



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

## FIRST SUNDAY OF LENT

**Introit:** *Psalm 90: 15, 16.* He shall call upon Me, and I will hear him; I will deliver him, and glorify him; I will fill him with length of days. *Ps. 90: 1.* He that dwelleth in the aid of the Most High, shall abide under the protection of the God of heaven. Glory be. He shall call upon Me.

**Collect:** O God, Who dost purify Thy Church with the annual observance of Lent, grant to Thy household that what it strives to obtain from Thee by abstinence it may secure with good works. Through our Lord.

**For the Pope:** O God, the Shepherd and Ruler of all the faithful, look down favorably upon Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church; grant, we beseech Thee, that he may benefit both by word and example those over whom he is set, and thus attain unto life eternal, together with the flock committed to his care. Through our Lord.

**Epistle:** *II Corinthians 6: 1-10.* Brethren, we exhort you that you receive not the grace of God in vain. For He saith, In an accepted time have I heard thee, and in the day of salvation have I helped thee. Behold now is the acceptable time, behold now is the day of salvation. Giving no offense to any man, that our ministry be not blamed: but in all things let us exhibit ourselves as the ministers of God; in much patience, in tribulations, in necessities, in distresses, in stripes, in prisons, in seditions, in labors, in watchings, in fastings, in chastity, in knowledge, in long-suffering, in sweetness, in the Holy Ghost, in charity unfeigned, in the word of truth, in the power of God; by the armor of justice on the right hand and on the left, by honor and dishonor, by evil report and good report; as deceivers, and yet true; as unknown, and yet known; as dying, and behold we live; as chastised, and not killed; as sorrowful, yet always rejoicing; as needy, yet enriching many; as having nothing, and possessing all things.

**Gradual:** *Psalm 90: 11, 12.* God hath given His angels charge over thee, to keep thee in all thy ways. *V.* In their hands they shall bear thee up, lest thou dash thy foot against a stone.

**Tract:** *Psalm 90: 1-7, 11-16.* He that dwelleth in the aid of the Most High, shall abide under the protection of the God of heaven. *V.* He shall say to the Lord, Thou art my protector and my refuge: my God, in Him will I trust. *V.* For He hath delivered me from the snare of the hunters, and from the sharp word. *V.* He will overshadow thee with His shoulders, and under His wings thou shalt trust. *V.* His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night. *V.* Of the arrow that flieth in the day; of the business that walketh about in the dark: of ruin and the noonday devil. *V.* A thousand shall fall at thy side, and ten thousand at thy right hand: but it shall not come nigh to thee. *V.* For He hath given His angels charge over thee, to keep thee in all thy ways. *V.* In their hands they shall bear thee up, lest thou dash thy foot against a stone. *V.* Thou shalt walk upon the asp and the basilisk, and thou shalt trample under foot the lion and the dragon. *V.* Because he hath hoped in Me, I will deliver him; I will protect him, because he hath known My name. *V.* He shall call upon Me, and I will hear him: I am with him in tribulation. *V.* I will deliver him, and I will glorify him; I will fill him with length of days, and I will show him My salvation.

**Gospel:** *St. Matthew 4: 1-11.* At that time, Jesus was led by the Spirit into the desert, to be tempted by the devil. And when He had fasted forty days and forty nights, afterwards He was hungry. And the tempter coming said to Him, If Thou be the Son of God, command that these stones be made bread. Who answered and said: It is written, Not in bread alone doth man live, but in every word that proceedeth from the mouth of God. Then the devil took Him up into the holy city, and set Him upon the pinnacle of the temple, and said to Him, If Thou be the Son of God, cast Thyself down: for it is written, That He hath given His angels charge over Thee, and in their hands shall they bear Thee up, lest perhaps Thou dash Thy foot against a stone. Jesus said to him, It is written again, Thou shalt not tempt the Lord thy God. Again the devil took Him up into a very high mountain; and showed Him all the kingdoms of the world, and the glory of them; and said to Him, All these will I give Thee, if falling down Thou wilt adore me. Then Jesus said to him, Begone, Satan, for it is written, The Lord thy God shalt thou adore, and Him only shalt thou serve. Then the devil left Him; and behold angels came, and ministered to Him.

