



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

At Holy Family Catholic Church: 338 W. University Blvd., Tucson

June 2nd A.D. 2019

## Mass Schedule

### *Sundays*

Ordinary Form in English: 4pm (Sat./Vigil) & 7am

Extraordinary Form in Latin: 8:30am & 10:30am

### *Weekdays*

See Liturgical Calendars on page 2

## Confession Schedule

Starting 30mins before each *Latin Mass*

Sunday: 8:00-8:20am & 10:00-10:20am

Monday: 6:00-6:20pm

Tues, Wed, Fri: 7:30-7:50am

Thurs: 5:30-6:20pm

Sat: 7:30-7:50am & Vigil Mass: 3:30-3:55pm.

First Saturday of Month: 7:10-7:40am

Contact the offices for Anointing of the Sick



## **Holy Family Parish**

Ordinary Form of the Roman Rite,  
“English Mass”

### *Email:*

holyfamilyparishtucson@gmail.com

*Mail:* 338 W. University Blvd,  
Tucson, AZ 85705

*Tel:* (520) 623-6773

*Office Hours:* Mon-Wed 11am-3pm;  
Fri 9am-1pm

### **Parish Staff**

Canon Jonathon Fehrenbacher, *Parish Administrator*

Sylvia Cordova, *Office Mgr & SEP Compliance Officer*  
sylvia@hfc.phxcoxmail.com

For donations, please make checks out to “Holy Family Parish”

For sacramental certificates: 7 business days notice is required.

## **Saint Gianna Oratory**

Extraordinary Form of the Roman Rite,  
“Latin Mass”

### *Email:*

stgianna.tucson@institute-christ-king.org

*Mail:* Priory of Our Lady of Guadalupe

P.O. Box 87350, Tucson, AZ 85754

*Tel:* (520) 883-4360

*Website:* www.saintgianna.net

### **Oratory Staff**

Canon Jonathon Fehrenbacher, *Rector*

Teri Gauger, *Oratory Secretary* (520) 883-4360

For donations, please make checks out to “Institute of Christ the King”

<http://www.institute-christ-king.org/tucson-home/>



## **Alms to Support the Sister Adorers of the Royal Heart of Jesus**

2nd Collection after all Masses on June 1 & 2

Please make checks out to “Institute of Christ the King”



## CALLING ALL MEN!!!

On Thursday, June 6th

we will host our first evening for

*Men of the Holy League*

We'll have **Eucharistic Adoration** 5:30-6:20 pm, **Confessions** until 6:15, **Low Mass** at 6:30 pm, followed by a short conference by Canon Fehrenbacher in the basement hall on a topic of spirituality and morality for men. We'll then enjoy a barbecue dinner together. BYOB and cigars. All men 18 and over are invited.

**PLEASE RSVP: Call the office at (520)883-4360 or email: [stgianna.tucson@institute-christ-king.org](mailto:stgianna.tucson@institute-christ-king.org)**

**First Topic: *What is virtue for men?***



**THE LITURGICAL CALENDAR FOR HOLY FAMILY PARISH  
( ORDINARY FORM OF THE ROMAN RITE )**

<u>Date</u>	<u>Feast</u>	<u>Time</u>	<u>Mass Intention</u>	<u>Celebrant</u>
Sat 6/1	Ascension of the Lord	4:00 p.m. Mass	For the sick	Rev. Chris Corbally, S.J.
Sun 6/2		7:00 a.m. Mass	Parishioners of Holy Family Parish	Rev. Abram Dono, S.T.
Sat. 6/8	Pentecost	4 p.m. Mass	In Honor of the Sacred Heart of Jesus	Rev. Chris Corbally. S.J.
Sun. 6/9		7 a.m. Mass	Parishioners of Holy Family Parish	Rev. Abram Dono, S.T.

Weekly Collection for May 18/19: \$1029.27 and for May 25/26: \$1179

Thank you for your generosity!

*The Liturgical Calendar for St. Gianna Oratory  
Extraordinary Form of the Roman Rite*

