2026 – 2027 First Holy Communion Catechism Class Program and Review Topics

Class 1 Sept 21 – Welcome to class, meet teachers and classmates

Objective: What is Catechism? Why do we need Catechism? What is to goal of this class? What is the most important thing? Virtue for September – **Faith**

Study Questions/Items: Memorize **the Sign of the Cross**; begin memorizing **the Ten Commandments**

The Sign of the Cross

✠ In the Name of the Father and of the Son and of the Holy Ghost. Amen

The Ten Commandments

1. I am the Lord your God, you shall not have other gods before Me.
2. You shall not take the Name of the Lord in vain.
3. Keep holy the Lord's day
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not lie.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Class 2 Sept 28 – Visit to Church

Objective: Learn about the different areas and objects in the Nave: pews, Holy Water font, confessional; practice focusing on our posture and position at Mass

Study Questions/Items: Learn how to enter, genuflect, sit, stand and kneel in church and remain silent and prayerful; begin memorizing **the Act of Contrition**

Act of Contrition*

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin. Amen.

*Any approved form of the Act of Contrition is acceptable.

Class 3 Oct 5 – The Ten Commandments & The Most Holy Rosary

Objective: Learn about the Joyful Mysteries and fruits of the Rosary; examine **Commandments 1 – 3;** Virtue for October – **Hope**

Study Questions/Items: The Joyful Mysteries

The Joyful Mysteries

1. The Annunciation; fruit – Humility
2. The Visitiation; fruit – Fraternal Charity
3. The Nativity of Our Lord; fruit – Poverty
4. The Presentation and the Purification; fruit – Obedience and Purity
5. The Finding of Jesus in the Temple; fruit – Holy Abandonment

Class 4 Oct 12 – The Ten Commandments & The Most Holy Rosary

Objective: Learn about the Sorrowful Mysteries and fruits of the Rosary; examine **Commandments 4 – 6**

Study Questions/Items: The Sorrowful Mysteries

The Sorrowful Mysteries

1. Agony in the Garden; fruit – Contrition
2. Scourging at the Pillar; fruit – Bodily Mortification
3. Crowning with Thorns; fruit – Spiritual Mortification
4. Carrying of the Cross; fruit – Patience
5. Crucifixion; fruit – Final Perseverance

Class 5 Oct 19 – The Ten Commandments & The Most Holy Rosary

Objective: Learn about the Glorious Mysteries and fruits of the Rosary; examine **Commandments 7 – 10**

Study Questions/Items: The Glorious Mysteries

The Glorious Mysteries

1. Resurrection of Our Lord; fruit – Faith
2. Ascension of Our Lord; fruit – Hope
3. Descent of the Holy Ghost; fruit – Charity
4. Assumption of Our Lady; fruit – A Holy Death
5. Coronation of Our Lady; fruit – Greater Devotion to Mary

Class 6 Oct 26 – The Most Holy Rosary

Objective: Learn how to recite the Rosary and review **The Ten Commandments**

Study Questions/Items: **All Mysteries**; Review **Act of Contrition** and **The Ten Commandments**

Class 7 Nov 9 – Lesson 1: God Made Us God made us to know, love and serve Him

Objective: The most important thing is to get to Heaven; Virtue for November – **Charity**

Study Questions/Items:

1) Who made you?
   Answer) God made me.
2) Did God make all things?
   Answer) Yes, God made all things.
3) Why did God make you?
   Answer) God made me to show His goodness and to make me happy with Him in heaven for ever.
4) What three things must we do to be happy with God?
   Answer) To be happy with God in Heaven, we must know Him, love Him, and serve Him in this world.

Study Questions/Items: Memorize the **Glory Be**

Glory Be

Glory be to the Father, and to the Son and to the Holy Ghost, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Class 8 Nov 16 – Examination of Conscience

Objective: Learn how to make a good examination of conscience

Study Questions/Items: Review **the Act of Contrition,** and start **Examination of Conscience**

Class 9 Nov 23 – Lesson 2: God is Great

Objective: God is omnipotent, omniscient, omnipresent

Study Questions/Items:

1) What is God's home called?
   Answer) Heaven is God's home.
2) Where is God?
   Answer) God is everywhere.
3) What does God know?
   Answer) God knows everything.
4) What can God do?
   Answer) God can do everything.
5) Did God ever have a beginning? Will He ever die?
   Answer) No, God never had a beginning. He always was.
6) How long will God live?
   Answer) God will live forever.

