



# INSTITUTE OF CHRIST THE KING

## SOVEREIGN PRIEST

### THIRD SUNDAY OF LENT

**Introit:** *Psalm 24: 15, 16.* My eyes are ever towards the Lord: for He shall pluck my feet out of the snare: look Thou upon me, and have mercy on me, for I am alone and poor. *Ps. 24: 1-2.* To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust; let me not be ashamed. Glory be. My eyes.

**Collect:** Have regard to the desires of the lowly, O almighty God, we beseech Thee, and stretch forth the right hand of Thy majesty in our defense. Through our Lord.

**For the Pope:** O God, the Shepherd and Ruler of all the faithful, look down favorably upon Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church; grant, we beseech Thee, that he may benefit both by word and example those over whom he is set, and thus attain unto life eternal, together with the flock committed to his care. Through our Lord.

**Epistle:** *Ephesians 5: 1-9.* Brethren, be ye followers of God, as most dear children; and walk in love, as Christ also hath loved us, and hath delivered Himself for us, an oblation and a sacrifice to God, for an odor of sweetness. But fornication, and all uncleanness, or covetousness, let it not so much as be named among you, as becometh saints; nor obscenity, nor foolish talking, nor scurrility, which is to no purpose; but rather giving of thanks: for know ye this, and understand, that no fornicator, nor unclean, nor covetous person, which is a serving of idols, hath any inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words; for because of these things cometh the anger of God upon the children of unbelief. Be ye not therefore partakers with them. For you were heretofore darkness; but now light in the Lord. Walk ye as children of the light: for the fruit of the light is in all goodness, and justice, and truth.

**Gradual:** *Psalm 9: 20, 4.* Arise, O Lord, let not man be strengthened; let the gentiles be judged in Thy sight. *V.* When my enemy shall be turned back, they shall be weakened and perish before Thy face.

**Tract:** *Psalm 122: 1, 3.* To Thee have I lifted up my eyes, Who dwellest in heaven. *V.* Behold as the eyes of servants are on the hands of their masters. *V.* And as the eyes of the handmaid are on the hands of her mistress: so are our eyes unto the Lord our God, until He have mercy on us. *V.* Have mercy on us, O Lord, have mercy on us.

**Gospel:** *St. Luke 11: 14-28.* At that time, Jesus was casting out a devil, and the same was dumb; and when He had cast out the devil the dumb spoke, and the multitude were in admiration at it, but some of them said, He casteth out devils by Beelzebub the prince of devils. And others tempting, asked of Him a sign from heaven. But He seeing their thoughts, said to them, Every kingdom divided against itself shall be brought to desolation, and house upon house shall fall; and if Satan also be divided against himself, how shall his kingdom stand? because you say, that through Beelzebub I cast out devils. Now if I cast out devils by Beelzebub, by whom do your children cast them out? Therefore they shall be your judges. But if I by the finger of God cast out devils, doubtless the kingdom of God is come upon you. When a strong man armed keepeth his court, those things which he possesseth are in peace: but if a stronger than he come upon him, and overcome him, he will take away all his armor wherein he trusted, and will distribute his spoils. He that is not with Me, is against Me: and he that gathereth not with Me, scattereth. When the unclean spirit is gone out of a man, he walketh through places without water, seeking rest: and not finding, he saith, I will return into my house whence I came out: and when he is come, he findeth it swept and garnished. Then he goeth, and taketh with him seven other spirits more wicked than himself, and entering in they dwell there; and the last state of that man becometh worse than the first. And it came to pass, as He spoke these things, that a certain woman from the crowd, lifting up her voice, said to Him, Blessed is the womb that bore Thee, and the breasts that gave Thee suck. But He said, Yea, rather blessed are they who hear the word of God, and keep it.

**Offertory:** *Psalm 18: 9-12.* The justices of the Lord are right, rejoicing hearts, and His judgments are sweeter than honey and the honeycomb; for Thy servant keepeth them.

**Secret:** May this offering, O Lord, we beseech Thee, wipe out our sins, and sanctify the bodies and minds of Thy servants for the celebration of the sacrifice. Through our Lord.

**For the Pope:** We beseech Thee, O Lord, that Thou mayest be appeased by the gifts we offer, and govern by Thy continual protection Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church. Through our Lord.

