



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States
Canon Matthew Talarico, Provincial Superior
Oakland Apostolate: Canon Benjamin Norman
Contact: canon.norman@institute-christ-king.org, (408) 600-4218
Website: <http://www.institute-christ-king.org/oakland-home>

**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, NOVEMBER 21, 2021
LAST SUNDAY AFTER PENTECOST
(Mass Propers available in the Parish Bulletin)

Dear faithful,

The end is nigh! Perhaps these words sound alarmist, but they are in substance those of Holy Mother Church today. Dom Prosper Guéranger reminds us on this Last Sunday after Pentecost that the world will not continue on in its present state forever, but is awaiting the Second Coming of Our Lord and the world's consummation by fire. Christ shall return victorious upon the clouds; a crown upon His head, surrounded by vast armies of glorious angels. With one word from His mouth He will slay the Antichrist and cast him into eternal perdition with Satan and his demons. The lies of the Evil One and those who serve him will finally be exposed for what they are, with no hope of gainsaying. The earth and the heavens shall be utterly annihilated, and the reprobate souls cast into Hell forever. The just on the other hand will be brought to that final and everlasting joy of union with God, who will wipe away their every tear, in the serene and peaceful surroundings of the Heavenly Jerusalem.

It's hard to believe that **the First Sunday of Advent is already coming up in one week.** Advent is known as the most Marian of the liturgical seasons, because the feast of Christmas which it anticipates is a feast of both Our Lord and Our Lady. As the world has already witnessed the first coming of Jesus Christ in His miraculous birth by Mary, Ever-Virgin, Advent now holds for us the expectation of His Second Coming and the Judgement which He will pronounce solemnly and before all.

May we therefore continue to pray, sacrifice, and strive to accomplish all our duties in profound humility, aware of our own sinfulness. Let us stir up a lively hope in our hearts that on that last day, we will have the inestimable privilege of hearing these words of Our Lord spoken directly to us: "Well done, good and faithful servant ... enter thou into the joy of thy lord" (Matt. 25:23).

Have you had a look at the Oakland Apostolate's website lately? Our volunteers have been generously devoting their time, talents and energy to updating it with all the latest information about our activities, such as Mass times for upcoming important feasts and photos from our recent events. There is also a job description for something **we need: an experienced Choir Director!** If you know someone who may possess these skills, please contact me by phone or email.

There are several upcoming events this month and in December. On **Monday, November 29, our Men's Retreat** will take place at the Carmelite Monastery in Kensington. The deadline to register is this **Monday, November 22.** Please rsvp to Joseph Burk at: josephburk94@gmail.com.

Our Novena in preparation for the **Feast of the Immaculate**



The Last Judgment by Stefan Lochner, ca. 1435

Conception will take place from Tuesday, November 30 – Wednesday, December 8. We hope to have Exposition of the Blessed Sacrament each day after Mass, but this takes servers. **Would there be any men or boys among you who would be willing to be trained?** If so, please contact me by phone or email. Please remember as well that we will have an event for **altar servers**, current, aspiring or even just somewhat interested, on Saturday, **December 11**, from 11:15 am to 1:15 pm. Please rsvp to Joseph Burk at: josephburk94@gmail.com.

We still have our beautiful Christmas cards (\$20 a pack) and 2022 wall calendars (\$5 each) for sale. These can be most easily purchased at the Sunday reception following the 12:30 Mass. These can also be purchased after Mass on other days.

Lastly, I would like to wish each of you a happy Thanksgiving. May we always have a greater gratitude for the countless gifts Our Lord has bestowed upon our nation and in our own lives.

Wishing you a blessed Sunday,

Canon Benjamin Norman

SIGN UP ON FLOCKNOTE

Visit [icksOakland.flocknote.com](https://www.icksOakland.flocknote.com)

or text "ICKSPOakland" to 84576

The Oakland Apostolate is now using Flocknote to facilitate communication from Canon Norman and also within our active groups (altar servers, scholas, hospitality, etc.) If you did not receive last week's bulletin in Flocknote, you can sign up by going to the website above, or text "ICKSPOakland" to 84576.

