

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

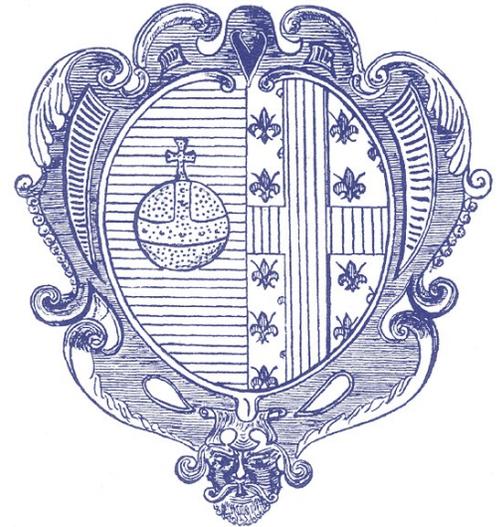
Veritatem Facientes in Caritate

SAINT PATRICK PARISH AND ORATORY

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FOURTH SUNDAY OF LENT, “LAETARE” SUNDAY MARCH 14, AD 2021

Superiors of the Institute of Christ the King

Very Rev. Msgr. R. Michael Schmitz,
STD, JCD, Vicar General of the Institute

Rev. Canon Matthew Talarico, Provincial
Superior of the Institute's U.S. Province

Clergy and Staff of the Parish and Oratory

Rev. Canon Joel Estrada, Pastor & Rector

Abbé Kevin Kerscher, Pastoral Assistant &
Clerical Oblate

David Hughes, Organist & Choirmaster

The Archbishop of Hartford has extended his
dispensation from the obligation of assisting
Sunday Masses and Holy Days of Obligation
through May 23, 2021.

MASS TIMES

Sunday: 8:30am Low Mass
10:30am High Mass
Monday to Saturday: 8:00am Low Mass

CONFESSIONS

30 minutes before each Holy Mass EVERY DAY
& DURING each weekly Holy Hour of Adoration

DEVOTIONS

Wednesday: Litany to St. Joseph after 8am Mass
Friday: Adoration of the Blessed Sacrament at 5pm
First Friday: additional Mass at 6pm preceded by
Adoration of the Blessed Sacrament beginning at 5pm
Saturday (except 1st Saturday): Prayers to our Mother
of Perpetual Help after 8am Mass
First Saturday: after Holy Mass, Exposition of the
Blessed Sacrament, Holy Rosary & Benediction with
Spiritual Conference (unless an announcement indicates otherwise)

4th Sunday of Lent: the 5 Loaves

We find this Sunday called in several ancient documents, the Sunday of the Five Loaves. The miracle alluded to in this title not only forms an essential portion of the Church's instructions during Lent, but it also is an additional element of today's joy. We forget for an instant the coming Passion of the Son of God, to give our attention to the greatest of the benefits He has bestowed on us; for under the figure of these Loaves multiplied by the power of Jesus, our Faith sees that Bread which came down from heaven, and giveth life to the world. "The Pasch," says our Evangelist, "was near at hand;" and in a few days our Lord will say to us: "With desire have I desired to eat this Pasch with you." Before leaving this world to go to His Father, Jesus desires to feed the multitude that follows Him; and in order to do this, He displays His omnipotence. Well may we admire that creative power, which feeds five thousand men with five loaves and two fishes, and in such wise, that even after all have partaken of the feast as much as they would, there remain fragments enough to fill twelve baskets. Such a miracle is, indeed, an evident proof of Jesus' mission; but He intends it as a preparation for something far more wonderful; He intends it as a figure and a pledge of what He is soon to do, not merely once or twice, but every day, even to the end of time; not only for five thousand men, but for the countless multitudes of believers. Think of the millions who, this very year, are to partake of the banquet of the Pasch; and yet, He whom we have seen born in Bethlehem (the House of Bread), He is to be the nourishment of all these guests; neither will the Divine Bread fail. We are to feast as did our fathers before us; and the generations that are to follow us, shall be invited as we now are, to come and taste how sweet is the Lord.

But observe, it is in a desert place (as we learn from St. Matthew) that Jesus feeds these men, who represent us Christians. They have quitted the bustle and noise of cities in order to follow Him. So anxious are they to hear His words, that they fear neither hunger nor fatigue; and their courage is rewarded. A like recompense will crown our labors—our fasting and abstinence—which are now more than half over. Let us, then, rejoice, and spend this day with the light-heartedness of pilgrims who are near the end of their journey. The happy moment is advancing, when our soul, united and filled with her God, will look back with pleasure on the fatigues of the body, which, together with our heart's compunction, have merited for her a place at the Divine Banquet.

