



# INSTITUTE OF CHRIST THE KING

## SOVEREIGN PRIEST

### FOURTH SUNDAY OF LENT—LAETARE SUNDAY

**Introit:** *Isaiah 66: 10, 11.* Rejoice, O Jerusalem, and come together all you that love her; rejoice with joy, you that have been in sorrow: that you may exult and be filled from the breasts of your consolation. *Ps. 121: 1.* I rejoiced at the things that were said to me: We shall go into the house of the Lord. Glory be. Rejoice, O Jerusalem.

**Collect:** Grant, we beseech Thee, O almighty God, that we, who justly suffer for our deeds, may be relieved by the consolation of Thy grace. Through our Lord.

**For the Pope:** O God, the Shepherd and Ruler of all the faithful, look down favorably upon Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church; grant, we beseech Thee, that he may benefit both by word and example those over whom he is set, and thus attain unto life eternal, together with the flock committed to his care. Through our Lord.

**Epistle:** *Galatians 4: 22-31.* Brethren: It is written that Abraham had two sons; the one by a bond-woman, and the other by a free-woman. But he who was of the bond-woman was born according to the flesh; but he of the free-woman was by promise. Which things are said by an allegory. For these are the two testaments: the one from Mount Sina, engendering unto bondage, which is Agar: for Sina is a mountain in Arabia, which hath affinity to that Jerusalem which now is, and is in bondage with her children: but that Jerusalem which is above is free, which is our mother. For it is written, Rejoice, thou barren that bearest not; break forth and cry, thou that travailest not; for many are the children of the desolate, more than of her that hath a husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born according to the flesh persecuted him that was after the spirit, so also it is now. But what saith the Scripture? Cast out the bond-woman and her son; for the son of the bond-woman shall not be heir with the son of the free-woman. So then, brethren, we are not the children of the bond-woman, but of the free; by the freedom wherewith Christ hath made us free.

**Gradual:** *Psalm 121: 1, 7.* I rejoiced at the things that were said to me: We shall go into the house of the Lord. *V.* Let peace be in thy strength, and abundance in thy towers.

**Tract:** *Psalm 124: 1, 2.* They that trust in the Lord shall be as Mount Sion: he shall not be moved forever that dwelleth in Jerusalem. *V.* Mountains are round about it: so the Lord is round about His people, from henceforth now and forever.

**Gospel:** *St. John 6: 1-15.* At that time, Jesus went over the Sea of Galilee, which is that of Tiberias; and a great multitude followed Him, because they saw the miracles which He did on them that were diseased. Jesus therefore went up into a mountain, and there He sat with His disciples. Now the pasch, the festival day of the Jews, was near at hand. When Jesus therefore had lifted up his eyes, and seen that a very great multitude cometh to Him, He said to Philip, Whence shall we buy bread that these may eat? And this He said to try him; for He Himself knew what He would do. Philip answered, Two hundred pennyworth of bread is not sufficient for them, that every one may take a little. One of His disciples, Andrew, the brother of Simon Peter, saith to Him, There is a boy here that hath five barley loaves and two fishes; but what are these among so many? Then Jesus said, Make the men sit down. Now there was much grass in the place. The men therefore sat down, in number about five thousand. And Jesus took the loaves; and when He had given thanks, He distributed to them that were set down. In like manner also of the fishes, as much as they would. And when they were filled, He said to His disciples, Gather up the fragments that remain, lest they be lost. They gathered up therefore, and filled twelve baskets with the fragments of the five barley loaves, which remained over and above to them that had eaten. Now those men, when they had seen what a miracle Jesus had done, said, This is of a truth the prophet that is to come into the world. Jesus therefore, when He knew that they would come to take Him by force and make Him king, fled again into the mountain Himself alone.

**Offertory:** *Psalm 134: 3, 6.* Praise ye the Lord, for He is good: sing ye to His name, for He is sweet: whatsoever He pleased He hath done in heaven and in earth.

**Secret:** We beseech Thee, O Lord, look favorably upon the sacrifices here before Thee, that they may profit us both for devotion and for salvation. Through our Lord.

**For the Pope:** We beseech Thee, O Lord, that Thou mayest be appeased by the gifts we offer, and govern by Thy continual protection Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church. Through our Lord.

Sunday,  
March 26,  
2017

to

Sunday,  
April 2,  
2017

DIOCESAN  
APPROVED  
TRADITIONAL  
LATIN MASS  
APOSTOLATE  
FOR THE  
IMPLEMENTA-  
TION  
OF THE  
MOTU PROPRIO  
SUMMORUM  
PONTIFICUM IN  
THE DIOCESE  
OF  
LA CROSSE



### LENTEN DEVOTIONS

Every Friday of Lent at 6:00 PM



Sermon on the Seven Last Words & Stations of the Cross with veneration of a relic of the True Cross

### HOLY WEEK ALTAR BOY SERVICE

The Canons wholeheartedly thank the altar servers' parents in advance for their generous cooperation. In case of any difficulty, please contact them.

Altar Boys: Please pick up schedule in Sacristy.

