



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

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**OAKLAND APOSTOLATE AT  
SAINT MARGARET MARY CATHOLIC CHURCH**  
Mailing Address:  
1219 Excelsior Avenue, Oakland, CA 94610

**SUNDAY, NOVEMBER 28, 2021**  
**FIRST SUNDAY IN ADVENT**  
(Mass Propers available in the Parish Bulletin)

Dear faithful,

The First Sunday of Advent is upon us, and with it begins a new liturgical year. Saint Paul exhorts us today: "...it is now the hour for us to rise from sleep" (Romans 13;11-14). It is time to cast off our works of darkness and take heed of this fact: Our Lord Jesus Christ has won the ultimate victory over the world, the flesh and the Devil. We have no excuse to delay the work of our conversion; God is calling us to take concrete steps now so that the victory of His Son would be made manifest in our souls; transforming them. How do we do this?

One method that all spiritual writers and moral theologians insist on is by means of particular resolutions, as are made for example at the beginning of the season of Lent. Such resolutions can vary widely; there are indeed endless possibilities. One soul might have need of the following resolution: "I will focus on growth in the virtue of patience by calling to mind Our Lord as He carried His cross up the Hill of Calvary." Another might have greater need of this one: "I will practice the virtue of temperance at meals by remembering these words of Our Lord: 'Man does not live by bread alone.'"

Whatever your Advent resolutions may be, know that you are not in this alone. Despite our many infidelities, God remains by our side in these ever-darker times. He is our Father, our Light, and He will continue to aid us by His most powerful graces. Why not begin Advent therefore with a good confession and at least one particular resolution? Be sure to confide all of your efforts to the care of the Blessed Virgin, with whom we joyfully await the coming Christ Child.

Please note that with the beginning of Advent, the Marian antiphon changes to the *Alma Redemptoris Mater*. Copies are available in church.

A reminder that our Men's Retreat will take place this **Monday, November 29**, at the Carmelite Monastery in Kensington. Please be sure to arrive no later than 8:45 am, as Mass will begin at 9:00 and parking is limited.

Our Novena in preparation for the **Feast of the Immaculate Conception begins this Tuesday, November 30**. There unfortunately will not be enough servers to have Exposition every day after Mass; we will nevertheless recite the **Novena prayer** every day, and there will be a short sermon on Our Lady at each Mass. The **Act of Consecration** will be recited after both Masses on Wednesday, December 8; the day of the Feast.

**Young adults:** remember that our monthly **Sursum Corda** event is coming up on **Thursday, December 9**, beginning with the Rosary in church at 5:30 pm. Please rsvp to Noe Perez at [n\\_perez3@u.pacific.edu](mailto:n_perez3@u.pacific.edu). We hope to see you there!

There will be an **event for altar servers**, current, aspiring or even just somewhat interested, on Saturday, December 11, from 11:15 am to



about 1:15 pm. Please rsvp to Joseph Burk at: [josephburk94@gmail.com](mailto:josephburk94@gmail.com).

The Institute's Christmas Novena of Masses at the Shrine of Christ the King is now open for your enrollments. Please see the information on the second page for more information.

Please note: First Friday and First Saturday are this week. We will have our usual devotions after both Masses.

Wishing you a blessed Sunday,  
Canon Benjamin Norman

## SIGN UP ON FLOCKNOTE

Visit [ickspoakland.flocknote.com](http://ickspoakland.flocknote.com)

or text "ICKSPOakland" to 84576

The Oakland Apostolate is now using Flocknote to facilitate communication from Canon Norman and also within our active groups (altar servers, scholas, hospitality, etc.) If you did not receive last week's bulletin in Flocknote, you can sign up by going to the website above, or text "ICKSPOakland" to 84576.