The primitive Church proposed this miracle of the multiplication of the loaves as a symbol of the Eucharist, the Bread that never fails. We find it frequently represented in the paintings of the Catacombs and on the bas-reliefs of the ancient Christian tombs. The Fishes, too, that were given together with the Loaves, are represented on these venerable monuments of our faith; for the early Christians considered the Fish to be the symbol of Christ, because the word Fish, in Greek, is made up of five letters, each of which is the initial of these words: Jesus Christ, Son (of) God, Savior. (Dom Prosper Gueranger)

LENTEN REGULATIONS TO OBSERVE

1. **Ash Wednesday** (February 17, AD 2021) and **Good Friday** (April 2, AD 2021) are days of **COMPLETE ABSTINENCE FROM MEAT AND ARE ALSO DAYS OF FAST**, that is, only one full meal is allowed with no eating between meals. Two other meals, sufficient to maintain strength, may be taken according to one's needs but they together should not equal that of the full meal.
2. The other Fridays of Lent are days of abstinence from meat (unless a 1st class feast, ie. solemnity, falls on Friday, per canon 1251)
3. The obligation to abstain from meat binds on all who have reached the age of 14.
4. The obligation to fast binds all between the ages of 18 and 59.
5. Unless there is a just reason, the obligation to do penance is a serious one and no Catholic should lightly excuse himself from this obligation in the Lenten season. **Practices of Lenten penances and acts of mortification, increased devotion and prayer, and acts of mercy and charity and almsgiving, are worthy elements of our preparation for Easter.**
6. Abstinence on all Fridays of the year (outside of the Lenten season), though not obligatory under pain of sin, is **"especially recommended"**.
7. Fasting on weekdays of Lent, though not obligatory under pain of sin, is **"strongly recommended"** (National Conference of Catholic Bishops, November 18, 1966).
8. Catholics, after having received their 1st Holy Communion, are bound by the obligation of receiving Holy Communion at least once a year. This precept should be fulfilled during the Easter Season (between the First Sunday of Lent and Trinity Sunday).
9. Catholics are also bound to confess mortal sins at least once a year, but this is not limited to the Lenten/Easter Season. We must be well disposed to receive our Lord each time at Holy Communion and therefore **it is strongly recommended to go to confession frequently (at least once a month).**

Laetare Sunday: Rejoice!

Today is the Fourth Sunday of Lent, also known as “Lætare Sunday,” from the opening words of the Introit (entrance hymn) – “Rejoice.” You will note the rose colored vestments—a little less somber than the violet worn for most of Lent. The color change indicates that Lent is about half over, and suggests that it is a good day to take a “breather” from the Lenten exercises, and then to get back to it on Monday, making the best Lent you can until Easter Sunday.

At this midpoint of Lent, how are we doing? Have we lived up to the Lenten promises we made on Ash Wednesday? Or, have we failed on some of those promises? The beauty of these 40 days, and really our entire lifetime journey of faith, is that when we fall, our Lord Jesus Christ helps us get up. If we have messed up on our Lenten promises, we must pick ourselves up and try again. And, the place where we can all start, no matter where we are in our journey, is to strive today, and every day, fulfilling our call to love like Christ.

“Lætare”—rejoice not so much that Lent is half over, but that we are much closer to the celebration of our Lord's resurrection! During this period of Lent we should visit the Blessed Sacrament more often. He is always there, in the tabernacle, waiting for us. We can also make what is called a “Spiritual Communion” by desiring to receive Him if it were possible. On Laetare Sunday, because we have hope in Jesus, we rejoice; we have been freed from sin by Christ and we are moving with Jesus toward eternal life; from now on we can see our existence with joy!

As we see the real presence of Christ before us and come up to receive Him, let us reflect on this His love, in His very flesh and blood, given to us on the cross when He surrendered His life for ours. Then, let us take that real presence of Christ we receive today outside of the doors of our church and be the love of Christ to every person God puts within our path.

Let us be encouraged by Saint Francis de Sales: “Let us await our advancement with patience, and instead of disquieting ourselves because we have so little profited in the time past let us diligently endeavor to do better in the time to come.”

From the Pastor & Rector

Dear Faithful of St. Patrick Parish & Oratory,

It is my hope you are able to rejoice for a while on this 4th Sunday of Lent, called “Laetare” taken from Holy Mass today.

We are a little more than halfway through the season of Lent. Thus, let us refresh ourselves by coming to our mini-Lenten Retreat. The Men’s Lenten Recollection Night will be this Tuesday, March 16th at 6pm and the Women’s Lenten Retreat will be on March 20th after the Low Mass at 8am. Venite!

Although we are still during Lent, we have a big line-up of special feasts to punctuate just a little the rigors of our Lenten fast.

This week, we celebrate our church’s namesake patronal feast of Saint Patrick on March 17th. I invite you to come celebrate our patronal feast with a special High Mass at 6pm. Do not forget about the great feast of Saint Joseph this Friday as well. Coming up next week is the Institute’s patronal feast of Saint Benedict. The Annunciation will be on the 25th. Soon, we approach the holiest of weeks to commemorate the passion & death of our Lord.