Study Questions/Items: Memorize the **Our Father**

The Lord's Prayer

Our Father who art in heaven, Hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Class 10 Nov 30 – Visit to Church

Objective: Learn the different areas and objects in the Sanctuary; altar, tabernacle, crucifix, communion rail, sanctuary lamp, bells, incense; learn how to approach the communion rail

Study Questions/Items: Memorize the **Hail Mary**

The Hail Mary

Hail Mary, full of grace! The Lord is with thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Class 11 Dec 7 – Review

Objective: Review Lessons 1 – 2 and all memorized prayers or topics

Study Questions/Items: **Review Lessons 1 – 2 and all memorized prayers or topics**

Class 12 Dec 14 – 1st Semester Test

Class 13 Jan 11 – Review 1st Semester

Objective: Review past lessons and memorized prayers: Sign of the Cross, Our Father, Hail Mary, Glory Be, Ten Commandments, Act of Contrition

Study Questions/Items: Begin to memorize the **Apostles' Creed**; Virtue for January – **Prudence**

The Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Class 14 Jan 18 – Lesson 3: The Blessed Trinity

Objective: Learn the nature of the Trinity: One God and Three Persons

Study Questions/Items:

1) How many Gods are there?
   Answer) There is only one God.
2) How many Persons are in God?
   Answer) There are three Persons, the Father, the Son and the Holy Ghost.
3) What do we call the three Persons all together?
   Answer) We call the Three Persons in one God the Blessed Trinity.
4) Why can't we see God?
   Answer) We cannot see God because He is a spirit.

Class 15 Jan 25 – Lesson 4: The First Sins

Objective: Learn about the Creation of Man, Adam and Eve and Original Sin; memorize the Guardian Angel prayer

Study Questions/Items:

1) Who were the first man and woman?
   Answer) The first man and woman were Adam and Eve.
2) What is sin?
   Answer) Sin is saying "no" to God.
3) Who committed the first sin on earth?
   Answer) The first sin on earth was committed by Adam and Eve, our first parents.
4) What do we call the sin committed by Adam and Eve?
   Answer) We call the first sin committed by Adam and Eve "Original Sin."
5) Is this sin passed on to us from Adam?
   Answer) Yes, Original Sin is passed on to us because we are all children of Adam.
6) Was anyone ever born free from Original Sin?
   Answer) Yes, the Blessed Virgin Mary was born free from Original Sin.

Study Questions/Items: Memorize the **Guardian Angel prayer**

Prayer to the Guardian Angel

Angel of God, my guardian dear,
To whom God's love commits me here,
Ever this day (night) be at my side,
To light and guard, to rule and guide. Amen.

Class 16 February 1 – Lesson 5: Our Own Sins

Objective: Learn about Actual Sin, Mortal Sin and Venial Sin; Virtue for February – **Justice**

Study Questions/Items:

1) What do we call sin that we commit ourselves?
   Answer) The sin we commit ourselves is called "Actual sin."
2) What is mortal sin?
   Answer) Mortal sin is a big sin that kills God's grace in our soul.
3) What is venial sin?
   Answer) Venial sin is a small sin that makes our souls weak.
4) What happens if you die in a state of mortal sin?
   Answer) People who die in a state of mortal sin go to Hell.
5) Why should we hate sin?
   Answer) We should hate sin because it displeases God and brings us punishment.

Study Questions/Items: Memorize the **Hail Holy Queen**

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Class 17 February 8 – Review

Objective: Review Lessons 3 – 5 and all memorized prayers and topics

Study Questions/Items: Begin memorizing the **Seven Sacraments**

The Seven Sacraments

1. Baptism
2. Confirmation
3. Penance
4. Holy Eucharist
5. Holy Orders
6. Matrimony
7. Anointing of the Sick

Class 18 February 15 – Lesson 6: The Son of God Becomes Man

Objective: Learn about the birth of Christ, His Mother Mary and St. Joseph

1) What is the name of the Second Person of the Trinity when He became man?
Answer) The name of the Second Person when He became man is Jesus Christ.
2) Who is the Mother of Jesus?
Answer) The Mother of Jesus is the Blessed Virgin Mary.
3) Is Jesus both God and Man?
Answer) Yes, Jesus is both God and Man.

