

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

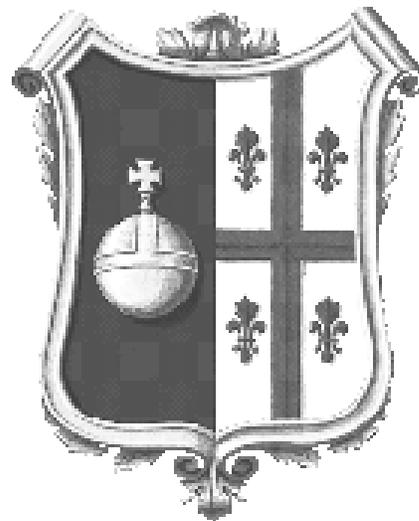
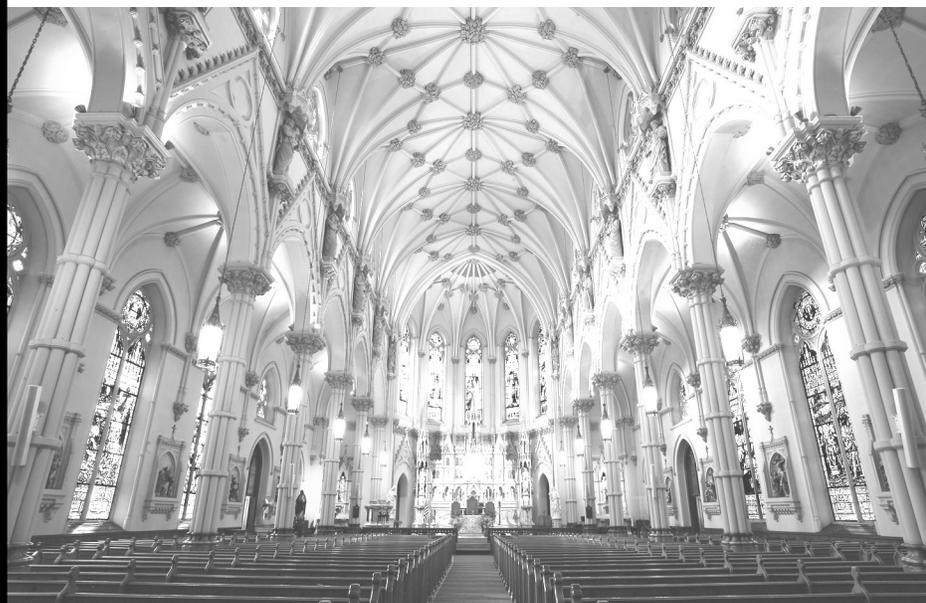
Veritatem Facientes in Caritate

SAINT PATRICK PARISH AND ORATORY

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www.institute-christ-king.org/waterbury-home



QUINQUAGESIMA SUNDAY FEBRUARY 23, AD 2020

CLERGY & STAFF

Very Rev. Msgr. R. Michael Schmitz,
STD, JCD, Vicar General of the Institute

Rev. Canon Matthew Talarico, Provincial Superior of
the Institute's U.S. Province

Rev. Canon Joel Estrada, Pastor and Rector

Abbé Kevin Kerscher, Clerical Oblate and Sacristan

David Hughes, Sunday Organist and Choirmaster

Jonathan Barney, Saturday Organist and Director

Debra Guerrero, Parish and Oratory Secretary

Rectory Office Hours

Monday-Wednesday 8:30am - 3:00pm
Thursday 8:30am - 12:30pm

MASS TIMES

Saturday: 3:15-3:45 P.M. Confessions
4:00 P.M. Vigil Mass in the Ordinary Form
in English, celebrated by archdiocesan
priests

Sunday: 8:30 A.M. Low Mass (Extraordinary Form)
10:30 A.M. High Mass (Extraordinary Form)

Monday-Saturday: 8:00 A.M. Low Mass
(Extraordinary Form)

DAILY CONFESSIONS

30 minutes before each Holy Mass every day

DEVOTIONS

First Friday, an additional Mass at 6 p.m. preceded by
Adoration of the Blessed Sacrament beginning at 5 p.m.

First Saturday, after Holy Mass, Exposition of the Blessed
Sacrament, Holy Rosary, 15 minute Adoration & Benediction.

