



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

At Holy Family Catholic Church: 338 W. University Blvd., Tucson

Sunday, March 4th A.D. 2018 – 3rd Sunday of Lent

Mass Schedule

Sundays

Ordinary Form in English: 4pm (Sat./Vigil) & 7am

Extraordinary Form in Latin: 8:30am & 10:30am

Weekdays

See Liturgical Calendars on page 2

Confession Schedule

30 minutes before all Latin Masses and the Saturday Vigil Mass; Thursdays 5:30-6:25pm, 1st Saturday of Month 7:10-7:40am

Anointing of the Sick/Extreme Unction

Contact Canon Avis
at (520) 623-6773 or (520) 883-4360

Holy Family Parish

(Ordinary Form of the Roman Rite, “English Mass”)



Email: holyfamilyparishtucson@gmail.com
Mail: 338 W. University Blvd, Tucson, AZ 85705

Tel: (520) 623-6773

Website: www.holyfamilychurchtucson.org
Office Hours: Mon-Wed 11am-3pm; Fri 9am-1pm

Parish Staff

Canon William Avis, *Parish Administrator*

Sylvia Cordova, *Office Mgr & SEP Compliance Officer*
sylvia@hfc.phxcoxmail.com

For donations, please make checks out to “Holy Family Parish”

For sacramental certificates: 7 business days notice required.

Saint Gianna Oratory

(Extraordinary Form of the Roman Rite, “Latin Mass”)

Email: stgianna.tucson@institute-christ-king.org

Mail: Priory of Our Lady of Guadalupe

P.O. Box 87350, Tucson, AZ 85754

Tel: (520) 883-4360 Fax: (520) 578-6076

Website: www.saintgianna.net

Oratory Staff

Canon William Avis, *Rector*

Teri Gauger, *Oratory Secretary* (520) 883-4360

Christine Sarti, *Choir Director* (520) 870-0965

For donations, please make checks out to “Institute of Christ the King”

WWW.INSTITUTE-CHRIST-KING.ORG



Holy Week & Easter 2018

Palm Sunday—March 24/25th

Usual schedule for Masses and Confession

Blessing of Palms before both English Masses and before the 10:30am Latin High Mass

Holy Thursday—March 29th

7:30am Tenebrae

5:30-6:20pm Confessions

6:30pm High Mass (Latin)

followed by Adoration until midnight.

8:30-9:30pm Confessions

Good Friday—March 30th

7:30am Tenebrae

10:00am Stations of the Cross

11:00-11:55am Confessions

12noon Good Friday Liturgy (Latin)

5:00pm Good Friday Liturgy (English)

Holy Saturday—March 31st

7:30am Tenebrae

7:00 pm Easter Vigil (Latin)

followed by blessing of Easter food & baskets

No confessions or 4:00pm Vigil Mass!

Easter Sunday—April 1st

7:00am Mass (English)

8:00-8:25am Confessions

8:30am Low Mass w/Organ (Latin)

9:45-10:25am Confessions

10:30am High Mass (Latin)

followed by Divine Mercy Chaplet & Benediction.

St. Jude & St. Martin de Porres are back.

Thanks to the William Gasca estate, our statues of St. Jude and St. Martin de Porres have been are refurbished and are now back to their places in the sanctuary.



St. Jude, pray for us!
St. Martin de Porres,
pray for us!

THE LITURGICAL CALENDAR FOR HOLY FAMILY PARISH (ORDINARY FORM OF THE ROMAN RITE)

Sat. 03/03	3rd Sunday of Lent	4:00 p.m. Vigil Mass	Parishioners of Holy Family Parish	<u>Celebrant:</u> Rev. Arthur Espelage
Sun. 03/04		7:00 a.m. Sunday Mass	† Jerry White	<u>Celebrant:</u> Rev. Abram Dono
Sat. 03/10	4th Sunday of Lent “Lætare”	4:00 p.m. Vigil Mass	Parishioners of Holy Family Parish	<u>Celebrant:</u> Rev. Anthony Ruiz
Sun. 03/11		7:00 a.m. Sunday Mass	† Joseph Cole	<u>Celebrant:</u> Rev. Abram Dono
Weekly Collection: Feb. 24/25: \$1,106.00; ACA: \$134.00				Many Thanks!