Class 19 February 22 – Lesson 7: Jesus Opens Heaven for us

Objective: The necessity and means of our Redemption

Study Questions/Items:

1) Why did Jesus become man?
Answer) Jesus became man to satisfy for the sins of man so that we can go to Heaven.
2) What kept the gates of heaven closed?
Answer) The sin of Adam and Eve closed the gates of heaven for us all
3) How did Jesus satisfy for our sins?
Answer) Jesus satisfied for our sins by His suffering and death on the cross.
4) How does Jesus help us get to Heaven?
Answer) Jesus helps us get to Heaven through the Catholic Church.

Class 20 March 1 – Lesson 8: The Sacraments of Baptism and Confirmation

Objective: Learn about the Sacraments, Grace, Baptism and Confirmation; Virtue for March – **Fortitude**

Study Questions/Items:

1) What is a Sacrament?
Answer) A Sacrament is an outward sign, instituted by Christ to give grace.
2) What is grace?
Answer) Grace is God's life in our soul.
3) What Sacrament gives the first grace to our soul?
Answer) The first grace is given at Baptism.
4) What does the Sacrament of Confirmation do to our soul?
Answer) The Sacrament of Confirmation makes our soul strong to be a soldier of Christ.

Class 21 March 8 – Review

Objective: Review Lessons 6 – 8 and all memorized prayers and topics

Class 22 April 5 – Lesson 9: The Sacrament of Penance

Objective: Learn about the use and necessity of Sacramental Confession; Virtue for April – **Temperance**

1) What is the Sacrament of Penance?
Answer) Penance is the Sacrament that forgives our sins committed after Baptism.
2) Even if we commit big sins, will Our Lord forgive us?
Answer) Yes, Christ will always forgive us if we are sorry.
3) What must we do to receive the Sacrament of Penance worthily?
Answer) To receive the Sacrament of Penance worthily, I must
(i) 1. Know my sins

(ii) 2. Be sorry for my sins
(iii) 3. Make up my mind not to sin again
(iv) 4. Tell my sins to the priest
(v) 5. Do the penance the priest gives me

Class 23 April 12 – Lesson 10: How to Make a Good Confession

Objective: Visit to the Confessional and make practice confessions

Study Questions/Items: Memorize the steps to making a proper Confession

1) What are the steps to make a good Confession?

Answer) To make a good Confession,

(i) I go into the confessional and kneel.
(ii) I make the Sign of the Cross and say: "Bless me, Father, for I have sinned."
(iii) I say: "This is my first confession" (or, "It has been one week, or one month, etc., since my last confession").
(iv) I confess my sins.
(v) I listen to what the priest tells me.
(vi) I say the Act of Contrition loud enough for the priest to hear me.

2) What do you do after leaving the confessional?

Answer) After leaving the confessional, I say the penance the priest has given me and thank God for forgiving my sins.

Class 24 April 19 – Review

Objective: Review Lessons 8 – 10 and the steps to make a Confession

Class 25 April 26 – Lesson 11: The Holy Eucharist

Objective: Learn about Transubstantiation and how to receive Holy Communion worthily

1) What is the Sacrament of the Holy Eucharist?
Answer) The Holy Eucharist is the Sacrament of the Body and Blood of Our Lord Jesus Christ.
2) What do the bread and wine become at Holy Mass?
Answer) The bread and wine become the real Body and Blood, Soul and Divinity of Jesus Christ.
3) Can we see Jesus in the Eucharist?
Answer) No, we cannot see Jesus Christ in the Holy Eucharist because He is hidden under the appearances of bread and wine.
4) What must you do to receive Holy Communion?
Answer) To receive Holy Communion, we must:
(i) Have my soul free from mortal sin
(ii) Not eat or drink anything for one hour before Holy Communion.
5) What should you do before Holy Communion?
Answer) Before receiving Jesus, we should:
(i) Think of Jesus
(ii) Ask Jesus to come to me.
6) What should you do after Holy Communion?
Answer) After Holy Communion, we should
(i) Thank Jesus
(ii) Talk to Him

(iii) Ask for His help

Class 26 May 3 – Final Review

Objective: Review all past lessons and memorized prayers

Class 27 May 10 – Final Test

Class 28 May 17 – Make-up Tests

Class 29 May 24 – Final Grade Posted

Review Questions for the St. Joseph First Communion Catechism Lessons

Lesson 1 Review

1) Who made you?
    i) God made me.
2) Did God make all things?
    i) Yes, God made all things.
3) Why did God make you?
    i) God made me to show His goodness and to make me happy with Him in heaven for ever.
4) What three things must we do to be happy with God?
    i) To be happy with God in Heaven, we must know Him, love Him, and serve Him in this world.