<b>Sun. 6/2</b> 8:30 a.m. Low Mass 10:30 a.m. High Mass	SUNDAY AFTER THE ASCENSION/ 2nd class / White <u>Mass (Exaudi Domine):</u> Comm. <i>pro Papa</i> : Preface of the Ascension	† Mary M Hoge <i>by George M Hoge</i> † Walter Grabowski <i>By Regina Luke</i>
<b>Mon. 6/3</b> 6:30 p.m. Low Mass	Feria / 4th class / White <u>Votive Mass (Viri Galilaei)</u> of the Ascension (4th cl. / White) : Comm <i>pro Papa</i> , Preface of the Ascension	Peter Kelly <i>by Nancy Evers</i>
<b>Tue. 6/4</b> 8:00am Low Mass	St. Francis Caracciolo / 3rd class / White <u>Mass (Factum est) :</u> Comm <i>pro Papa</i> , Preface of the Ascension	Fiona Salgado <i>by the Salgados</i>
<b>Wed. 6/5</b> 8:00am Low Mass	St. Boniface, Bishop & Martyr / 3rd class / Red <u>Mass (Exultabo) :</u> Comm <i>pro Papa</i> , Preface of the Ascension	Marcie & Steve Halbig <i>By Jackie Fehrenbacher</i>
<b>Thur. 6/6</b> 6:30pm High Mass	First Thursday, St. Norbert, Bishop / 3rd class / White <u>Votive Mass (Juravit)</u> of Our Lord Jesus Christ Sovereign and Eternal Priest (3rd cl. / White) Comm. <i>Pro Papa</i> & St. Norbert, Preface of the Holy Cross	Sanctification of Priests <i>by J. Kim</i>
<b>Fri. 6/7</b> 8:00 a.m Low Mass 6:30 p.m. High Mass	First Friday, Feria / 4th class / White § Abstinence, <u>Votive Mass (Cogitationes)</u> (found at the 3rd Friday after Pentecost) of the Sacred Heart : Comm. <i>pro Papa</i> , Preface of the Sacred Heart	Bishop Weisenburger <i>by SGO</i> † Clenice Matheus <i>by Meents Family</i>
<b>Sat. 6/8</b> 8:00 a.m Low Mass	Vigil of Pentecost / 1st Class / White for the Office, Red for the Mass <u>Mass (Cum sanctificatus)</u> of the Vigil : Comm. <i>Pro Papa</i> , Preface of the Holy Ghost and proper <i>Communicantes &amp; Hanc igitur</i>	William Lemann Family <i>by Nancy Thornes</i>
<b>Sun. 6/9</b> 8:30 a.m. Low Mass 10:30 a.m. High Mass	PENTECOST SUNDAY/ 1st class / Red <u>Mass (Spiritus Domini):</u> : Sequence, Preface of the Holy Ghost. Proper <i>Communi- cantes &amp; Hanc igitur</i>	Holy Father <i>by SGO</i> Canon Fehrenbacher <i>by Yee Family</i>

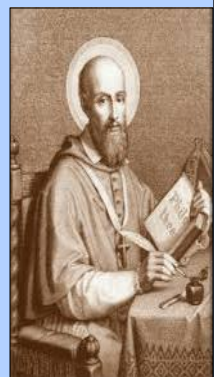
**Please Remember in Your Prayers:**

Deceased: Dr. Craig Stump; Bill Kelly; William Higgins; Manny Rodriguez; Larry Mohr; Bill Shillue; Loreto Dorame; Valerie Meis; Agnes Pfeiffer; Mona Montez; Clare; Bill Felix; Debra Castelan  
Healing: Sylvia Cordova; Mary Torgerson; Mary Gauger; Ray Grillo; Carol Sheythe; Rachel Vega; Rebecca Smith; Nick Lepore; Maria Montez; Greg Schuller; Beverly Bolton; Kim Gallagher; Christopher Thomas; Judah Cripe; Susan Hansen; Alfonso Ruiz; Dan Hassen; Thaddeus Stypa; Colleen Gallegos; Christopher Rose & father; Joseph Hann; Jude Cooper;

**Thought from St. Francis de Sales**

The process of the purification of our souls is never finished and will end only with our death. We must not be upset by our imperfections; instead, we must recognize them and learn to combat them. And it is in fighting against our imperfections without being discouraged by them that our very perfection consists.

(INT. Part I, Ch. 5; O. III, p. 27)



## CALENDAR OF SPECIAL EVENTS

**Thur. June 6** - *Men of the Holy League* (see front of bulletin for more info)

**Fri. June 7** - First Friday, Low Mass 8 am, High Mass 6:30 pm sung by Knights of Christ the King

**Sun. June 9** - Pentecost Sunday

**Sun. June 16** - Canon Benjamin Norman's 1st Mass at Saint Gianna Oratory at 10:30am; reception following in the hall. Fathers' Day Triduum of Masses begins.