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 11/21	7:00 am <i>Low Mass</i>	Last Sunday After Pentecost <i>2nd Class/ Green</i>	Canon Norman	Canon Benjamin Norman
	12:30 pm <i>High Mass</i>		Canon Norman	Francis Ramsdell Crawford
Mon, 11/22	6:00 pm <i>Low Mass</i>	St. Cecilia, Virgin & Martyr <i>3rd Class/ Red</i>	Father Staal	Harold Valverde
Tue., 11/23	6:00 pm <i>Low Mass</i>	St. Clement, Pope & Martyr <i>3rd Class/ Red</i>	Canon Norman	Ray A. Lanzar
Wed, 11/24	6:00 pm <i>Low Mass</i>	St. John of the Cross, Confessor and Doctor of the Church, <i>3rd Class/ White</i>	Canon Norman	I-Wen Connick
Thurs., 11/25	12:00 noon <i>Low Mass</i>	St. Catherine, Virgin & Martyr <i>3rd Class/ White</i>	Canon Norman	Canon Olivier Meney
Fri., 11/26	6:00 pm <i>Low Mass</i>	St. Sylvester, Abbot <i>3rd Class/ White</i> <i>Adoration after Mass</i>	Canon Norman	Mariette Canda
Sat., 11/27	10:00 am <i>Low Mass</i>	Our Lady's Saturday <i>4th Class/ White</i>	Canon Norman	Ba Van Dinh
Sun., 11/28	7:00 am <i>Low Mass</i>	First Sunday of Advent <i>1st Class/ Violet</i>	Canon Norman	Mr. Ranjan Mathews†
	12:30 pm <i>High Mass</i>		Canon Norman	Sergio & Carmen Raya

SACRAMENTS

Confessions are heard 30 minutes before each Mass, and also during the Adoration after the 6 pm Mass each Friday.

Please contact Canon Norman if you are in need of or have questions regarding reception of any of the Sacraments.

CATECHISM CLASSES

Weekly catechism classes on Zoom Please contact Canon Norman or Lisa Caputi (henshinx@pacbell.net) to request the Zoom link.

Youth Class: Tuesdays at 4:00pm **Adult Class:** Saturdays, at 2:30pm

EMAIL LIST: send your request to

oakland@institute-christ-king.org

FLOCKNOTE: sign up at icksपोakland.flocknote.com

or text "ICKSPOakland" to 84576

PRAYER LISTS

In your kindness, please keep these requests in your prayers. Thank you.

For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Rose Stone	Paula Case
Timothy Paul Irving	Veronica Seder	Lianne Claver
Eurydice Buenger	Elizabeth Pawek	Paulann Dymond
Diane Kasdan	Catherine Rose Eich	Courtney Shoda
Canon Fragelli	Peter Trong Nguyen	

For the repose of the souls of our beloved departed:

Barbara Powell	Pauline Marie Longchamp	Pedro Barreto
Walter Wagoner	Rosary Gilheany	Cecilia Ramos
Jeff Glass	James Metran	Ramon Lanzar
Marie-Terese Karel-Michaan		<i>Requiescant in pace.</i>



DONATE TO THE INSTITUTE - If you wish to support the Institute's work, please **make out your check** to the "Institute of Christ the King", or donate online at <https://institute-christ-king.org/donate-apostolates>

UPCOMING EVENTS

November 28—1st Sunday of Advent

November 29—Men's Retreat (***rsvp**)

December 8—Immaculate Conception (Patronal Feast Day)

December 9—Sursum Corda (***rsvp**)

December 11—Altar Servers Event (***rsvp**)

* **RSVP:** Please email the following to sign up for these events

Men's Retreat, November 29: Joseph Burk at

josephburk94@gmail.com

Sursum Corda, December 9: Noe Perez at

n_perez3@u.pacific.edu

Altar Servers Event, December 11: Joseph Burk at

josephburk94@gmail.com

SEASONAL MARIAN ANTIPOHON

One of the ways we honor Our Lady throughout the year is with the four seasonal Marian antiphons. They are typically chanted at the end of the evening office of Compline, the last "hour" of the Roman Breviary. These antiphons include the following:

Alma Redemptoris Mater (Advent to the Purification)

Ave Regina Caelorum (after the Purification to the Easter Vigil)

Regina Caeli (the Easter Vigil through Pentecost Sunday)

Salve Regina (after Pentecost Sunday to Advent)

Starting on the first Sunday of Advent, and through the Feast of the Purification, the traditional end of the Christmas season, *Alma Redemptoris Mater* is *usually* sung at the end of Mass on Sundays and Feast Days. The Institute's recent Gregorian chant recording, *Gaudeamus Omnes*, contains the four seasonal Marian antiphons as part of the Office of Compline, in simple and solemn tones. These Marian anthems can be downloaded individually on iTunes, Amazon, Spotify, Apple Music, CD Baby and more. For details and to hear clips of each track, go to:

<https://instituteofchristthekingsovereignpriest.hearnow.com/>