The Liturgical Calendar for St. Gianna Oratory (Extraordinary Form of the Roman Rite)

Sun. 03/04	3rd Sunday in Lent I Class, Violet	8:30 a.m. Low Mass 10:30 a.m. High Mass	† Marcia Story by Joan Jacobson Holy Souls by Lydia Capara
Mon. 03/05	Monday of 3rd Week of Lent III Class, Violet	6:30 p.m. Low Mass	Mrs. Anita R. Bates by Nancy Evers
Tue. 03/06	Tuesday of 3rd Week of Lent III Class, Violet <i>Comm. of Ss. Perpetua & Felicity</i>	8:00 a.m. Low Mass	Our godparents by the Gaugers
Wed. 03/07	St. Thomas Aquinas, Conf., Doc. I Class, White, <i>Comm. of Lenten Feria</i> <i>Plenary Indulgence</i>	8:00 a.m. Low Mass w/Organ <i>Followed by Benediction</i>	Patricia Shallcross (health) by Angela Jamison
Thur. 03/08	Thursday of 3rd Week of Lent III Class, Violet <i>Comm. of St. John of God</i>	6:30 p.m. Low Mass <i>Followed by Benediction</i>	Don Perkins (birthday) by SGO
Fri. 03/09	Friday of 3rd Week of Lent III Class, Violet <i>Comm. of St. Frances of Rome</i> 	8:00 a.m. Low Mass <i>Stations & Adoration see Bulletin Announcement</i>	Personal Intention by E.P.
Sat. 03/10	Saturday of 3rd Week of Lent III Class, Violet <i>Comm. of the 40 Martyrs of Sebaste</i>	8:00 a.m. Low Mass	Baby Davis by Nancy Thornes
Sun. 03/11	4th Sunday in Lent, “Lætare” I Class, Rose or Violet	8:30 a.m. Low Mass 10:30 a.m. High Mass	Pope Francis by SGO † James J. Goodrich by Dr. Martha Goodrich



Please Remember in Your prayers

Sick: T.M.; Christopher Thomas; Susan Hansen; Alfonso Ruiz; Baby Mackenzie; Frankie Anzaldua; Helen Verdugo; Dan Hassen; Thaddeus Stypa; Colleen

Gallegos; Fr. Paddy Tuffy; Diana Mondick; Joseph Hann; Linda Robinson; Vincent Lopez; Marcella Abitz; Mona Montez; Isaac Lopez, Margaret Bradbury; Catherine Corley; William Kelly; Pat & Bill Brown; Ray Grillo; Colleen Urban.



St. Francis de Sales thoughts for meditation:

Watch the bees on the thyme; they find a very bitter juice, but, by sucking it, convert it into honey. O worldly people! At times devout souls encounter great bitterness in their works of mortification, but by performing them they change them into something most sweet and delicious.

Because the martyrs were devout men and women, fire, flame, wheel and sword seemed to be flowers and perfume to them. If devotion can sweeten the most cruel torments and even death itself, what must it do for virtuous actions? (INT. Part I, Ch. 2; O. III, p. 117)

Temptations, and the Difference Between Experiencing Them and Consenting to Them

By St. Francis de Sales

(continued)

So let the enemies of our salvation spread as many snares and wiles in our way as they will, let them besiege the door of our heart perpetually, let them ply us with endless proposals to sin,--so long as we abide in our firm resolution to take no pleasure therein, we cannot offend God any more than the husband of the princess in my illustration could be displeased with her because of the overtures made to her, so long as she was in no way gratified by them. Of course, there is one great difference between my imaginary princess and the soul, namely, that the former has it in her power to drive away the messenger of evil and never hear him more, while the latter cannot always refuse to experience temptation, although it be always in its power to refuse consent. But how long soever the temptation may persist, it cannot harm us so long as it is unwelcome to us.

But again, as to the pleasure which may be taken in temptation (technically called delectation), inasmuch as our souls have two parts, one inferior, the other superior, and the inferior does not always choose to be led by the superior, but takes its own line,--it not unfrequently happens that the inferior part takes pleasure in a temptation not only without consent from, but absolutely in contradiction to the superior will. It is this contest which Saint Paul describes when he speaks of the "law in my members, warring against the law of my mind," and of the "flesh lusting against the spirit."

Have you ever watched a great burning furnace heaped up with ashes? Look at it some ten or twelve hours afterwards, and there will scarce be any living fire there, or only a little smouldering in the very heart thereof. Nevertheless, if you can find that tiny lingering spark, it will suffice to rekindle the extinguished flames. So it is with love, which is the true spiritual life amid our greatest, most active temptations. Temptation, flinging its delectation into the inferior part of the soul, covers it wholly with ashes, and leaves but a little spark of God's Love, which can be found nowhere save hidden far down in the heart or mind, and even that is hard to find. But nevertheless it is there, since however troubled we may have been in body and mind, we firmly resolved not to consent to sin or the temptation thereto, and that delectation of the exterior man was rejected by the interior spirit. Thus though our will may have been thoroughly beset by the temptation, it was not conquered, and so we are certain that all such delectation was involuntary, and consequently not sinful.

