY

Beginning of the Forty Hours with exposition of the Blessed Sacrament after 10:15 a.m. High Mass

Confessions available from 5:00 to 5:45 p.m.

Vespers & Benediction at 6:00 p.m.

Monday, February 12th

MIDDLE DAY OF THE FORTY HOURS

Exposition of the Blessed Sacrament after morning Mass until Benediction at 6:00 p.m.

Confessions available from 5:00 to 5:45 p.m.

Tuesday, February 13th

SHROVE TUESDAY

Exposition of the Blessed Sacrament after morning Mass until closing ceremony

Confessions available from 5:00 to 5:45 p.m.

Bishop's visit to our parish for the closing of the Forty Hours Devotion at 6:00 p.m.

Festive reception in the church hall afterwards

Wednesday, February 14th

ASH WEDNESDAY

Low Mass at 7:45 a.m. & Solemn Mass at 6:00 p.m.

Thursday, February 15th

Holy Hour & Benediction at 6:00 p.m.

Friday, February 16th

Stations of the Cross at 6:00 p.m., followed by the veneration of the relic and time for confessions

Sunday, February 18th

FIRST SUNDAY OF LENT

Special annual Lenten appeal for the American province of the Institute of Christ the King

Tuesday, February 20th

Adult Theology class at 7:00 p.m. in church hall

Theme: "The Seven Capital Vices"

Thursday, February 22nd

No Holy Hour or Benediction

Thursday, March 7th

FEAST OF SAINT THOMAS AQUINAS

750th anniversary of the saint's death

High Mass at 6:00 p.m.

SHROVE TUESDAY PARTY - February 13th after the Forty Hours!

Our greatest treasure is the holy Eucharist: God himself truly present among us under the outward form of bread. Over the course of the centuries, different forms of adoration of the Blessed Sacrament have arisen in the Church, such as Eucharistic processions. The solemn three-day Adoration known as the Forty Hours Devotion (or in Italian, the *Quarant'ore*), in honour of the roughly forty hours that the body of Christ lay in the tomb, was started in Milan around the year 1527, as part of a ceremony in reparation for the sins committed during Carnival time in an excess of celebration (from the Latin words *carne, vale*, “goodbye, meat”). About ten years later the Forty Hours Devotion in more or less the form we now know it seems to have been instated by the Capuchin friar Father Giuseppe da Ferno – although other names have also been suggested – with the Devotion beginning in one church just as it ends in another. In 1575 Saint Charles Borromeo laid down guidelines for the celebration of the Forty Hours in his diocese of Milan, and in 1731 Pope Clement XII set down norms for Rome (the “Clementine Instruction”).

Although the Forty Hours is still customary in many places during Carnival just before Lent, this Adoration can be held any time during the year (except the Easter Triduum). Ideally the devotion runs for roughly forty continuous hours, but often the Blessed Sacrament is reposed in the tabernacle at the end of the day if no one is available to watch during the night. Where the full ceremonies are held, the Forty Hours begins and ends with a votive Mass of the Blessed Sacrament, the singing of the Litany of the Saints and a procession. On the second of the three days, a special Mass for Peace is said: the peace of Christendom has always been one of the main intentions of the Church’s prayer during the Forty Hours.

The last three days of the season of Septuagesima (from Quinquagesima Sunday to the day before Ash Wednesday) are sometimes known as “Shrovetide,” after an archaic word for absolution (e.g., *to shrive, to be shriven*), since people would try to start off Lent on the right foot by going to confession right beforehand. The final day before Lent is thus called Shrove Tuesday. Since the approach of Lent, however, does not exclude a certain mirth before the start of the 40-day fast, this day is also known as “Fat Tuesday” (hence the well-known *Mardi Gras* in French, or its equivalent in other languages). It was also known as “Pancake Day,” and the idea in all these cases was that it was the last chance to use up fatty ingredients like butter (since not only meat but all animal products were formerly forbidden during Lent). Whether you want to make American-style thick pancakes or thin crepes with various fillings, or indeed prefer other pre-Lenten treats, please join us in the church hall for a special celebration after the conclusion of the Forty Hours on Shrove Tuesday. We are honoured this year to be joined by our bishop, so all the more reason to come celebrate as a parish family! Please sign up to help with the reception or to bring food to share.

CONNECTICUT MARCH FOR LIFE - Wednesday, March 20th

Join us for the 3rd annual Connecticut March for Life on Wednesday, March 20th 2024 at the Capitol in Hartford. Rally at the Capitol begins at 12:00 p.m. followed by the March around Bushnell Park at 1:00 p.m. For more information visit:

<https://marchforlife.org/connecticut/>.

A bus will be departing from the Oratory. To register for the bus, visit:

<https://rally.co/ct-march-for-life/>
[from/st-cyril-and-methodius-church-bridgeport-ct.](https://rally.co/ct-march-for-life/)

If you have any questions, you can contact Maureen Ciardiello
at mrciardiello@gmail.com.

We welcome you to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us for our coffee hour today. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 7 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Everyone is kindly reminded that all conversations should be held outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

Sunday, February 18th : Special Second Collection "Many Apostolates, One Mission"

Help the Institute of Christ the King continue to restore Catholic life and culture in the U.S.A.!

You can use the special envelopes or donate online with this QR code.



COLLECTION OF OLD PALMS

Every year, palms from the previous Holy Week are burned in order to make ashes for Ash Wednesday. You can deposit your old palms in the basket available in the narthex. **Please note that palms will NOT be accepted after today.** We already have plenty for making ashes!

ASH WEDNESDAY - Rules for Fast and Abstinence

According to the discipline currently in force, **Ash Wednesday and Good Friday** are days of **MANDATORY FAST** (one meatless meal; two meatless snacks allowed that do not add up a full meal) for all Catholics aged between 18 and 60. Moreover, **every Friday of Lent** is a day of **MANDATORY ABSTINENCE** (no meat) for all Catholics over the age of 14.

According to the more rigorous traditional fast, which is no longer binding under pain of sin but which it is praiseworthy to follow for those who are able, every weekday of Lent (not Sundays) is kept as a day of fast.

February 11th 2024

Quinquagesima Sunday