*(continued on page 2)*

Sunday,  
March 5,  
2017

to

Sunday,  
March 12,  
2017

DIOCESAN  
APPROVED  
TRADITIONAL  
LATIN MASS  
APOSTOLATE  
FOR THE  
IMPLEMENTA-  
TION  
OF THE  
MOTU PROPRIO  
SUMMORUM  
PONTIFICUM IN  
THE DIOCESE  
OF  
LA CROSSE



## Announcements



**Offertory:** *Psalm 90: 4, 5.* The Lord, will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

**Secret:** We solemnly offer the sacrifice at the beginning of Lent, beseeching Thee, O Lord, that, while we restrict ourselves in the use of bodily food, we may also refrain from indulgence in harmful pleasures. Through our Lord.

**For the Pope:** We beseech Thee, O Lord, that Thou mayest be appeased by the gifts we offer, and govern by Thy continual protection Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church. Through our Lord.

**Preface of Lent:** It is truly meet and just, right and profitable, for us, at all times, and in all places, to give thanks to Thee, O Lord, the holy One, the Father almighty, the everlasting God: Who on those who chastise their bodies by fasting dost bestow the restraining of evil passions, uplifting of heart, and the enjoying of virtue with its reward. Through Christ our Lord. Through Whom the angels praise, the dominations adore, the powers, trembling with awe, worship Thy majesty: which the heavens, and the forces of heaven, together with the blessed seraphim, joyfully do magnify. And do Thou command that it be permitted to our lowliness to join with them in confessing Thee and unceasingly to repeat: Holy, Holy, Holy . . .

**Communion:** *Psalm 90: 4, 5.* The Lord will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

**Postcommunion:** May the holy partaking of Thy sacrament strengthen us, O Lord, and purify us from the old life, and make us sharers in the mystery of salvation. Through our Lord.

**For the Pope:** May the reception of this Divine Sacrament protect us, we beseech Thee, O Lord, and ever save and defend Thy servant Francis, whom Thou hast been pleased to appoint pastor over Thy Church, together with the flock committed to his care. Through our Lord.

**March 7th, Feast of St. Thomas Aquinas**  
**FIRST VOWS OF THE ADORERS OF THE ROYAL HEART OF JESUS**

*Please pray for the following sisters who will be making their First Vows:*

- Sister Ivitza-Marie of the Mercy of the Royal Heart
- Sister Joseph-Marie of the Sovereign Sacrifice
- Sister Justine-Marie of the Love of the United Hearts of Jesus and Mary
- Sister Philomena-Marie of the Sacred Hearts of Jesus and Mary
- Sister Therese-Marie of the Pierced Heart of Christ the King

### CALENDAR OF EVENTS

<b>Sunday, March 5</b>	<b>First Sunday of Lent</b>
<b>Tuesday, March 7</b>	<b>Feast of St. Thomas Aquinas 6:00 PM High Mass Adult Theology after Mass</b>
<b>Wednesday, March 8</b>	<b>Latin &amp; Catechism Classes</b>
<b>Friday, March 10</b>	<b>6:00 PM Stations of the Cross with Sermon on Seven Last Words</b>
<b>Saturday, March 11</b>	<b>Women's Morning Lenten Retreat with Canon David Silvey</b>
<b>Sunday, March 12</b>	<b>Second Sunday of Lent First Mass of Canon David Silvey</b>
<b>March 14 to March 16</b>	<b>The Forty Hours Devotion Please sign up in Scholz Hall</b>
<b>Wednesday, March 15</b>	<b>Latin &amp; Catechism Classes</b>
<b>Friday, March 17</b>	<b>6:00 PM Stations of the Cross with Sermon on Seven Last Words</b>
<b>Saturday, March 18</b>	<b>Men's Morning Lenten Retreat with Canon Altieri</b>
<b>Saturday, April 1</b>	<b>12:00 PM—Meeting of St. Michael's Patrol</b>

