



Institute of Christ the King Sovereign Priest

Veritatem Facientes in Caritate

www.institute-christ-king.org



Church of Saints Cyril & Methodius

79 Church Street - Bridgeport, Connecticut 06608

Tel: (203) 333-7003

stscyrilandmethodius@institute-christ-king.org

www.institute-christ-king.org/bridgeport-home

www.facebook.com/StsCyrilandMethodiusOratory

Clergy & Staff

Institute of Christ the King

Reverend Canon Matthew Talarico
Provincial Superior

Church Staff

Reverend Canon Francis X. Altieri IV
Pastor & Rector

Dr. Samuel Schmitt
Director of Sacred Music & Organist
samuel.schmitt@carlschmitt.org

Mrs. Laurie Furey
Office Manager
stscyrilandmethodius@institute-christ-king.org

Office Hours

9:00 a.m. to 12:45 p.m.

Monday to Friday (except Wednesday)

Mass Times

Sunday: 8:30 a.m. Low Mass
10:15 a.m. High Mass
Monday-Friday: 7:45 a.m. Low Mass
Saturday: 8:30 a.m. Low Mass
Holy Days: *please consult the bulletin*

Confessions

30 minutes before Mass every day

Regular Devotions

Every Thursday: Holy Hour at 6:00 p.m.
First Friday: Mass at 6:00 p.m., followed by Devotions & Benediction of the Blessed Sacrament
First Saturday: After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

Masses this Week

Sunday, March 8th

THIRD SUNDAY OF LENT

8:30 a.m. - Living Members of the
Saint Joseph Society, Branch 19

requested by the Saint Joseph Society, Branch 19

10:15 a.m. - Pro Populo

Monday, March 9th

Monday in the Third Week of Lent

7:45 a.m. - ✠ Jamie Rial

requested by Gary & Diana Burt

Tuesday, March 10th

Tuesday in the Third Week of Lent

7:45 a.m. - Michael P. Widmer

requested by Annmarie Widmer

Wednesday, March 11th

Wednesday in the Third Week of Lent

7:45 a.m. - Caroline & Jamie Baur

requested by George & Nancy Whitmore

Thursday, March 12th

Thursday in the Third Week of Lent

7:45 a.m. - ✠ Jesus Zamora

requested by Jean Zamora

Friday, March 13th

Friday in the Third Week of Lent

7:45 a.m. - ✠ George M. Kuruc, Sr.

requested by his children

Saturday, March 14th

Saturday in the Third Week of Lent

8:30 a.m. - Kayla Ciardiello

requested by Mr. & Mrs. Eric Ciardiello

Sunday, March 15th

FOURTH SUNDAY OF LENT

{called, LÆTARE SUNDAY}

8:30 a.m. - Pro Populo

10:15 a.m. - Price Family Intentions

requested by Scott & Suzanne Price



Upcoming Events

LENTEN SERMON SERIES

“The Seven Last Words of
Our Saviour from the Cross”

every Sunday of Lent

Sunday, March 8th

THIRD SUNDAY OF LENT

Sermon: “Woman, behold thy son.”

No Vespers or Benediction

Wednesdays of March

Devotions to Saint Joseph after morning Mass

Tuesday, March 10th

Adult Theology Class at 7:00 p.m.

Theme: “The Most Holy Eucharist, Part II”

Thursday, March 12th

Holy Hour & Benediction at 6:00 p.m.

Friday, March 13th

Stations of the Cross at 6:00 p.m., followed by
veneration of the relic and confessions

Saturday, March 14th

Confirmation Catechism Class at 9:30 a.m.

Sunday, March 15nd

FOURTH SUNDAY OF LENT

Annual Lætare Sunday celebration after High Mass

Please sign up to bring Simnel Cake or other treats!

Wednesday, March 18th

ANNUAL MARCH FOR LIFE

Please see details on the facing page in order to sign up.

Sunday, March 22nd

PASSION SUNDAY

First Holy Communion Catechism Class after Mass

Tuesday, March 24th

Lenten spiritual conference at 7:00 p.m.

Theme: “Preparing for Holy Week – Easter Vigil”

Saturday, March 28th

Servers’ practice for Palm Sunday at 9:30 a.m.