**Thur. June 20** - *Corpus Christi*, 6:30pm High Mass followed by Eucharistic Procession in the church.

**Fri. June 28** - *Feast of the Sacred Heart*, 6:30pm High Mass

**Sun. June 30** - Canon Luke Zignego's 1st Mass at Saint Gianna Oratory at 10:30am; reception following in the hall.



## From the Rector's Desk:

Dear Faithful,

As June is the month of the Sacred Heart, I strongly encourage everyone to make a special effort to attend Holy Mass this First Friday, June 6th, because of these wonderful promises made by Our Lord and to make reparation for the many sins committed against His Sacred Heart.

First Friday - Promises of the Sacred Heart:

1. I will give them all the graces necessary for their state in life.
2. I will establish peace in their families.
3. I will comfort them in their trials.
4. I will be their secure refuge during life, and, above all, in death.
5. I will shed abundant blessings on all their undertakings
6. Sinners will find in My Heart an infinite ocean of mercy.
7. Lukewarm souls will become fervent.
8. Fervent souls will rapidly grow in holiness and perfection.
9. I will bless every place where an image of My Heart shall be exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. The names of those who promote this devotion will be written in My Heart, never to be blotted out.
12. I promise thee, in the excessive mercy of My Heart, that My all-powerful love will grant to all those who receive Holy Communion on the First Friday of nine consecutive months, the grace of final penitence; they shall not die in My disgrace nor without receiving their Sacraments; My Divine Heart shall be their safe refuge in this last moment.

### CONDITIONS TO FULFILL THE FIRST FRIDAY DEVOTION

The specific conditions to receive the Great Promise of the Sacred Heart of Jesus as given to St. Margaret Mary Alacoque are:

1. Receive Holy Communion on nine consecutive first Fridays of the month (this assumes that the person is in a state of grace, having made a sacramental confession for any mortal sins prior to receiving communion).
2. Having the intention, at least implicitly, of making reparation to the Sacred Heart of Jesus for all the sinfulness and ingratitude of men.



**A Triduum of Holy Masses will be offered for all Fathers on:**

*Sunday, June 16 @8:30am;*

*Monday, June 17 @6:30pm;*

*Tuesday, June 18 @8:00am*

Fathers can be enrolled using one of the Fathers' Day Spiritual Bouquet envelopes available at the back of the church. Drop your envelope into the collection basket **by June 16**. Please list your intentions on a paper in your envelope—no need to use a separate envelope for each intention.

## Visit of a Newly Ordained Priest

*Sunday, June 16*

### Canon Benjamin Norman

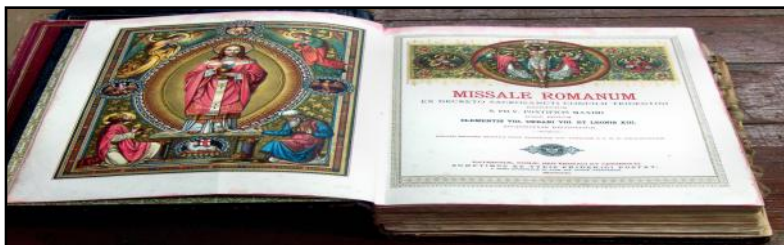
**First Mass at 10:30am High Mass**

NB: A Plenary Indulgence may be received under the usual conditions by assisting at a First Mass of a newly Ordained Priest!

**First Blessings** after 8:30am & 10:30am Latin Masses

**A reception will follow in the hall after the 10:30 High Mass.**





## SUNDAY AFTER THE ASCENSION

**INTROIT:** Ps. 26: 7-9 Hear O Lord, my voice with which I have cried to Thee, alleluia; my heart hath said to Thee, I have sought Thy face, Thy face, O Lord, I will seek: turn not away Thy face from me, alleluia, alleluia. Ps. The Lord is my light and my salvation: whom shall I fear? Glory be. Hear O Lord, my voice.....

**COLLECT:** Almighty and eternal God, grant us ever to have a will devoted to Thee, and with a sincere heart to serve Thy majesty. Through our Lord.

**EPISTLE: 1 Peter. 4: 7-11** Dearly beloved, be prudent and watch in prayers. But before all things have a constant mutual charity among yourselves: for charity covereth a multitude of sins. Using hospitality one towards another, without murmuring: as every man hath received grace, ministering the same one to another, as good stewards of the manifold grace of God. If any man speak, let him speak, as the words of God: if any minister, let him do it, as of the power which God administereth: that in all things God may be honoured through Jesus Christ our Lord.

**PASCHAL ALLELUIA:** Alleluia, alleluia. The Lord hath reigned over all the nations; God sitteth on His holy throne. Alleluia. I will not leave you orphans: I go away, and I come unto you, and your heart shall rejoice. Alleluia.