The Center for Renewal of Waterbury does many helpful and spiritual initiatives to help our Waterbury community and those less fortunate. Please consider helping the Center who helps feed the poor as an act of almsgiving, as a way to fulfill the Corporal Acts of Mercy. A message from Nicole Plasky, Director of Pastoral Outreach of the Waterbury Basilica:

We do need non-perishable food items for our Center such as **pasta, sauce, canned items**, and we are also collecting healthy snacks for those individuals who are homeless: **Nutri Grain bars, individual bags of nuts, water bottles, jello/pudding cups, individual packages of crackers (such as Goldfish), Starkist tuna “lunch to go” packs, individual apple sauce cups, juice boxes.**

If you are interested in helping, please drop off the goods by the vestibule of Saint Patrick Parish (make sure it is labeled: Center for Renewal). God bless!

LITURGICAL SCHEDULE

Sanctuary Lamp this week is for
† Albert F. Bury, requested by Steve Bury

SUNDAY, MARCH 14 FOURTH SUNDAY OF LENT

8:30am Low Mass Margaret Turner
10:30am High Mass † Peter Barberino,
by brother Rodger Phillips

Monday, March 15 Feria of Lent

8:00am Low Mass Karina Lyko, by B.L.

Tuesday, March 16 Feria of Lent

8:00am Low Mass Special intentions for relatives,
by Alessandra Marak

Wednesday, March 17 St. Patrick (Mass *Egretere*)

8:00am Low Mass & St. Joseph Devotions
Pro Populo
6:00pm High Mass Andrew Babiasz,
by Stephanie Breaux

Thursday, March 18 Feria of Lent

8:00am Low Mass Mehmet, Beecher, & Mainella
families, by Corinne Beecher

Friday, March 19 St. Joseph

8:00am Low Mass Klara Lyko, by B.L.
4:30pm Holy Hour of Adoration & Confessions
5:30pm Stations of the Cross & blessing of relic
of the True Cross
6:00pm High Mass Prior General of ICRSS

Saturday, March 20 Feria of Lent

8:00am Low Mass & Perpetual Help Devotions
† Hope Hughes, by John
Hughes

SUNDAY, MARCH 21 PASSION SUNDAY

8:30am Low Mass Margaret Turner
10:30am High Mass Rachel & Lynly Williams,
by Mary Williams

Monday, March 22 St. Benedict (transferred)

8:00am Low Mass Fr. Marc Lundeijs, by
Stephanie Breaux
6:00am High Mass Pro Populo

St. Patrick Parish & Oratory Donations

Week of March 7: **\$5,103.05**

Please mail or drop off your regular offertory envelopes to
Saint Patrick rectory or donate securely online at
www.osvhub.com/stpatrick-parish-and-oratory

We truly depend on your help and assistance for the
upkeep of our church & operations.

May God reward your generosity!

Please write your donation to "Saint Patrick Parish"

Wisdom from Saint Francis de Sales

*Patron Saint of the
Institute of Christ the King Sovereign Priest*

**"Although we may be able to do but little, the
enemy nevertheless stands more in awe of those
whom he knows can fast."**

Upcoming Events

- Mar. 14** 2nd Sunday: St. Brigid Women's Guild
devotions after each Mass
- Mar. 14** 1st Comm. Class after 10:30am Mass (last one
for the Lenten Season, will resume class on Apr.
11)
- Mar. 14** Deadline to return your Baby Bottle Boomerang
- Mar. 16** Men's Rosary and Conference night, starts at
6pm
- Mar. 17** Patronal 1st Class Feast of St. Patrick, 8am Low
Mass & 6pm High Mass
- Mar. 19** Feast of Saint Joseph: 8am Low Mass with
Litany of Saint Joseph, 4:30pm Adoration &
Confessions, 5:30pm Stations of the Cross, 6pm
High Mass followed by litany & consecration,
Plenary Indulgence Available
- Mar. 20** Women's Day of Lenten Recollection, Holy
Mass at 8am followed by morning recollection
and concludes with rosary and benediction.
Please sign up (by Mar. 15) with Patricia Murphy
if interested.
- Mar. 20** We are requesting help today to veil our church
statues in preparation for Passiontide
- Mar. 21** Lenten Lesson in Liturgy after 10:30am Mass
- Mar. 22** (Transferred) 1st Class Feast of St. Benedict,
8am Low Mass & 6pm High Mass, Plenary
Indulgence Available
- Mar. 23** Children's Catechism Class at 5:30pm (last one
for the Lenten Season, will resume class on Apr.
13)
- Mar. 26** 5pm Holy Hour & 6pm Stations of the Cross