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## LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 11/28	7:00 am <i>Low Mass</i>	<b>First Sunday of Advent</b> <i>1st Class/ Violet</i>	Canon Norman	Mr. Ranjan Mathews†
	12:30 pm <i>High Mass</i>		Canon Norman	Sergio & Carmen Raya
Mon, 11/29	6:00 pm <i>Low Mass</i>	Votive Mass of the First Sunday of Advent <i>3rd Class/ Violet</i>	Canon Norman	Joram Lanzar
Tue., 11/30	6:00 pm <i>Low Mass</i>	St. Andrew, Apostle <i>2nd Class/ Red</i>	Canon Norman	Lianne Claver
Wed, 12/1	6:00 pm <i>Low Mass</i>	Votive Mass of the First Sunday of Advent <i>3rd Class/ Violet</i>	Canon Norman	Myrna S. Lanzar
Thurs., 12/2	12:00 noon <i>Low Mass</i>	Votive Mass of Our Lord Jesus Christ, Eternal High Priest, <i>3rd Class/ White</i>	Canon Norman	Alicia de Escobar
Fri., 12/3	6:00 pm <i>Low Mass</i>	Votive Mass of the Sacred Heart of Jesus <i>3rd Class/ White</i> <i>1st Friday Devotions after Mass</i>	Canon Norman	Pam Family
Sat., 12/4	10:00 am <i>Low Mass</i>	Votive Mass of the Immaculate Heart of Mary <i>1st Saturday Devotions after Mass</i> <i>3rd Class/ White</i>	Canon Norman	Sr. Angela Woodworth
Sun., 12/5	7:00 am <i>Low Mass</i>	<b>Second Sunday of Advent</b> <i>1st Class/ Violet</i>	Canon Norman	Richard St. Lezin†
	12:30 pm <i>High Mass</i>		Canon Norman	Anna Giddings

### SACRAMENTS

**Confessions** are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

### CATECHISM CLASSES

**Weekly catechism classes on Zoom** Please contact Canon Norman or Lisa Caputi ([henshinx@pacbell.net](mailto:henshinx@pacbell.net)) to request the Zoom link.

**Youth Class:** Tuesdays at 4:00pm **Adult Class:** Saturdays, at 2:30pm

**EMAIL LIST:** send your request to

[oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org)

**FLOCKNOTE:** sign up at [icksपोakland.flocknote.com](http://icksपोakland.flocknote.com)

or text "ICKSPOakland" to 84576

### PRAYER LISTS \*\*

\*\*The sick and RIP prayer lists will be updated in the New Year. Please email [oakland@institute-christ-king.org](mailto:oakland@institute-christ-king.org) if you wish to remain on these prayer lists. Thank you.

In your kindness, please keep these requests in your prayers. Thank you.

### For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Rose Stone	Paula Case
Timothy Paul Irving	Veronica Seder	Lianne Claver
Eurydice Buenger	Elizabeth Pawek	Paulann Dymond
Diane Kasdan	Catherine Rose Eich	Courtney Shoda
Canon Fragelli	Peter Trong Nguyen	Dobbins family

### For the repose of the souls of our beloved departed:

Barbara Powell	Pauline Marie Longchamp	Pedro Barreto
Walter Wagoner	Rosary Gilheany	Cecilia Ramos
Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaan		<i>Requiescant in pace.</i>

### UPCOMING EVENTS

December 5—Second Sunday of Advent

December 8—Immaculate Conception (Patronal Feast Day)

December 9—Sursum Corda (\***rsvp**)

December 11—Altar Servers Event (\***rsvp**)

December 12—Gaudete Sunday

\* **RSVP:** Please email the following to sign up for these events

Sursum Corda, December 9: Noe Perez at

[n\\_perez3@u.pacific.edu](mailto:n_perez3@u.pacific.edu)

Altar Servers Event, December 11: Joseph Burk at

[josephburk94@gmail.com](mailto:josephburk94@gmail.com)

### CHRISTMAS NOVENA OF MASSES (ENROLL ONLINE)

The Institute of Christ the King Sovereign Priest invites you to enroll your loved ones, **living or deceased**, in our Christmas Novena of Masses.

The Holy Sacrifice of the Mass will be offered from Christmas Eve through the Octave of our Lord's Nativity at the Institute's U.S. Provincial Headquarters upon the altar of the Holy Infant King for those enrolled and their intentions. This Christmas, give those on your Christmas list the Eternal Gift. Enroll them in the Institute's Christmas Novena of Masses today! Go to <https://form.jotform.com/213283902812149>, or use the QR code above.

May Christ our Holy Infant King bless you always and fill your year with His heavenly grace.



**DONATE TO THE INSTITUTE** - If you wish to support the Institute's work, please **make out your check to the "Institute of Christ the King"**, or donate online at <https://institute-christ-king.org/donate-apostolates>