**GOSPEL:** Jn. 13,26-27; 16:1-4 At that time, Jesus said to His disciples: When the Paraclete cometh, whom I will send you from the Father, the Spirit of truth, who proceedeth from the Father, He shall give testimony of Me: and you shall give testimony, because you are with Me from the beginning. These things have I spoken to you, that you may not be scandalized. They will put you out of the synagogues; yea, the hour cometh, that whosoever killeth you will think that he doth a service to God. And these things will they do to you, because they have not known the Father, nor Me. But these things I have told you, that, when the hour

shall come, you may remember that I told you of them.

**OFFERTORY:** Ps. 46: 6 God is ascended with jubilee, and the Lord with the sound of a trumpet, alleluia

**SECRET:** May these spotless sacrifices cleanse us, O Lord, and instil into our souls the strength of Thy heavenly grace. Through our Lord.

**PREFACE OF THE ASCENSION:** It is truly meet and just, right and for our salvation, that we should at all times, and in all places, give thanks unto Thee, O holy Lord, Father almighty, everlasting God: through Christ our Lord. Who, after His Resurrection, appeared openly to all His disciples, and, while they looked on, was taken up into heaven, that He might grant unto us to be sharers in His own divinity. And therefore, with Angels and Archangels, with Thrones and Dominations, and with all the hosts of the heavenly army, we sing the hymn of Thy glory, evermore saying: Holy, Holy, Holy...

**COMMUNION:** John 17: 12-13, 15 Father, while I was with them, I kept them whom Thou gavest Me, alleluia; but now I come to Thee: I pray not that Thou shouldst take them out of the world, but that Thou shouldst keep them from evil, alleluia, alleluia.

**POSTCOMMUNION:** Grant, we beseech Thee, O Lord, that being replenished with holy gifts, we may ever remain in thanksgiving. Through our Lord.

## Prayer in honor of St. Dymphna



Oh Lord, our God, Thou graciously chose St. Dymphna as patroness of those afflicted with mental and nervous disorders. She is thus an inspiration and a symbol of charity to the thousands who ask her intercession. Please grant, Lord, through the prayers of this pure youthful martyr, relief and consolation to all suffering such trials, and especially those for whom we pray. (*Here mention those for whom you wish to pray*). We beg Thee, Lord, to hear the prayers of St. Dymphna on our behalf. Grant all those for whom we pray patience in their sufferings and resignation to Thy divine will. Please fill them with hope, and grant them the relief and cure they so much desire. We ask this through Christ our Lord who suffered agony in the garden. Amen.

# Novena to the Holy Ghost



The novena in honor of the Holy Ghost is the oldest of all novenas since it was first made at the direction of Our Lord Himself when He sent His apostles back to Jerusalem to await the coming of the Holy Ghost on the first Pentecost. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian. To encourage devotion to the Holy Spirit, the Church has enriched this novena with the following indulgences:

“The faithful who devoutly assist at the public novena in honor of the Holy Spirit immediately preceding the Solemn Feast of Pentecost may gain a partial indulgence for themselves or as an offering for the intentions of the faithful departed.

Those who make a private novena in honor of the Holy Spirit, either before the Solemn Feast of Pentecost or at any other time in the year, may also gain a partial indulgence for themselves or as an offering for the intentions of the faithful departed.”

## FIRST DAY OF THE NOVENA

*Holy Spirit! Lord of Light!  
From Thy clear celestial height,  
Thy pure beaming radiance give!*

### *The Holy Ghost*

Only one thing is important -- eternal salvation. Only one thing, therefore, is to be feared -- sin. Sin is the result of ignorance, weakness, and indifference. The Holy Ghost is the Spirit of Light, of Strength, and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us."

### *Prayer*

Almighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Ghost, and hast given us forgiveness all sins, vouchsafe to send forth from heaven upon us Thy sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

### *Concluding prayers*

## SECOND DAY OF THE NOVENA

*Come, Father of the poor.  
Come, treasures which endure  
Come, Light of all that live!*

### *The Gift of Fear*

The gift of Fear fills us with a sovereign respect for God,

and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. "They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls."

### *Prayer*

Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set Thee, my Lord and God, before my face forever, help me to shun all things that can offend Thee, and make me worthy to appear before the pure eyes of Thy Divine Majesty in heaven, where Thou livest and reignest in the unity of the ever Blessed Trinity, God world without end. Amen.