{not Confirmation Catechism as originally announced}

SAINT FRANCIS DE SALES ON THE RIGHT WAY TO APPROACH THE LENTEN FAST

I may fast in Lent, either from charity in order to please God; or from obedience, because it is a precept of the Church; or from sobriety; or from diligence, in order to study better; or from prudence, to make some saving which is required; or from chastity, in order to tame the flesh; or from religion, the better to pray. Now, if I please, I may make a collection of all these intentions, and fast for them all together: but in that case there must be good management to place these motives in proper order. For if I fasted chiefly out of a sparing humour, rather than from obedience to the Church; if to study well rather than to please God; who does not see that I pervert right and order, preferring my own interest before obedience to the Church and the pleasure of my God? To fast in order to save is good, to fast in order to obey the Church is better, to fast in order to please God is best: but though it may seem that with three goods one cannot make a bad; yet he who should place them out of order, preferring the less to the better, would without doubt commit an irregularity deserving of blame.

– *Treatise on the Love of God*, Book XI, chapter 13

Join us for the annual CONNECTICUT MARCH FOR LIFE on Wednesday, March 18th in Hartford!

A bus will be departing from Sts. Cyril and Methodius with Canon and Abbé at 9:30 a.m. (approximately) and returning around 4:00 p.m. Through the generosity of the Knights of Columbus Supreme Council and local Knights of Columbus Council 16, bus seats are being offered at a reduced price. The cost is \$10 per seat. Cash or checks are both accepted for payment.

For more information regarding payment and bus registration, please contact Maureen Ciardiello at mrciardiello@gmail.com.

For general information on the March, including list of speakers, visit the CT March for Life website at <https://marchforlife.org/connecticut>

NOTES ON PARTICIPATING IN THE LITURGY OF LENT

Especially during the holy season of Lent, attending daily Mass is strongly recommended for pious Catholics – and for those who wish to become more pious! In the liturgy, a weekday when we do not celebrate the feast of a saint is called a “feria.” Lent is unique in that every single feria has its own proper Mass (we do not merely repeat the Mass of the preceding Sunday, as we do during the rest of the year). Here are some things to know about the week-day Lenten liturgy to help you follow along in your missal and participate fruitfully.

◆ With a few exceptions, on every weekday of Lent we celebrate the proper ferial Mass, even when a saint’s feast falls on the same day in the calendar. In that case, we *commemorate* the feast by including the Orations (Collect, Secret, Postcommunion) from the feast after the Orations of the Lenten feria. On the other hand, when we *do* celebrate a feast, then we commemorate the feria in the same way (by adding *its* Orations), but then at the end of Mass we *also* read the Gospel assigned for that feria in place of the usual Prologue of Saint John. Either way, you will need two ribbons in your missal whenever a feast day coincides with a Lenten feria, regardless of whether the feast is celebrated or merely commemorated.

◆ On the **Mondays, Wednesday and Fridays of Lent**, at the end of the Tract (before the Gospel), we **kneel** for the verse *Adjuva nos*. It is appropriate for the faithful to participate by kneeling at this point, along with the clergy.

◆ After the final Postcommunion, there is a special prayer (only in the ferial Masses of Lent, not feasts or Sundays) called the “Prayer over the People.” The priest will say *Humiliate capita vestra Deo*, “Bow down your heads before God,” before saying the prayer, and then the people, although already kneeling, should **bow their heads**, just like the server does.

We welcome you to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us for our parish social next Sunday. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 7 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Everyone is kindly reminded that all conversations should be held outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

"ONE IN CHRIST" - 2026 Bishop's Appeal

The Bishop's Appeal for 2026 is underway! Envelopes are now available in church. **So far we have only reached 8% of our parish goal.** Please make sure to turn in the envelope in the collection basket or in one of the candle donation boxes or drop it off at the rectory (please do not mail directly to the diocese).

For more information: www.2026bishopsappeal.org



STATIONS OF THE CROSS

Every Friday in Lent, the Stations of the Cross will be held at 6:00 p.m., followed by the veneration of the relic of the True Cross and the opportunity for confession.

FORTY DAYS FOR LIFE

Consider joining other parishioners spending 30 minutes in prayer on the sidewalk at the Bridgeport vigil location, **4697 Main Street**. A group from our parish will gather at the vigil site to pray on Saturdays beginning at 9:45 a.m. Join others from the community to protect mothers and children in this effort to pray and fast for an end to abortion during the spring campaign, from February 18th to March 29th. Help save lives!

Learn more and sign up for prayer times at 40daysforlife.com/Bridgeport.

Local contact is bgrabows@aol.com

March 8th 2026

Third Sunday of Lent