Lesson 2 Review

1) What is God's home called?
    i) Heaven is God's home.
2) Where is God?
    i) God is everywhere.
3) What does God know?
    i) God knows everything.
4) What can God do?
    i) God can do everything.
5) Did God ever have a beginning? Will He ever die?
    i) No, God never had a beginning. He always was.
6) How long will God live?
    i) God will live forever.

Lesson 3 Review

1) How many Gods are there?
    i) There is only one God.
2) How many Persons are in God?
    i) There are three Persons, the Father, the Son and the Holy Ghost.
3) What do we call the three Persons all together?
    i) We call the Three Persons in one God the Blessed Trinity.
4) Why can't we see God?
    i) We cannot see God because He is a spirit.

Lesson 4 Review

1) Who were the first man and woman?
    i) The first man and woman were Adam and Eve.
2) What is sin?
    i) Sin is saying "no" to God.
3) Who committed the first sin on earth?
    i) The first sin on earth was committed by Adam and Eve, our first parents.
4) What do we call the sin committed by Adam and Eve?
    i) We call the first sin committed by Adam and Eve "Original Sin."
5) Is this sin passed on to us from Adam?
    i) Yes, Original Sin is passed on to us because we are all children of Adam.
6) Was anyone ever born free from Original Sin?

i) Yes, the Blessed Virgin Mary was born free from Original Sin.

Lesson 5 Review

1) What do we call sin that we commit ourselves?
   i) The sin we commit ourselves is called “Actual sin.”
2) What is mortal sin?
   i) Mortal sin is a big sin that kills God’s grace in our soul.
3) What is venial sin?
   i) Venial sin is a small sin that makes our souls weak.
4) What happens if you die in a state of mortal sin?
   i) People who die in a state of mortal sin go to Hell.
5) Why should we hate sin?
   i) We should hate sin because it displeases God and brings us punishment.

Lesson 6 Review

1) What is the name of the Second Person of the Trinity when He became man?
   i) The name of the Second Person when He became man is Jesus Christ.
2) Who is the Mother of Jesus?
   i) The Mother of Jesus is the Blessed Virgin Mary.
3) Is Jesus both God and Man?
   i) Yes, Jesus is both God and Man.

Lesson 7 Review

1) Why did Jesus become man?
   i) Jesus became man to satisfy for the sins of man so that we can go to Heaven.
2) What kept the gates of heaven closed?
   i) The sin of Adam and Eve closed the gates of heaven for us all
3) How did Jesus satisfy for our sins?
   i) Jesus satisfied for our sins by His suffering and death on the cross.
4) How does Jesus help us get to Heaven?
   i) Jesus helps us get to Heaven through the Catholic Church.

Lesson 8 Review

1) What is a Sacrament?
   i) A Sacrament is an outward sign, instituted by Christ to give grace.
2) What is grace?
   i) Grace is God’s life in our soul.
3) What Sacrament gives the first grace to our soul?
   i) The first grace is given at Baptism.
4) What does the Sacrament of Confirmation do to our soul?
   i) The Sacrament of Confirmation makes our soul strong to be a soldier of Christ.

Lesson 9 Review

1) What is the Sacrament of Penance?
   i) Penance is the Sacrament that forgives our sins committed after Baptism.
2) Even if we commit big sins, will Our Lord forgive us?
   i) Yes, Christ will always forgive us if we are sorry.
3) What must we do to receive the Sacrament of Penance worthily?
   i) To receive the Sacrament of Penance worthily, I must
      (1) 1. Know my sins
      (2) 2. Be sorry for my sins
      (3) 3. Make up my mind not to sin again

(4) 4. Tell my sins to the priest
(5) 5. Do the penance the priest gives me

Lesson 10 Review

1) What are the steps to make a good Confession?
   i) To make a good Confession,
      (1) I go into the confessional and kneel.
      (2) I make the Sign of the Cross and say: "Bless me, Father, for I have sinned."
      (3) I say: "This is my first confession" (or, "It has been one week, or one month, etc., since my last confession").
      (4) I confess my sins.
      (5) I listen to what the priest tells me.
      (6) I say the Act of Contrition loud enough for the priest to hear me.
2) What do you do after leaving the confessional?
   i) After leaving the confessional, I say the penance the priest has given me and thank God for forgiving my sins.

