



# Institute of Christ the King Sovereign Priest

*Veritatem Facientes in Caritate*

[www.institute-christ-king.org](http://www.institute-christ-king.org)



## Church of Saints Cyril & Methodius

79 Church Street - Bridgeport, Connecticut 06608

Tel: (203) 333-7003

[stscyrilandmethodius@institute-christ-king.org](mailto:stscyrilandmethodius@institute-christ-king.org)

[www.institute-christ-king.org/bridgeport-home](http://www.institute-christ-king.org/bridgeport-home)

[www.facebook.com/StsCyrilandMethodiusOratory](https://www.facebook.com/StsCyrilandMethodiusOratory)

### Clergy & Staff

#### **Institute of Christ the King**

Reverend Canon Matthew Talarico  
*Provincial Superior*

#### **Church Staff**

Reverend Canon Francis X. Altieri IV  
*Pastor & Rector*

Dr. Samuel Schmitt  
*Director of Sacred Music & Organist*  
[samuel.schmitt@carlschmitt.org](mailto:samuel.schmitt@carlschmitt.org)

Mrs. Laurie Furey  
*Office Manager*  
[stscyrilandmethodius@institute-christ-king.org](mailto:stscyrilandmethodius@institute-christ-king.org)

### Office Hours

9:00 a.m. to 12:45 p.m.

Monday to Friday (except Wednesday)

### Mass Times

**Sunday:** 8:30 a.m. Low Mass  
10:15 a.m. High Mass

**Monday-Friday:** 7:45 a.m. Low Mass

**Saturday:** 8:30 a.m. Low Mass

**Holy Days:** *please consult the bulletin*

### Confessions

30 minutes before Mass every day

### Regular Devotions

**Every Thursday:** Holy Hour at 6:00 p.m.

**First Friday:** Mass at 6:00 p.m., followed by Devotions & Benediction of the Blessed Sacrament

**First Saturday:** After Mass, Adoration with Holy Rosary, 15-minute meditation & Benediction of the Blessed Sacrament

## Masses this Week

Sunday, March 1<sup>st</sup>

### SECOND SUNDAY OF LENT

8:30 a.m. - Pro Populo  
10:15 a.m. - Paul & Margaret Cleary  
*requested by Richard & Rita Cleary*

Monday, March 2<sup>nd</sup>

### Monday in the Second Week of Lent

7:45 a.m. - Thomas Allen {happy birthday}  
*requested by Mom & Dad*

Tuesday, March 3<sup>rd</sup>

### Tuesday in the Second Week of Lent

7:45 a.m. - Dennis Pryor  
*requested by Linda Pryor*

Wednesday, March 4<sup>th</sup>

### Wednesday in the Second Week of Lent

7:45 a.m. - Marian Adam  
*requested by George & Nancy Whitmore*

Thursday, March 5<sup>th</sup>

### Thursday in the Second Week of Lent

7:45 a.m. - Isabelle Rose Burt  
*requested by Erika & Justin Burt*

Friday, March 6<sup>th</sup>

### Friday in the Second Week of Lent

7:45 a.m. - Monsignor Gilles Wach  
6:00 p.m. - Canon Paul McKown  
*requested by Parishioners*

Saturday, March 7<sup>th</sup>

### Saint Thomas Aquinas, Institute Patron

8:30 a.m. - Canon Francis X. Altieri  
*requested by Kate Prendergast*

Sunday, March 8<sup>th</sup>

### THIRD SUNDAY OF LENT

8:30 a.m. - Living Members of the  
Saint Joseph Society, Branch 19  
*requested by the Saint Joseph Society, Branch 19*  
10:15 a.m. - Pro Populo



## Upcoming Events

### LENTEN SERMON SERIES

“The Seven Last Words of  
Our Saviour from the Cross”

*every Sunday of Lent*

Sunday, March 1<sup>st</sup>

SECOND SUNDAY OF LENT

**Sermon: “This day thou shalt be  
with me in paradise.”**

Solemn Vespers & Benediction at 6:00 p.m.

Wednesdays of March

Devotions to Saint Joseph after morning Mass

Thursday, March 5<sup>th</sup>

Holy Hour & Benediction at 6:00 p.m.