### **MORNING LENTEN RETREATS**

*Now is the Acceptable Time*

Sponsored by the Holy Name and Altar and Rosary Societies of St. Mary's Oratory

**Saturday, March 11: Women's Retreat**  
**Saturday, March 18: Men's Retreat**

- 7:30 AM Rosary**
- 8:00 AM Mass**
- 9:00 AM Breakfast**
- 9:30 AM Spiritual Conference**
- 10:30 AM Holy Hour and Benediction in the Church  
(opportunity for confession)**
- 12:00 PM Return to the world**

Cereal, milk, juice, and coffee will be provided.  
 If any of our amazing bakers would like to prepare home-made coffee cakes, or bring bagels or donuts, or fruit, that would be wonderful!



## Calendar



<i>Date/Time</i>	<i>Mass Offered</i>	<i>Offered For</i>	<i>Servers</i>
Sun. 3/05 8:00 AM	First Sunday of Lent (1st Class, Violet) <i>Comm.</i> pro Papa	Soul of Teresa Baertlein By Stephen & Patti Levings	James Zahn Joseph Gontarz
Sun. 3/05 10:00 AM	First Sunday of Lent (1st Class, Violet) <i>Comm.</i> pro Papa	Soul of Gen. Martin Brandtner By the Faithful of St. Mary's Oratory	MC: Raphael Cary Th: Gabriel Cary A1: Joseph Leitermann A2: Caleb Nikolai
Mon. 3/06 6:00 PM	Monday of the First Week of Lent (3rd Class, Violet) <i>Comm.</i> pro Papa, SS. Perpetua & Felicity	Canon Francis Altieri By Tom & Margie Schrader	Simon Whitaker James Zahn
Tues. 3/07 <b>6:00 PM</b>	<b>FEAST OF ST. THOMAS AQUINAS, Confessor &amp; Doctor</b> <b>PATRON OF THE INSTITUTE</b> (1st Class, White) <i>Comm.</i> Lenten feria	For the Newly Professed Sister Adorers	MC: E. Bares Th: C. Bares A1/2: J. Gontarz, M. Borger
Wed. 3/08 8:00 AM	Ember Wednesday of Lent (2nd Class, Violet) <i>Comm.</i> pro Papa, St. John of God	Meredith & Colleen McNally By Tom & Theresa Glavin	Noah Ryan Dominic Wright
Thurs. 3/09 6:00 PM	Thursday of the First Week of Lent (3rd Class, Violet) <i>Comm.</i> pro Papa, St. Frances of Rome	Priests of the Institute of Christ the King By Heidi Roberts	Lance Gerbig Joseph Leitermann
Friday 3/10 8:00 AM	Ember Friday of Lent (2nd Class, Violet) <i>Comm.</i> pro Papa, Forty Martyrs of Sebaste	Dan, Marge, & Andy Krupp By Mary Kroupa	Simon Whitaker Jude Hoogendyk
Friday 3/10 <b>6:00 PM</b>	Sermon & Stations of the Cross		Matthew Roth
Sat. 3/11 8:00 AM	Ember Saturday of Lent (2nd Class, Violet) <i>Comm.</i> pro Papa	Soul of Edward Osterbrink By Mark Baertlein	Matthew Roth Liam McNally
Sun. 3/12 8:00 AM	Second Sunday of Lent (1st Class, Violet) <i>Comm.</i> pro Papa	Soul of Louise Schraufnagel By Pat & Debbie Ruesch	James Zahn Anthony Christensen
Sun. 3/12 10:00 AM	Second Sunday of Lent (1st Class, Violet) <i>Comm.</i> pro Papa	Souls of Leo & Mary Scholz By Jon & Monica Schmidt	MC: Jon Rogan Th: Dominic Wright A1: Joseph Leitermann A2: Stephen Mahner
<b>Sunday Ushers:</b> <b>8:00 AM</b> Don Suchy, Todd Osterbrink <b>10:00 AM</b> Gabe Bornbach, Mark Anesko, Larry Kropp, and Simon Whitaker			