Lesson 11 Review

1) What is the Sacrament of the Holy Eucharist?
   i) The Holy Eucharist is the Sacrament of the Body and Blood of Our Lord Jesus Christ.
2) What do the bread and wine become at Holy Mass?
   i) The bread and wine become the real Body and Blood, Soul and Divinity of Jesus Christ.
3) Can we see Jesus in the Eucharist?
   i) No, we cannot see Jesus Christ in the Holy Eucharist because He is hidden under the appearances of bread and wine.
4) What must you do to receive Holy Communion?
   i) To receive Holy Communion, we must:
      (1) Have my soul free from mortal sin
      (2) Not eat or drink anything for one hour before Holy Communion.
5) What should you do before Holy Communion?
   i) Before receiving Jesus, we should:
      (1) Think of Jesus
      (2) Ask Jesus to come to me.
6) What should you do after Holy Communion?
   i) After Holy Communion, we should
      (1) Thank Jesus
      (2) Talk to Him
      (3) Ask for His help

Important Things to Memorize

The Ten Commandments

1. I am the Lord your God, you shall not have other gods before Me.
2. You shall not take the Name of the Lord in vain.
3. Keep holy the Lord's day
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.

8. You shall not lie.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Seven Sacraments

1. Baptism
2. Confirmation
3. Penance
4. Holy Eucharist
5. Holy Orders
6. Matrimony
7. Anointing of the Sick

The Mysteries of the Holy Rosary

The Joyful Mysteries

1. The Annunciation; fruit – Humility
2. The Visitiation; fruit – Fraternal Charity
3. The Nativity of Our Lord; fruit – Poverty
4. The Presentation and the Purification; fruit – Obedience and Purity
5. The Finding of Jesus in the Temple; fruit – Holy Abandonment

The Sorrowful Mysteries

1. Agony in the Garden; fruit – Contrition
2. Scourging at the Pillar; fruit – Bodily Mortification
3. Crowning with Thorns; fruit – Spiritual Mortification
4. Carrying of the Cross; fruit – Patience
5. Crucifixion; fruit – Final Perseverance

The Glorious Mysteries

1. Resurrection of Our Lord; fruit – Faith
2. Ascension of Our Lord; fruit – Hope
3. Descent of the Holy Ghost; fruit – Charity
4. Assumption of Our Lady; fruit – A Holy Death
5. Coronation of Our Lady; fruit – Greater Devotion to Mary

The Sign of the Cross

✠ In the Name of the Father and of the Son and of the Holy Ghost. Amen

The Lord's Prayer

Our Father who art in heaven, Hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

The Hail Mary

Hail Mary, full of grace! The Lord is with thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son and to the Holy Ghost, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayer to the Guardian Angel

Angel of God, my guardian dear,
To whom God's love commits me here,
Ever this day (night) be at my side,
To light and guard, to rule and guide. Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

The Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Act of Contrition*

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin. Amen.

*Any approved form of the Act of Contrition is acceptable.

Angelus

℣. The Angel of the Lord declared unto Mary. ℟. And she conceived by the Holy Ghost. Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen. ℣. Behold the handmaid of the Lord. ℟. Be it done unto me according to thy word. Hail Mary… ℣. And the Word was made flesh. ℟. And dwelt among us. Hail Mary… ℣. Pray for us, O Holy Mother of God. ℟. That we may be made worthy of the promises of Christ. Let us pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen ℣. Glory be to the Father and to the Son and to the Holy Ghost. ℟. As it was in the beginning, is now and ever shall be world without end. Amen. Said three times. Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side to light and guard, to rule and guide. Amen. ℣. Eternal rest, grant unto them, O Lord. ℟. And may perpetual light shine upon them. ℣. May they rest in peace. ℟. Amen.