#### PALM SUNDAY practice:

Sunday, April 2 at 12:00 PM

Participants: Jon and Ben Rogan, Ethan, Cole and Adam Bares, Raphael, Gabriel and Christopher Cary, Noah Ryan, Joseph Gontarz, Dominic Wright, Stephen Mähner, Liam and Isaac McNally, Justin, Michael and Robert Borger

#### HOLY THURSDAY and GOOD FRIDAY practices:

Monday, April 3 at 3:30-5:30 PM

Monday, April 10 at 3:30-5:30 PM

Participants: Lance Gerbig, Raphael, Gabriel and Christopher Cary, Jon and Ben Rogan, Anthony Christensen, Balen, Kellen, Innish and Finnian Wall, Ethan, Cole and Adam Bares, Noah Ryan, James Zahn, Dominic Wright, Joseph Leitermann, Joseph Gontarz, Justin, Michael and Robert Borger

#### HOLY SATURDAY practices:

Friday, April 7 at 4:30 PM

Saturday, April 15 at 10:00 AM (lunch served)

Participants: Ethan, Cole and Adam Bares, Jon and Ben Rogan, Anthony Christensen, Balen, Kellen, Innish and Finnian Wall, James Zahn, Noah Ryan, Joseph Gontarz, Joseph Leitermann, Dominic Wright, Justin, Michael and Robert Borger

### PREPARATION FOR FIRST HOLY COMMUNION

The list of First Communicants is now being finalized for Sunday, May 7. All children will be examined orally in church by Canon Huberfeld on

Wednesday, April 5 starting at 3:30 PM.

Children may make their first Confession between Sunday, April 23 and Sunday, April 30 inclusive.

**ALL First Communicants must be present at the rehearsal on Sunday, April 30 at 12:00 PM.**

Those who will be making their First Holy Communion need to furnish a photocopy of their Baptismal Certificate.

**Please submit this to the Oratory office before Sunday, April 2.**

Parents who do not send their child to Canon Huberfeld's Level 1 Catechism Class but who would nevertheless like their child to make his first Holy Communion on May 7 are kindly asked to contact the Oratory office as soon as possible. They should be preparing their child at home using *The New St. Joseph First Communion Catechism*, available in Nancy Heideman's shop.

### CALENDAR OF EVENTS

Wednesday, March 29	Latin & Catechism Classes
Friday, March 31	6:00 PM Stations of the Cross Sermon: "I thirst"
Saturday, April 1	12:00 noon Meeting of St. Michael's Patrol
Sunday, April 2	Passion Sunday
Tuesday, April 4	Adult Theology 7:00-8:30 PM
Wednesday, April 5	Latin & Catechism Classes Last Classes before Easter
Friday, April 7	6:00 PM Mass & Stations of the Cross Sermon: "It is finished"
<i>See Schedule for Holy Week</i>	
Wednesday, April 12 & 19	No Classes at St. Mary's
Wednesday, April 26	Latin & Catechism Resume
Wednesday, May 3	Last Classes for the Year

### EASTER LILIES

If you would like to donate lilies for Easter, please contact the office.

**Requests need to be made by April 5 at the latest.**

### Schedule for Holy Week

Palm Sunday April 9	8:00 AM Low Mass 9:45 AM Blessing of Palms and Procession, followed by High Mass
Holy Monday April 10	Mass at 6:00 PM
Holy Tuesday April 11	Mass at 6:00 PM
Spy Wednesday April 12	Mass at 8:00 AM
Maundy Thursday April 13	Mass at 6:00 PM Followed by Adoration at the Altar of Repose until midnight
Good Friday April 14	Stations of the Cross at 8:00 AM Liturgy of the Passion at 3:00 PM
Holy Saturday April 15	Easter Vigil at 9:00 PM
Easter Sunday April 16	Low Mass at 8:00 AM Solemn Mass at 10:00 AM



Calendar



Table with 4 columns: Date/Time, Mass Offered, Offered For, Servers. Rows include dates from Sun. 3/26 to Sat. 4/01 with details on mass times, classes, and servers.

Sunday Ushers: 8:00 AM Don Suchy, Todd Osterbrink; 10:00 AM Gabe Bornbach, Mark Anesko, Larry Kropp, and Simon Whitaker

Collections: Sunday 3/19/17: 8:00 AM Mass: \$ 2731.15 10:00 AM Mass: \$ 1557.41 Total: \$ 4288.56

Confessions: Sunday: Half-hour before the 8:00 AM Low Mass and one hour before the 10:00 AM High Mass

Monday-Saturday: Half-hour before every Mass Saturday: From 6:25 to 7:25 PM

RECESSIONAL HYMNS

- Monday #332 "At the Cross" verses 13-14
Tuesday #332 "At the Cross" verses 15-16
Wednesday #332 "At the Cross" verses 17-18
Thursday #332 "At the Cross" verses 19-20
Friday #338 "O Sacred Head Surrounded"

PRAYER INTENTIONS

For His Holiness, Pope Francis, and for His Excellency, Bishop William P. Callahan.