<b>Collections:</b> <b>Sunday 2/26/17:</b> 8:00 AM Mass: \$ 2176.95     10:00 AM Mass: \$ 1413.61     Total: \$ 3590.56			
<b>Confessions:</b> <b>Sunday:</b> Half-hour before the 8:00 AM Low Mass and one hour before the 10:00 AM High Mass <b>Monday-Saturday:</b> Half-hour before every Mass <b>Saturday:</b> From 6:25 to 7:25 PM			
<p style="text-align: center;"><b>RECESSIONAL HYMNS</b></p> <p style="text-align: center;"><b>Monday</b> #248 "O Lord I Am Not Worthy"</p> <p style="text-align: center;"><b>Wednesday</b> #334 "Lord, Who throughout"</p> <p style="text-align: center;"><b>Friday</b> #338 "O Sacred Head Surrounded"</p> <p style="text-align: center;"><b>Saturday</b> #204 "Ave Regina Coelorum"</p>	<p style="text-align: center;"><b>PRAYER INTENTIONS</b></p> <p style="text-align: center;"><b>For His Holiness, Pope Francis, and for His Excellency, Bishop William P. Callahan.</b></p> <p>Joanne &amp; Jim Sheridan, Micheline Jayr†, David Murdock, Rodger Beeber, Edward Osterbrink†, Gen. Martin Brandtner†, Raymond Maas†, Richard Govan, Lilly Lechler, Susan Koralewski†, Patty Fink†, Paul Nell, Tom Schrader, Billy Stoltz, Thomas Trautmann, Teresa Baertlein†, Raphael Rezutek, Michael Friel, Mike Krautkramer, Rev. Richard Leroy Fliss†, Patricia Jesse, Joe McGrath†, Mary Krueger†, Frank Butzen, Suzanne Thebolt &amp; the Thebolt Family, Christine Bateman &amp; Family, Tina Anderton, Margaret Weidenbenner†, Jeanne Barie†, Mitchell Koltz†, J.R. Costilla, Elizabeth Anderton, Canon Joseph Le Pautremat†, Antonin Scalia†, Dale Bouvat†, Adriana Cabrera, Golda Brothers†, Nancy Roberts†, Heidi Roberts, Claire Molisse†, William Butzen, Konrad Ogon, Joe Schmidt, Jonas Dorzok†, Claudette Koski, Philip Stoltz†, Magdeline Zbella†, Gene Farley, Katie &amp; Betsy Meyer, Susan Bornbach, Riley Brandt, Anna Ogon-Tarvin, Michael Rogan†, Sr. Rosemary Smith†, John Hamell†, Silvia Rogan†, Kay Kropp, Reis Family, Sandra Pryne, Mike Michanowicz, Phyllis Tisron†, Lenny Salzman†, Daryl Gardner, Pam Matis, John Schrader†, Wilhelm Schmitz†, Lori Kleist, Linda Nowaczik†, Michael Ryan†, Grabko Family, Sara Lewitzke, Sharon Nikolai†, Francis Phillips†, Marvin Drake†, Wogernese Family, Jeff Maier &amp; Family, Theresa Darde, Bernard Skarlupka†, John &amp; Marilyn Heidvogel, John Hardell, Eugene Worzalla†, James Butzen†, Mary Sutherland†, Michele LaPorte†, Frances Cich, Dee Meuret†, Kurt Gorski†, Margaret Michanowicz†, Christoph Daun, Nancy Blaschka†, David Christensen†, Harold Baertlein†, Merilean Young†, Michael Archibald, Aiden Luke Archibald, Chad Wogernese†, Holly Heideman, Gerald Herbst†, Al &amp; Brigid Pellatt, Mari Olive, a young girl in need of prayers, Rose Mary Bulcher†, Rudquist Family. For all private intentions.</p>		



### INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Monsignor R. Michael Schmitz - Vicar General & Delegate for the US

