

Week 4: Knowing Jesus

“To know Jesus better and to make Him better known”
“Jesus is so little loved, because He is so little known” St Therese of the Child Jesus

We are approaching the goal of St. Louis de Montfort’s true devotion to Mary: this devotion is simply the shortest, safest, and quickest way of knowing, loving, and serving Our Lord Jesus Christ, the ultimate purpose of our existence.

The Sorrowful and Immaculate Heart of Mary leads us to both the **Cross and to Holy Communion**, i. e. the **Holy Eucharist**: Sacrifice (of the Cross) and Sacrament. We will never be able to insist enough on this marvelous invention of Divine Mercy which is the Holy Sacrifice of the Mass as a Calvary perpetuating, spread, and communicated. It is, first, in the Holy Eucharist that he wanted to be found, known, and adored. The **Spirit of the Mass** is the **Spirit of Jesus**. It is at Mass, through the Mass, and by the Mass that all religion is fulfilled, and from it that every good and grace flows from.

Recommended prayers for Week Four
Litany of the Sacred Heart of Jesus
Litany of the Holy Name of Jesus

Meditation and Selected Readings (about 1 hour including Examination of Conscience and Taking of Resolutions)

Day 1: *True Devotion to Mary* by St. Louis de Montfort, paragraphs 60, 68, 80, 84.
Letter to The Friends of the Cross paragraph 2.

Day 2: Gospel of St. Matthew Chapters 26, 27.

Day 3: *Imitation of Christ*: Bk 2, Chapter 8.

Day 4: *Friends of the Cross*: paragraphs 5, 18, 13.
Imitation of Christ: Bk 2 Chapter 11.

Day 5: *Friends of the Cross*: paragraphs 17, 18, 23, 26, 27.

Day 6: *Friends of the Cross*: paragraphs 33, 36, 42, 50.

Day 7: *Imitation of Christ*: Bk 3 Chapter 56; Bk 4 Chapter 1 (indispensable)