*Young Adults “Ask a Priest” social after Adoration*

Friday, March 6<sup>th</sup>

Additional Mass at 7:45 a.m. (for Lent)  
Stations of the Cross after Mass at 6:00 p.m.  
{*Confessions before Mass, NOT after Stations*}

Saturday, March 7<sup>th</sup>

FEAST OF SAINT THOMAS AQUINAS  
Plenary Indulgence available {*Institute Patron*}  
*First Saturday devotions after Mass at 8:30 a.m.*

Tuesday, March 10<sup>th</sup>

Adult Theology Class at 7:00 p.m.  
Theme: “The Most Holy Eucharist, Part II”

Saturday, March 14<sup>th</sup>

Confirmation Catechism Class at 9:30 a.m.

Sunday, March 15<sup>nd</sup>

FOURTH SUNDAY OF LENT

Annual Lætare Sunday celebration after High Mass  
*Please sign up to bring Simnel Cake or other treats!*

Sunday, March 22<sup>nd</sup>

PASSION SUNDAY

First Holy Communion Catechism Class after Mass

Saturday, March 28<sup>th</sup>

Servers’s practice for Palm Sunday at 9:30 a.m.  
{*not Confirmation Catechism as originally announced*}



# NATIONAL SURSUM CORDA YOUNG ADULT RETREAT

**June 5 - 7**

CONFERENCES &  
FORMATION

**June 8**

(OPTIONAL ADD-ON DAY)  
RECREATION & KAYAKING

#### WHAT YOU CAN EXPECT:

- ROSARY WALKS
- DAILY CONFERENCES
- DAILY MASS
- ALL NIGHT ADORATION
- COMPLINE
- SCHOLA/CHOIR PARTICIPATION
- DEBATE PARTICIPATION
- CONFESSION
- QUIET TIME FOR REFLECTION
- 1-ON-1 SPIRITUAL DIRECTION
- GROUP MEALS
- GAME NIGHT
- BONFIRE
- MUSICAL TALENT SHOW
- FREE TIME TO SOCIALIZE
- KAYAKING (MONDAY)

#### 2026 CONFERENCE THEME

### BEYOND THE SURFACE: CATHOLIC DIALOGUE ON MODERN TABOOS

Engage in today's most challenging cultural issues—AI technology, drugs and alcohol, NFP and sexuality, usury, and more—through the lens of timeless Church teaching and reasoned dialogue. An optional add-on day offers recreation and kayaking for fellowship and rest.

📍 Colombiere Retreat Center  
Clarkston, MI

📅 Early bird ends April 1st.

👥 Young Adults ages 18-35  
are invited to join!

💰 3 days: \$260 (early bird)  
4 days: \$310 (early bird)  
Commuter rates available

✉️ NationalSursumCorda@institute-  
christ-king.org

SCAN ME



## CONNECTICUT MARCH FOR LIFE

MARCH 18, 2026 | HARTFORD, CONNECTICUT

HOSTED BY:



Join us for the annual Connecticut March for Life on Wednesday, March 18th in Hartford!

A bus will be departing from Sts. Cyril and Methodius at 9:30am (approximately) and returning around 4:00pm. Through the generosity of the Knights of Columbus Supreme Council and local Knights of Columbus Council 16, bus seats are being offered at a reduced price. The cost is \$10 per seat. Cash or checks will be the accepted form of payment.

For more information regarding payment and bus registration contact Maureen Ciardiello at [mrciardiello@gmail.com](mailto:mrciardiello@gmail.com).

For general information on the March, including list of speakers visit the CT March for Life website at <https://marchforlife.org/connecticut/>

## NOTES ON PARTICIPATING IN THE LITURGY OF LENT

*Especially during the holy season of Lent, attending daily Mass is strongly recommended for pious Catholics – and for those who wish to become more pious! In the liturgy, a weekday when we do not celebrate the feast of a saint is called a “feria.” Lent is unique in that every single feria has its own proper Mass (we do not merely repeat the Mass of the preceding Sunday, like during the rest of the year). Here are some things to know about the week-day Lenten liturgy to help you follow along in your missal and participate fruitfully.*

◆ With a few exceptions, on every weekday of Lent we celebrate the proper ferial Mass, even when a saint’s feast falls on the same day in the calendar. In that case, we *commemorate* the feast by including the Orations (Collect, Secret, Postcommunion) from the feast after the Orations of the Lenten feria. On the other hand, when we *do* celebrate a feast, then we commemorate the feria in the same way (by including its Orations), but then at the end of Mass we *also* read the Gospel assigned for that feria in place of the usual Prologue of Saint John. Either way, you will need two ribbons in your missal whenever a feast day coincides with a Lenten feria, regardless of whether the feast is celebrated or merely commemorated.