Rev. Canon Matthew Talarico - Provincial of the American Province

Rev. Canon Aaron B. Huberfeld - Rector of St. Mary's Oratory

Rev. Canon Francis Xavier Altieri - Vicar of St. Mary's Oratory

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#### Liturgy Corner: THE SEASON OF LENT

Lent is the season of preparation for Easter. The liturgy refers to the holy exercises of this season as our “Christian warfare” (*praesidia militiae christianae*), because during this period we devote special attention to fighting against our spiritual enemies, notably our own fallen nature. During this season, the Church particularly recommends the spiritual “arms” of prayer, fasting and almsgiving. The Lenten liturgical texts speak constantly of these three pious practices. Lent includes 40 days of penance, in memory of the 40 days the Lord spent fasting in the desert before the beginning of his public ministry. In fact if we begin on Ash Wednesday, we can count a total of 46 days in Lent, but Sundays, which always call to mind Christ’s Resurrection, are never a day of fasting, and so subtracting the six Sundays of Lent brings us back to 40 days of penance.

The liturgy of Lent has certain unique characteristics. Every day of Lent has its own special Mass, whereas on the other ferias of the year (a feria is a weekday when no feast is celebrated), the Mass of the preceding Sunday is simply repeated. The Lenten Masses tend to have as their theme either penance or the preparation for baptism, since the catechumens who will be baptized at Easter received their final preparation during Lent. In Lent there is a proper Preface for the Mass, which is said even on feast days.

After the final postcommunion prayer at Mass, there is a special additional prayer said over the people, who bow their heads. This final prayer is also used as the Collect at Vespers, another difference from the practice during the rest of the year. Even when a feast is celebrated during Lent, the feria must always be commemorated at Lauds and Vespers and Mass, and the Gospel from the ferial Mass is read in the place of the normal Last Gospel (Jn 1:1-14) at the end of feast-day Masses. The penitential aspect of the liturgy, initiated during Septuagesima, is intensified during Lent: the organ is no longer played and flowers no longer adorn the altar. The deacon and subdeacon traditionally do not wear their dalmatic and tunicle, which are signs of joy, during Lent (except on Laetare Sunday, when rose-colored vestments are worn, as a sign of reduced penance); instead they wear “folded chasubles” – which are like the priest’s chasuble, except that they are folded up in the front. In the Divine Office, additional prayers are added, which are recited kneeling. On Mondays, Wednesdays and Fridays, everyone kneels at Mass during the final verse of the Tract.

Another unique feature of the Lenten liturgy – although rarely observed nowadays – is the custom of reciting Vespers before noon, instead of in the early evening as during the rest of the year. The ancient discipline of the Church allowed the one daily meal during Lent to be taken only after Vespers had been recited; as a concession to human weakness, during the Middle Ages permission was given to have the Lenten meal at midday, but when this happened Vespers was moved up by several hours in order to respect the traditional arrangement. This disrupting of the normal order of time also symbolizes the disorder that has been introduced into the world by sin.

Because of the way our Lenten liturgy gradually developed over a thousand years ago, there is this interesting anomaly: Lent begins in the missal on Ash Wednesday but does not begin in the breviary until the following Sunday. (The missal is the book containing the texts of the Masses said throughout the year; the breviary is the book that contains the Divine Office which clergy and religious have to pray every day.) Lent originally began on the First Sunday of Lent but since Sundays are never fast days, in order to reach the sacred number of 40, four additional days of Lenten penance were added in the second half of Quinquagesima week. The Lenten Office – with its proper liturgical texts, like the hymns at Matins, Lauds and Vespers – thus does not begin until Sunday, even though the cycle of Lenten Masses begins on Ash Wednesday.

This means that the 40 days of Lenten penance actually straddle three distinct liturgical seasons: Septuagesima (since the four days starting on Ash Wednesday still mostly follow the Septuagesima Office), Lent proper (four weeks), and then Passiontide (which is the last fortnight of the six weeks of Great Lent).