*(continued on page 4)*

Sunday,  
March 19,  
2017

to

Sunday,  
March 26,  
2017

DIOCESAN  
APPROVED  
TRADITIONAL  
LATIN MASS  
APOSTOLATE  
FOR THE  
IMPLEMENTA-  
TION  
OF THE  
MOTU PROPRIO  
SUMMORUM  
PONTIFICUM IN  
THE DIOCESE  
OF  
LA CROSSE



### LENTEN DEVOTIONS

Every Friday of Lent at 6:00 PM

Sermon on the Seven Last Words & Stations of the Cross



with veneration of relic of the True Cross

### HOLY WEEK ALTAR BOY SERVICE

The Canons wholeheartedly thank the altar servers' parents in advance for their generous cooperation. In case of any difficulty, please contact them.

Altar Boys: Please pick up schedule in Sacristy.

#### PALM SUNDAY practice:

Sunday, April 2 at 12:00 PM

Participants: Jon and Ben Rogan, Ethan, Cole and Adam Bares, Raphael, Gabriel and Christopher Cary, Noah Ryan, Joseph Gontarz, Dominic Wright, Stephen Mähner, Liam McNally, Justin, Michael and Robert Borger

#### HOLY THURSDAY and GOOD FRIDAY practices:

Monday, April 3 at 3:30-5:30 PM

Monday, April 10 at 3:30-5:30 PM

Participants: Lance Gerbig, Raphael, Gabriel and Christopher Cary, Jon and Ben Rogan, Anthony Christensen, Balen, Kellen, Innish and Finnian Wall, Ethan, Cole and Adam Bares, Noah Ryan, James Zahn, Dominic Wright, Joseph Leitermann, Joseph Gontarz, Justin, Michael and Robert Borger

#### HOLY SATURDAY practices:

Friday, April 7 at 4:30 PM

Saturday, April 15 at 10:00 AM (lunch served)

Participants: Ethan, Cole and Adam Bares, Jon and Ben Rogan, Anthony Christensen, Balen, Kellen, Innish and Finnian Wall, James Zahn, Noah Ryan, Joseph Gontarz, Joseph Leitermann, Dominic Wright, Justin, Michael and Robert Borger

### FIRST VOWS OF THE ADORERS OF THE ROYAL HEART OF JESUS



*Congratulations to the sisters who made their First Vows on the Feast of St. Thomas Aquinas!*

Left: Sister Ivitza-Marie of the Mercy of the Royal Heart, from Wausau, with new black veil and cross of St. Francis de Sales

### CALENDAR OF EVENTS

|                     |   |
|---------------------|---|
| Sunday, March 19    | Third Sunday of Lent  |
| Monday, March 20    | Feast of St. Joseph (transferred)                                       |
| Tuesday, March 21   | Feast of St. Benedict, Institute Patron<br>Plenary Indulgence Available |
| Wednesday, March 22 | Latin & Catechism Classes   |
| Friday, March 24    | 6:00 PM Stations of the Cross<br>Sermon: "My God, my God!"              |
| Saturday, March 25  | Feast of the Annunciation   |
| Sunday, March 26    | Fourth Sunday of Lent<br>Laetare Sunday                                 |
| Friday, March 31    | 6:00 PM Stations of the Cross<br>Sermon: "I thirst"                     |
| Saturday, April 1   | 12:00 noon Meeting of St. Michael's Patrol                              |
| Sunday, April 2     | Passion Sunday  |
| Wednesday, April 5  | Latin & Catechism Classes<br>Last Classes before Easter                 |

### Easter Lilies

If you would like to donate lilies for Easter, please contact the office. Requests need to be made by April 5.

### Schedule for Holy Week

|                          |   |
|--------------------------|---|
| Palm Sunday April 9      | 8:00 AM Low Mass<br>9:45 AM Blessing of Palms and Procession, followed by High Mass |
| Holy Monday April 10     | Mass at 6:00 PM   |
| Holy Tuesday April 11    | Mass at <u>6:00 PM</u>  |
| Spy Wednesday April 12   | Mass at 8:00 AM   |
| Maundy Thursday April 13 | Mass at 6:00 PM<br>Followed by Adoration at the Altar of Repose until midnight      |
| Good Friday April 14     | Stations of the Cross at 8:00 AM<br>Liturgy of the Passion at 3:00 PM               |
| Holy Saturday April 15   | Easter Vigil at 9:00 PM   |
| Easter Sunday April 16   | Low Mass at 8:00 AM<br>Solemn Mass at 10:00 AM                                      |



Calendar



Table with 4 columns: Date/Time, Mass Offered, Offered For, Servers. Rows include dates from Sun. 3/19 to Sun. 3/26 with details on mass offerings and servers.