MASS SCHEDULE

Saturday, February 22

7th Sunday in Ordinary Time (Anticipated)

4:00 p.m. Ordinary Form English Mass

† Jennie Tedesco - 3rd Yr. Anniv., requested by family

Sunday, February 23

Quinquagesima Sunday

8:30 a.m. Low Mass

Missa Pro Populo

10:30 a.m. High Mass

† Brian Brick, requested by family

Monday, February 24

Mass of Quinquagesima Sunday

8 a.m. Low Mass

† Gloria Cilfone, requested by niece MaryAnn & Bob

Tuesday, February 25

St. Matthias, Apostle

8 a.m. Low Mass

Wednesday, February 26

Ash Wednesday (**FASTING and ABSTINENCE**)

8 a.m. Low Mass with Imposition of Ashes

6 p.m. High Mass with Imposition of Ashes

Thursday, February 27

Thursday after Ash Wednesday

8 a.m. Low Mass

Friday, February 28

Friday after Ash Wednesday (**ABSTINENCE**)

8 a.m. Low Mass

6 p.m. Stations of the Cross

Saturday, February 29

Saturday after Ash Wednesday

8 a.m. Low Mass

1st Sunday of Lent (Anticipated)

4:00 p.m. Ordinary Form English Mass

† Thomas J. Paternostro - 12th Yr. Anniv., requested by mother

Sunday, March 1

1st Sunday of Lent

8:30 a.m. Low Mass

Missa Pro Populo

10:30 a.m. High Mass

† Nicholas Gertrude & Fr. John D'Alonges, requested by Ray & Bev Gugliotti

Saint Patrick Parish and Oratory Collections

Saturday February 15

4:00pm Mass: \$695.00

Sunday February 16

8:30am Mass: \$870.00

10:30am Mass: \$1822.00

Please kindly note to make your offering payable to "Saint Patrick Parish"

May God reward your generosity!

We do understand that some of you go on vacation during the winter months, however, the Church bills do not go on break. Please consider mailing your regular offertory envelopes to Saint Patrick rectory even if you're away. God bless!

Stations of the Cross during Lent

In order to fulfill our penances for Lent, we will have public Stations of the Cross in the Church every Friday of Lent at 6pm. Confessions will be heard 30 minutes prior to the Stations.

For First Friday (March 6), we will have Holy Hour at 5pm, then followed by Stations at 6pm, then Holy Mass at 6:40pm.

Please pray for the following for healing:

Diane Andrew, Anna, Arthur, Janet Blucker, Edith Bruno, Al Crochet, Jim Danauskas, Louis Dantino, Dominic, Jim and Claudette Doyle, Ellissa, Paul Grochowski, Amanda Hinrichs, Patti Hinrichs, June Johnston, David Kerscher, Karen Knapp, Dawn Laliderte, Robert Leary, Donald Maloney, Mark Pavao, Bob Piche, Jerry and Charlotte Sepe, Lorraine Shaw, Kristina Solomita, Marge Vallillo

Please pray for our Military:

Peter Crochet, United States Navy, USS Gravely (DDG 107), Mathew Nardella, United States Navy, USS Bulkley (DDG 84)

Wisdom from Saint Francis de Sales

Patron Saint of the Institute of Christ the King Sovereign Priest

"Almost all of us love according to our own taste; very few of us know how to love according to the will of God."

Lenten Regulations to Observe

1. **Ash Wednesday** (February 26, 2020) and **Good Friday** (April 10, 2020) are days of complete **abstinence from meat; and are also days of fast**, that is, only one full meal is allowed; with no eating between meals. Two other meals, sufficient to maintain strength, may be taken according to one's needs but they together should not equal that of the full meal.
2. The other Fridays of Lent are days of abstinence from meat.
3. The obligation to abstain from meat binds on all who have reached the age of 14.
4. The obligation to fast binds all between the ages of 18 and 59.
5. Unless there is a just reason, the obligation to do penance is a serious one and no Catholic should lightly excuse himself/herself from this obligation in the Lenten season. **Practices of Lenten penances and acts of mortification, increased devotion and prayer, and acts of mercy and charity, are worthy elements of our preparation for Easter.**
6. Abstinence on all Fridays of the year, though not obligatory under pain of sin, is **“especially recommended”**.
7. Fasting on weekdays of Lent, though not obligatory under pain of sin, is **“strongly recommended”** (National Conference of Catholic Bishops, November 18, 1966).
8. Catholics, after having received their First Holy Communion, are bound by the obligation of receiving Holy Communion at least once a year. This precept should be fulfilled during the Easter Season (between the First Sunday of Lent and Trinity Sunday). Catholics are also bound to confess mortal sins at least once a year, but this is not limited to the Lenten/Easter Season. We must be well disposed to receive our Lord each time at Holy Communion and therefore **it is strongly recommended to go to confession frequently (at least once a month).**

The Practice of Lent

The command to do penance was uttered by Jesus Christ in no uncertain terms: **“Unless you do penance, you shall all likewise perish,”** (Luke 13, 3-5). After Christ's resurrection we again find in Luke 24, 46-47, “It behooved Christ to suffer and to rise again from the dead the third day: that penance and remission of sins should be preached in His Name.”

While the external circumstances of penance have changed in this modern age, the burden of fasting having been lightened and dispensations multiplied to fit the less physically strong but more hurried and strained modern-day lifestyle, we are still called by our Master to deny ourselves and take up the Cross to follow Him, praying with Him in the desert.