### *Concluding prayers*

## THIRD DAY OF THE NOVENA

*Thou, of all consolers best,  
Visiting the troubled breast,  
Dost refreshing peace bestow.*

### *The Gift of Piety*

The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of



his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

**Prayer**

Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

*Concluding prayers*

**FOURTH DAY OF THE NOVENA**

*Thou in toil art comfort sweet,  
Pleasant coolness in the heat,  
solace in the midst of woe.*

**The Gift of Fortitude**

By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to under take without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

**Prayer**

Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

*Concluding prayers*

**FIFTH DAY OF THE NOVENA**

*Light immortal! Light Divine!  
Visit Thou these hearts of Thine,  
And our inmost being fill!*

**The Gift of Knowledge**

The gift of Knowledge enables the soul to evaluate created things at their true worth--in their relation to God. Knowledge unmasks the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

**Prayer**

Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen.

*Concluding prayers*

**SIXTH DAY**

*If Thou take Thy grace away,  
nothing pure in man will stay,  
All his good is turn'd to ill.*

**The Gift of Understanding**

Understanding, as a gift of the Holy Ghost, helps us to grasp the meaning of the truths of our holy religion. By faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing, and increasing in the knowledge of God."

**Prayer**

Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

*Concluding prayers*

**SEVENTH DAY OF THE NOVENA**

*Heal our wounds--our strength renew;  
On our dryness pour Thy dew,  
Wash the stains of guilt away.*

**The Gift of Counsel**

The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all these things, pray to the Most High, that He may direct thy way in truth."

**Prayer**

Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy commandments to that goal of eternal life for which I long.

*Concluding prayers*

**EIGHTH DAY OF THE NOVENA**

*Bend the stubborn heart and will,  
melt the frozen warm the chill.  
Guide the steps that go astray!*

**The Gift of Wisdom**

Embodying all the other gifts, as charity embraces all the

other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written "all good things came to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a divine sweetness according to the words of the Savior: "Take up thy cross and follow me, for my yoke is sweet and my burden light.

*Prayer*

Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen.

*Concluding prayers*

**NINTH DAY OF THE NOVENA**

*Thou, on those who evermore  
Thee confess and Thee Adore,  
in Thy sevenfold gift, Descend;*

*Give Them Comfort when they die;*

*Give them Life with Thee on high;*

*Give them joys which never end. Amen.*

***The Fruits of the Holy Ghost***

The gifts of the Holy Ghost perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Ghost, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Ghost. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

*Prayer*

Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

*Concluding prayers*

**CONCLUDING PRAYERS**

*Said each day of the Novena*

**Our Father & Hail Mary** *once.*

**Glory be** *seven times.*

**Act of Consecration to the Holy Ghost**

On my knees | before the great multitude of heavenly witnesses | I offer myself, soul and body | to Thee, Eternal Spirit of God. | I adore the brightness of Thy purity | the unerring keenness of Thy justice | and the might of Thy love. | Thou art the Strength | and Light of my soul. | In Thee I live and move and am. | I desire never to grieve Thee | by unfaithfulness to grace | and I pray with all my heart | to be kept from the smallest sin against Thee. | Mercifully guard my every thought | and grant that I may always watch for Thy light | and listen to Thy voice | and follow Thy gracious inspirations. | I cling to Thee | and give myself to Thee | and ask Thee | by Thy compassion | to watch over me in my weakness. | Holding the pierced Feet of Jesus | and looking at His Five Wounds | and trusting in His Precious Blood | and adoring His opened Side and stricken Heart | I implore Thee | Adorable Spirit | Helper of my infirmity, | so to keep me in Thy grace | that I may never sin against Thee. | Give me grace | O Holy Ghost, | Spirit of the Father and the Son | to say to Thee always and everywhere | "Speak Lord | for Thy servant heareth." Amen.

**Prayer for the Seven Gifts of the Holy Ghost**

O Lord Jesus Christ | Who, before ascending into heaven | did promise to send the Holy Ghost | to finish Thy work | in the souls of Thine Apostles and Disciples | deign to grant the same Holy Spirit to me | that He may perfect in my soul | the work of Thy grace and Thy love. | Grant me the Spirit of Wisdom | that I may despise the perishable things of this world | and aspire only after the things | that are eternal | the Spirit of Understanding | to enlighten my mind | with the light of Thy divine truth | the Spirit of Counsel | that I may ever choose | the surest way of pleasing God | and gaining heaven | the Spirit of Fortitude | that I may overcome with courage | all the obstacles that oppose my salvation | the Spirit of Knowledge | that I may know God and know myself | and grow perfect in the science of the saints | the Spirit of Piety | that I may find the service of God sweet and amiable | the Spirit of Fear | that I may be filled with a loving reverence towards God and may dread in any way to displease Him. | Mark me, dear Lord | with the sign of Thy true disciples | and animate me in all things with Thy Spirit. Amen.