Sunday Ushers: 8:00 AM Don Suchy, Todd Osterbrink; 10:00 AM Gabe Bornbach, Mark Anesko, Larry Kropp, and Simon Whitaker

Collections: Sunday 3/12/17: 8:00 AM Mass: \$ 1132.20 10:00 AM Mass: \$ 2139.78 Total: \$ 3271.98

Confessions: Sunday: Half-hour before the 8:00 AM Low Mass and one hour before the 10:00 AM High Mass

Monday-Saturday: Half-hour before every Mass Saturday: From 6:25 to 7:25 PM

RECESSIONAL HYMNS section with Wednesday, Thursday, and Friday hymn details (#332 'At the Cross') and PRAYER INTENTIONS for Pope Francis and Bishop William P. Callahan.



**INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST**  
 Monsignor R. Michael Schmitz - Vicar General & Delegate for the US  
 Rev. Canon Matthew Talarico - Provincial of the American Province  
 Rev. Canon Aaron B. Huberfeld - Rector of St. Mary's Oratory  
 Rev. Canon Francis Xavier Altieri - Vicar of St. Mary's Oratory

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**Preface of Lent:** It is truly meet and just, right and profitable, for us, at all times, and in all places, to give thanks to Thee, O Lord, the holy One, the Father almighty, the everlasting God: Who on those who chastise their bodies by fasting dost bestow the restraining of evil passions, uplifting of heart, and the enjoying of virtue with its reward. Through Christ our Lord. Through Whom the angels praise, the dominations adore, the powers, trembling with awe, worship Thy majesty: which the heavens, and the forces of heaven, together with the blessed seraphim, joyfully do magnify. And do Thou command that it be permitted to our lowliness to join with them in confessing Thee and unceasingly to repeat: Holy, Holy, Holy . . .

**Communion:** *Psalm 83: 4, 5.* The sparrow hath found herself a house, and the turtle a nest, where she may lay her young ones: Thy altars, O Lord of hosts, my King, and my God: blessed are they that dwell in Thy house, they shall praise Thee forever and ever.

**Postcommunion:** Be merciful, O Lord, we beseech Thee, and free us from all sins and dangers, as Thou dost grant us to be sharers in this great mystery. Through our Lord.

**For the Pope:** May the reception of this Divine Sacrament protect us, we beseech Thee, O Lord, and ever save and defend Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church, together with the flock committed to his care. Through our Lord.

**THE MEDAL OF ST. BENEDICT**



On the face of the medal is the image of St. Benedict. In his right hand he holds the cross, the Christian symbol of salvation. In St. Benedict's left hand is his rule for monasteries that could well be summed up in the words of the prologue exhorting us to "set out on this way, with the Gospel for our guide." On a pedestal to the right of St. Benedict is the poisoned cup, shattered when he made the sign of the cross over it. On a pedestal to

the left is a raven about to carry away the loaf of poisoned bread that a jealous enemy sent to St. Benedict.

*Flanking him on each side are the words:*

**Crux S. Patris Benedicti** (The Cross of the Holy Father Benedict)

*Below his feet are these words:*

**Ex S M Casino MDCCCLXXX**

(From the Holy Mount of Cassino, 1880)

On that date, Monte Cassino was given the exclusive right to produce this medal. This is the medal struck to commemorate the 1400th anniversary of the birth of St. Benedict

*Inscribed in the circle surrounding Benedict are the words:*

**Ejus in obitu nostro praesentia muniamur**

(May we be protected by his presence in the hour of death)

Benedictines have always regarded St. Benedict as a special patron of a happy death. He himself died in the chapel at Monte Cassino while standing with his arms raised up to heaven, supported by the brothers of the monastery, shortly after he had received Holy Communion.

The back side of the medal is the Cross.

*The vertical beam of the Cross has five letters:*

**C.S.S.M.L.**

**Crux Sacra Sit Mihi**

**Lux**

(May the holy Cross be for me a light)

*The horizontal beam of the Cross also has five letters:*

**N.D.S.M.D.**

**Non Draco Sit Mihi**

**Dux**

(Let not the dragon be my guide)

*The four large letters at the angles of the Cross:*

**C.S.P.B.**

**Crux Sancti Patris Benedicti**

(The Cross of the Holy Father Benedict)

*Encircling the Cross in a circle around the right margin are these letters:*

**V.R.S.N.S.M.V.**

**Vade retro Satana; nunquam suade mihi vana**

(Begone Satan! Suggest not to me thy vain things)

*Around the left margin of the circle are these letters:*

**S.M.Q.L.I.V.B.**

**Sunt mala quae libas; ipse venena bibas**

(The drink you offer is evil; drink that poison yourself)

At the top of the circle is the word

PAX (Peace)