—*Introduction to the Devout Life*, Part IV, Chapter 3

LENTEN DEVOTIONS

Stations of the Cross



Each Friday from February 16th-
March 30th at 8:45am.

Followed by blessing and veneration of the Relic of the True Cross (except on Good Friday)

Adoration of the Blessed Sacrament

Friday, March 9th: 9:45am-1:45pm

Friday, March 16th: 9:45am-1:45pm

Friday, March 23rd: 9:45-11:45am



Please make a special effort to spend some time before our Lord in the Most Blessed Sacrament during the Lenten season.

Sign-up sheets are available at the back of the Church!

Precept on Fasting & Abstinence

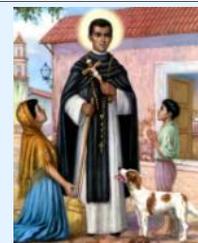
Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. On these days only one full meal is permitted. Up to two colations (smaller meals which added together would not equal a full meal) are allowed if needed.

All Catholics 14 years old and older are obliged to **ABSTAIN** from meat, soup and gravy made from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

Fasting Prayer: Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.

SAN MARTIN DE PORRES MEAL PROGRAM

to serve the needy and poor in Tucson.
Free sack lunches: Sun.-Wed @ 3:00 p.m.
Volunteers welcome!
For information, contact (520) 623-6773.

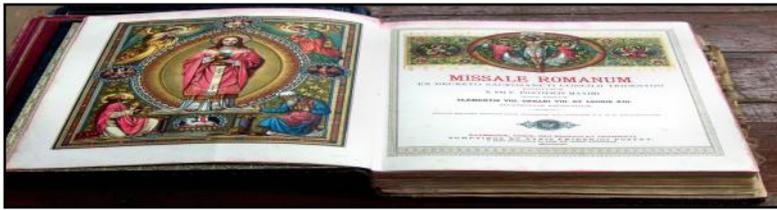


Social in Honor of St. Joseph Sunday, March 18

12noon in the Church Basement
****Please bring a dish to share****

We will have the St. Joseph's table which will have a variety bread products for sale. The proceeds of which will go to charitable causes.





THIRD SUNDAY IN LENT

INTROIT: *Ps. 24: 15,16,1,2* Mine eyes are ever towards the Lord: for He shall pluck my feet out of the snare: look Thou upon me, and have mercy on me; for I am alone and poor. (*Ps*) To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust, let me not be ashamed. Glory be. Mine eyes are...

COLLECT

We beseech Thee, O almighty God, look upon the desires of the humble: and stretch forth the right hand of Thy Majesty to be our defense. Through Our Lord.

EPISTLE: *Eph. 5: 1-9 Lesson from the Epistle of Blessed Paul the Apostle to the Ephesus*

Brethren: Be ye followers of God, as most dear children: and walk in love, as Christ also hath loved us and hath delivered Himself for us, an oblation and a sacrifice to God for an odor of sweetness. But fornication, and all uncleanness or covetousness, let it not so much as be named among you, as becometh saints: or obscenity, or foolish talking, or scurrility, which is to no purpose: but rather giving of thanks. For know you this, and understand that no fornicator, or unclean, or covetous person, which is a serving of idols, hath inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words: for because of these things cometh the anger of God upon the children of unbelief. Be ye not therefore partakers with them. For you were heretofore darkness: but now light in the Lord. Walk then as children of the light: for the fruit of the light is in all goodness and justice and truth.

GRADUAL: *Ps. 9: 20, 4* Arise, O Lord, and let not man be strengthened; let the gentiles be judged in Thy sight. When mine enemy shall be turned back, they shall be weakened and perish before Thy face.

TRACT: *Ps. 122: 1-3* To Thee have I lifted up mine eyes, Who dwellest in heaven. Behold as the eyes of servants are on the hands of their masters, and as the eyes of the handmaid are on the hands of her mistress: so are our eyes unto the Lord our God, until He have mercy on us. Have mercy on us, O Lord, have mercy on us.