Mary Jane Fleischman, Renee Eckert, Joanne & Jim Sheridan, Micheline Jay, David Murdock, Rodger Beeber, Edward Osterbrink, Gen. Martin Brandtner, Raymond Maas, Richard Govan, Lilly Lechler, Susan Koralewski, Patty Fink, Golda Brothers, Paul Nell, Tom Schrader, Billy Stoltz, Thomas Trautmann, Teresa Baertlein, Raphael Rezutek, Michael Friel, Mike Krautkramer, Rev. Richard Leroy Fliss, Patricia Jesse, Joe McGrath, Mary Krueger, Frank Butzen, Suzanne Thebolt & the Thebolt Family, Christine Bateman & Family, Tina Anderton, Margaret Weidenbenner, Jeanne Barie, Mitchell Koltz, J.R. Costilla, Elizabeth Anderton, Canon Joseph Le Pautremat, Nancy Roberts, Heidi Roberts, William Butzen, Konrad Ogon, Magdeline Zbella, Katie & Betsy Meyer, Susan Bornbach, Anna Ogon-Tarvin, Michael Rogan, Sr. Rosemary Smith, Reis Family, Lenny Salzman, Pam Matis, John Schrader, Lori Kleist, Sara Lewitzke, Sharon Nikolai, Wogernese Family, Jeff Maier & Family, Theresa Darde, John & Marilyn Heidvogel, Frances Cich, Dee Meuret, Christoph Daun, Harold Baertlein, Michael Archibald, Aiden Luke Archibald, Chad Wogernese, Holly Heideman, Al & Brigid Pellatt, Mari Olive, a young girl in need of prayers, Rudquist Family. For all private intentions.



## INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Monsignor R. Michael Schmitz - Vicar General & Delegate for the US

Rev. Canon Matthew Talarico - Provincial of the American Province

Rev. Canon Aaron B. Huberfeld - Rector of St. Mary's Oratory

Rev. Canon Francis Xavier Altieri - Vicar of St. Mary's Oratory

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**Preface of Lent:** It is truly meet and just, right and profitable, for us, at all times, and in all places, to give thanks to Thee, O Lord, the holy One, the Father almighty, the everlasting God: Who on those who chastise their bodies by fasting dost bestow the restraining of evil passions, uplifting of heart, and the enjoying of virtue with its reward. Through Christ our Lord. Through Whom the angels praise, the dominations adore, the powers, trembling with awe, worship Thy majesty: which the heavens, and the forces of heaven, together with the blessed seraphim, joyfully do magnify. And do Thou command that it be permitted to our lowliness to join with them in confessing Thee and unceasingly to repeat: Holy, Holy, Holy . . .

**Communion:** *Psalm 121: 3, 4.* Jerusalem, which is built as a city, which is compact together; for thither did the tribes go up, the tribes of the Lord, to praise Thy name, O Lord.

**Postcommunion:** Grant us, we beseech Thee, O merciful God, that we may treat with unfeigned veneration and ever receive with heartfelt faith Thy holy rites which we constantly celebrate. Through our Lord.

**For the Pope:** May the reception of this Divine Sacrament protect us, we beseech Thee, O Lord, and ever save and defend Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church, together with the flock committed to his care. Through our Lord.

### Seventh Annual Sursum Corda Weekend

*August 11th-14th at Mundelein Seminary*

**Sursum Corda** is a nationwide initiative to foster the spiritual lives of young adults in the apostolates of the Institute of Christ the King. For the seventh year in a row, Sursum Corda is offering a social and spiritual weekend for young people, ages 18 and up, from August 11th to 14th.

The event will be held on the beautiful grounds of Mundelein Seminary just north of Chicago. Canon Commins (Vicar at Saint Francis de Sales Oratory, St. Louis, Missouri) will be the chaplain for the camp, and several other canons are sure to be there as well.

The program includes daily Mass, prayer in common, opportunities for confession, faith formation talks and discussions, and other social activities for young men and women.

The weekend begins with check-in at  
**3:00 PM on Friday, August 11th** at Mundelein  
and will end on **Monday, August 14th at 12:00 PM.**

To register, please mail your check for \$250 to:

Institute of Christ the King  
2653 Ohio Ave, St. Louis, MO 63118  
Payable to: **Institute of Christ the King**  
For: Sursum Corda Retreat

### SIMNEL CAKES: A Tradition for Laetare Sunday

This year for the first time, we are pleased to serve traditional English simnel cakes after the 10 AM Mass. Simnel Cakes, made with dried fruit and almond paste, are served on Laetare Sunday, when we have just passed the midpoint of Lent. The word "simnel" comes from the Latin *simila*, a high-grade flour. These cakes date back to the Middle Ages, although the recipe has developed over time and indeed there are many local variants. In England, today is celebrated as "Mothering Sunday" (the Epistle speaks of the Church as our Mother, symbolized by Jerusalem) and it was customary to bring Simnel Cake to one's mother. This Sunday, when the spirit of penance is lightened and flowers once again adorn the altar, is also called

Refreshment Sunday or even Simnel Sunday. The eleven balls of almond paste on the top represent the faithful Apostles. Thank you very much to the kind volunteers who helped bake our simnel cakes!