◆ On the **Mondays, Wednesday and Fridays of Lent**, at the end of the Tract (before the Gospel), we **kneel** for the verse *Adjuva nos*. It is appropriate for the faithful to participate by kneeling at this point, along with the clergy.

◆ After the final Postcommunion, there is a special prayer (only in the ferial Masses of Lent, not feasts or Sundays) called the “Prayer over the People.” The priest will say *Humiliate capita vestra Deo*, “Bow down your heads before God,” before saying the prayer, and then the people, although already kneeling, should **bow their heads**, just like the server does.

## We welcome you to Saints Cyril and Methodius!

If this is your first time here, we look forward to meeting you. We hope you will be able to join us for our next parish social. If you are interested in registering as a parishioner, forms are available at both entrances.

Holy Mass and all the sacraments at Saints Cyril & Methodius Oratory are celebrated in the traditional Latin Rite. This form of worship, which developed many centuries ago, is a priceless treasure of our Catholic faith. On Sundays and feasts, there are handouts containing English translations of the Propers (the prayers and readings proper to the day). If you are unfamiliar with the traditional Latin Mass, please do not hesitate to approach the clergy of the Oratory with any questions you may have. The pastoral care of the Oratory has been entrusted by the Bishop of Bridgeport to the clergy of the Institute of Christ the King, a Catholic priestly society founded in 1990 and currently ministering in dioceses across the United States, Europe and Africa.

Holy communion may be received by practicing Catholics in the state of grace. In the traditional Roman Rite, holy communion is received kneeling at the communion rail (unless you are impaired from doing so) and directly on the tongue. The mouth should be open with the tongue slightly extended. You do not reply when the priest places the host in your mouth. The sacrament of confession is available every day 30 minutes before the start of Mass (ending approximately 7 minutes before Mass begins).

The church narthex (vestibule) functions as a cry room during Mass. As a courtesy to others, please feel free to make use of it when you have a crying child by exiting quietly down one of the side aisles. Everyone is kindly reminded that all conversations should be held outside.

Out of respect for God's house, please bear in mind the importance of modest and decent attire. Ladies who wish to do so may borrow a veil to wear at Mass (available in baskets by the entrances).

If you are not a Catholic, you are warmly invited to learn more about our faith. The Catholic Church was founded 2000 years ago by Our Lord and Saviour Jesus Christ to carry on His work for the salvation of souls. If you are interested in becoming Catholic or simply want to learn more about the Catholic faith, please do not hesitate to contact us. The Oratory offers individual instruction. We look forward to hearing from you.

### "ONE IN CHRIST" - 2026 Bishop's Appeal

The Bishop's Appeal for 2026 is now underway! **Beginning today, envelopes are now available in church.** Your participation helps our parish! Please make sure to turn in the envelope in the collection basket or in one of the candle donation boxes or drop it off at the rectory (do not mail directly to the diocese).

*For more information:* [www.2026bishopsappeal.org](http://www.2026bishopsappeal.org)



### STATIONS OF THE CROSS

Every Friday in Lent, the Stations of the Cross will be held at 6:00 p.m. (on First Friday, after Mass), followed by the veneration of the relic of the True Cross and confessions.

### FORTY DAYS FOR LIFE

Consider joining other parishioners spending 30 minutes in prayer on the sidewalk at the Bridgeport vigil location, **4697 Main Street**. A group from our parish will gather at the vigil site to pray beginning at 9:45 a.m. on February 28<sup>th</sup>.

Join others from the community to protect mothers and children in this effort to pray and fast for an end to abortion during the spring campaign, February 18<sup>th</sup> to March 29<sup>th</sup>. Help save lives!

Learn more and sign up for prayer times at [40daysforlife.com/Bridgeport](http://40daysforlife.com/Bridgeport).

Local contact is [bgrabows@aol.com](mailto:bgrabows@aol.com)

March 1<sup>st</sup> 2026

Second Sunday of Lent