GOSPEL: *Lk. 11: 14-28* +Continuation of the holy Gospel according to St. Luke

At that time Jesus was casting out a devil, and the same was dumb. And when He had cast out the devil, the dumb spoke, and the multitudes were in admiration at it. But some of them said: He casteth out devils by Beelzebub, the prince of devils. And others, tempting, asked of Him a sign from heaven. But He, seeing their thoughts, said to them: Every kingdom divided against itself shall be brought to desolation, and house upon house shall fall. And if Satan also be divided against himself, how shall his kingdom stand? because you say that through Beelzebub I cast out devils. Now if I cast out devils by Beelzebub, by whom do your children cast them out? Therefore, they shall be your judges. But if I by the finger of God cast out devils; doubtless the kingdom of God is come upon you. When a strong man armed keepeth his court, those things are in peace which he possesseth. But if a stronger than he is come upon him and overcome him, he will take away all his armor wherein he trusted, and will distribute his spoils. He that is not with Me is against Me: and he that gathereth not with me scattereth. When the unclean spirit is gone out of a man, he walketh through places without water, seeking rest: and not finding, he saith: I will return into my house whence I came out. And when he is come, he findeth it swept and garnished. Then he goeth and taketh with him seven other spirits more wicked than himself, and entering in they dwell there. And the last state of that man becomes worse than the first. And it came to pass, as He spoke these things, a certain woman from the crowd, lifting up her voice, said to Him: Blessed is the womb that bore Thee, and the paps that gave Thee suck. But He said: Yea, rather, blessed are they who hear the word of God, and keep it.

OFFERTORY: *Ps. 18: 9, 11, 12* The precepts of the Lord are right, rejoicing hearts, and His judgments are sweeter than honey and the honeycomb: for Thy servant keepeth them.

SECRET: May this Victim, O Lord, we beseech Thee, cleanse away our sins: and by sanctifying Thy servants in body and mind, make them fit to celebrate this Sacrifice. Through Our Lord.

COMMUNION: Ps. 83: 4, 5 The sparrow hath found herself a house, and the turtle a nest, where she may lay her young ones: Thine altars, O Lord of hosts, my King, and my God: blessed are they that dwell in Thy house, they shall praise Thee for ever and ever.

POSTCOMMUNION: In Thy mercy, we beseech Thee, O Lord, do Thou from all guilt and peril absolve us, whom Thou grantest to be sharers in so great a mystery. Through Our Lord.

Fasting and Abstinence: RULES AND PRACTICE

Fasting is an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Fasting: Catholics between the ages of 18 and 59 are obliged to **FAST** on Ash Wednesday and Good Friday. Fasting has been defined as the partaking of only one full meal and of two smaller meals which if added together would not exceed the main meal in quantity. It is gravely forbidden to eat anything between these three meals! No snacks are allowed.

Abstinence: In addition, all Catholics 14 years and older are obliged by Canon Law to **ABSTAIN** from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. [From USCCB website: Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs --- all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.] On these days in Lent it is NOT allowed to substitute the obligation to abstain from meat by a different sacrifice. The sacrifice of abstaining from meat on the above mentioned days reminds us of the bloody sacrifice of Christ on the cross.

Children: Children, however, can and even should be invited to voluntarily abstain from meat on those days as an expression of self denial & as an act of penance. Before the new regulations concerning fasting & abstinence were promulgated by Pope Paul VI (Apostolic Constitution *Poenitemini* Feb.17, 1966), the age, from which Catholics were obliged to abstain from meat on those mentioned days in Lent, was the age of reason, namely the age of 7.

Encouragements: Aside from these minimum penitential requirements Catholics are encouraged to impose some personal penance on themselves at other times, like prayers, time in adoration in front of the Blessed Sacrament, almsgiving, fasting, spiritual or corporal works of mercy...; Before all else we are obliged to perform the duties of our state in life. When considering further mortifications, it is prudent to discuss the matter with one's confessor or spiritual director. Any deprivation that would seriously hinder us in carrying out our work, as students, employees or parents would be contrary to the will of God and thus should not be undertaken. Mortifications, being corporal or spiritual, need to be accomplished with prudence and serve our purification of weaknesses, imperfections, attachment to sin, vices and thus our growth in all four cardinal virtues of prudence, justice, fortitude and temperance as well as in the three theological virtues of faith, hope and charity.

The USCCB in its letter of Nov. 18, 1966, "strongly recommends" to us the practice of penance on all weekdays of Lent (Sundays of Lent and Solemnities/Feast of First Class like the Feast of St. Joseph or the Feast of the Annunciation, even if they fall on a Friday in Lent, are exempt from Fasting and Abstinence). Let us do with the grace of God what is possible for us and our spiritual life will be rejuvenated.

Exceptions for Fasting and Abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing women according to need for meat or nourishment, are excused from the law of fast and abstinence. The same holds true for the poor who have nothing else to eat that day.

Fasting Prayer: Grant, we beseech Thee, almighty God, that Thy servants who discipline the body by fasting from food, may strive after righteousness by abstaining from sin. Through Christ our Lord. Amen.