The materialistic notion that many have of penance often leads to its entire neglect or unworthy performance. The superficial is satisfied with the external act of penance; the self-indulgent find it too burdensome to even attempt. This is why penance has lost its proper place and many have wandered away from it.

The primary purpose of penance is a closer union of the soul with God. Man was made for God and sin frustrates this purpose. True penance is a turning away from sin and a returning unto God. The external act of penance is a **means to an end** which should not just be the self-satisfaction we feel for the expiation of personal sin, but the impulse of love to remove all that is obnoxious or offensive to our Blessed Lord. The external acts are very necessary, but if it lacks this true spirit, it is as dust.

The Church instructs us, during Lent, to turn away from sinful pursuits and even harmless and legitimate ones as well, in order to have more time for God, to enter more fully into the life of Christ, and to participate in His Passion as willing disciples and explore the depths of His love. We frustrate the interior purpose of penance when we find ready excuses for frequenting time-consuming entertainments that are often fatiguing and that leave us less time & taste for prayer, Stations of the Cross, daily Mass, and even an unreadiness for receiving Holy Communion.

Fasting and abstinence cultivates strength in unselfishness, subordinating our lusts to reason and will. These laws of Holy Mother the Church will help us cultivate temperance and preserve life, and in the practical cultivation of this spirit, the letter of the law will acquire new meaning--and even attraction.

Stay connected to the Family
TEXT INSTITUTE TO 84576
TO RECEIVE INSTITUTE UPDATES VIA TEXT & EMAIL

IMPORTANT: Saint Patrick's Dinner
on Laetare Saturday, March 21, 5:30 PM

During the upcoming penitential season of Lent, where we commit to conversion from sin to a life of grace, abstinence, fasting, and almsgiving, Holy Mother Church allows us to celebrate during the midway point of Lent on *Laetare* Sunday (4th Sunday of Lent).

Therefore, it would be opportune to hold our annual Saint Patrick Dinner in the Church Hall on Saturday, March 21, at 5:30 pm.

Please register today to attend the fundraising dinner. \$20 per adult. Children under 10 are free. **Deadline to buy tickets is March 14. No tickets will be sold at the door.** No alcoholic beverages permitted.

We are in need of your help with the following:

-Volunteers to bake desserts, set-up, clean-up hall, etc. (Please see sign up sheet in Church Vestibule)

-Drawing items wanted for basket prizes.

We hope this will be a wondrous event for the life of Saint Patrick Parish and Oratory!
The proceeds of this dinner will help with the operations of our Church!

Save the Date, Upcoming Events

Feb. 25: Saint Patrick Bingo, 7pm in Saint Patrick Church Hall. Doors open at 5pm. Food and beverages available for purchase and progressive jackpots included.

Feb. 26: Ash Wednesday, 8am Low Mass and 6pm High Mass

Feb. 28: Stations of the Cross. 6pm, with confessions 30 minutes before.

Mar. 6: First Friday, 8am Mass, 5pm Holy Hour, 6pm Stations of the Cross, 6:40pm additional Holy Mass.

Mar. 7: First Saturday, 8am Mass followed by Adoration and Rosary.

Mar. 21st: St. Patrick Parish Dinner, 5:30pm in the Church Hall

FROM THE PASTOR,
REVEREND CANON JOEL ESTRADA

Dear Faithful,

Only a few more days before the beginning of Lent, and what blessings have we all received in the reflections and meditations we had during this season of Septuagesima, which is about to conclude.

It is my hope that you are already set for the spiritual and penitential program for Lent, with your planned penances, additional devotions and prayers, and acts of charity and mortification.

Although we are canonically bound to fast only twice a year, we are encouraged to multiply them during the weekdays of the Lenten Season, as done in the recent history of the Church, practiced by numerous generations of Catholics. Let us reflect on **Saint Francis de Sales**, patron of the Institute of Christ the King Sovereign Priest, to help us further in our considerations for Lent, especially that of our fasting during the Season, one of the major pillars of Lent:

I thought of speaking to you of the conditions which render fasting good and meritorious. Understand that of itself fasting is not a virtue. It is a virtue only when it is accompanied by conditions which render it pleasing to God.

We find some people who think that to fast well during the holy season of Lent it is enough to abstain from eating some prohibited food. We know very well that it is not enough to fast exteriorly if we do not also fast interiorly, and if we do not accompany the fast of the body with that of the spirit.

Now among all the conditions required for fasting well, I will select 3 principal ones and speak familiarly about them.

The **first condition** is that we must fast with our whole heart, willingly, wholeheartedly, universally and entirely.

The **second condition** is never to fast through vanity but always through humility.

The **third condition** necessary for fasting well is to look to God and to do everything to please Him, withdrawing within ourselves in imitation of a great saint, St. Gregory the Great who withdrew into a secret place where he remained for a time.

Dear faithful, I hope Lent will be very fruitful for all of you. Please know you are in my daily prayers and sacrifices. Please pray for me if you can.