



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Msgr. Michael Schmitz, Vicar General and Delegate for the United States
Canon Matthew Talarico, Provincial Superior
Oakland Apostolate: Canon Benjamin Norman
Contact: canon.norman@institute-christ-king.org, (408) 600-4218
Website: <http://www.institute-christ-king.org/oakland-home>

**OAKLAND APOSTOLATE AT
SAINT MARGARET MARY CATHOLIC CHURCH**
Mailing Address:
1219 Excelsior Avenue, Oakland, CA 94610

SUNDAY, FEBRUARY 14, 2021
QUINQUAGESIMA SUNDAY
MASS TEXTS IN PARISH BULLETIN , P. 6-7

Dear Faithful,

On Quinquagesima Sunday, the Apostle to the Gentiles reminds us of the preeminent place of charity among all the other virtues. Charity is rightly called the “Queen of the Theological Virtues,” the only one which remains in Heaven, as Faith has given way to the knowledge of God in seeing Him face to face, and Hope has yielded to the desire of union with God perfectly fulfilled. Saint Paul also reminds us that Charity “is not puffed up, is not ambitious, seeketh not her own, is not provoked to anger, thinketh no evil, rejoiceth not in iniquity, but rejoiceth with the truth: beareth all things, believeth all things, hopeth all things, endureth all things” (1 Cor. 13:1-13). Kindness with our more troublesome neighbors is something we all struggle with. This Lent, this could be a good resolution for many of us.

At the outset of Lent, we find ourselves on the cusp of the most penitential moment in the Liturgical year. Remember that Our Lord has warned us: “Unless you do penance, you shall all likewise perish,” (Luke 13:3-5). Let us try to avoid certain extremes, however, in our Lenten penance: either trying to do too much out of pride and winding up incapable of fulfilling our duties, or doing too little out of sloth and self-indulgence.

This Wednesday February 17 is Ash Wednesday. There will be the Blessing and Distribution of Ashes followed by Holy Mass at 6 pm.

This Sunday, the second collection is designated for the Institute of Christ the King. As usual, we thank you for your generous support.

Please note: Stations of the Cross will take place on the Fridays of Lent, beginning this Friday February 19. Consequently, our regular Friday Adoration will be moved to Wednesdays after the 6 pm Mass during Lent, beginning on Wednesday February 24. “Way of the Cross” booklets will be made available. Those who would like to take these booklets home with them are asked to leave a donation.

On Saturday March 13, there will be an event for altar servers in the front garden. Regular servers and those who would like to start are both invited. Pizza will be provided and a short talk on the Faith and the Sacred Liturgy will be given. As always, parents are welcome to attend.

God bless,

Canon Benjamin Norman

NOTES ON PIOUS PRACTICES:

Regarding the Communion cloth which is put at your disposal during Mass, it is traditional to put one’s hands underneath it and form a little plateau, in the event the consecrated host were to fall. Also, out of respect for the Real Presence, all are kindly asked to remember to turn off your phones or put them on silent while in church.

As Mass has now returned indoors (except for the Sunday 12:30 Mass), we have returned to the original Mass times: **Monday, Tuesday, Wednesday and Friday at 6 pm**, Thursday still at 12 noon. The weekend Mass times remain the same.

This Tuesday February 16 we will have a Holy Hour of Adoration and Reparation from 5 to 6 pm, followed by the Mass. We offer this time before Our Eucharistic Lord in reparation for the manifold sins against Christian modesty and temperance, especially this time of year. We also offer it, in reparation for the unjust measures taken against the Church and the worship of God under the pretext of public health concerns, while in so many places bars, gyms and establishments of ill repute have been allowed to continue operating.

LENTEN OBSERVANCE

- 1. ASH WEDNESDAY** (February 17, AD 2021) and **GOOD FRIDAY** (April 2, AD 2021) are days of **FASTING AND ABSTINENCE FROM MEAT**. Only one full meal is allowed on each day. Two additional meals may be taken according to one’s needs, but they together should not equal that of a full meal.
2. Other **FRIDAYS OF LENT** are days of abstinence from meat.
3. The obligation to abstain from meat binds on all who have reached the age of 14.
4. The obligation to fast binds all between the ages of 18 and 59.
5. Catholics are obliged to do penance in Lent, and no Catholic should lightly excuse himself from this obligation. **Penances, mortification, increased devotion and prayer, and acts of mercy, charity and almsgiving are a worthy preparation for Easter.**
6. Fasting on **WEEKDAYS** of Lent, though not obligatory, is **“strongly recommended”** (National Conference of Catholic Bishops, November 18, 1966).
7. Catholics who have received 1st Holy Communion are obligated to receive Holy Communion at least once a year. This precept should be fulfilled before Trinity Sunday.
8. Catholics are also bound to go to Confession at least once a year. We must be well disposed to receive our Lord each time at Holy Communion and therefore **it is strongly recommended to go to confession at least once a month.**

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LITURGICAL CALENDAR & ANNOUNCEMENTS

Date	Time	Mass of the Day	Celebrant	Intention
Sun., 2/14	7:00 am <i>Low Mass</i>	Quinquagesima Sunday <i>2nd Class/ Violet</i>	Canon Norman	Claudia Krispel <i>by Brigitte Krispel</i>
	12:30 pm <i>Low Mass</i>		Canon Norman	Mary Fabilli† <i>by I-Wen Connick</i>
Mon., 2/15	6:00 pm <i>Low Mass</i>	Feria/ <i>3rd Class/ Violet</i>	Father Staal	List of the sick in the Parish book
Tue., 2/16	6:00 pm <i>Low Mass</i>	Feria/Votive Mass of the Blessed Sacrament <i>4th Class/ White</i>	Canon Norman	Becky Merz Pearson <i>by Moreno Navarini</i>
Wed., 2/17	6:00 pm	Ash Wednesday <i>Blessing & Distribution of Ashes, 1st Class/ Violet</i>	Canon Norman	List of the sick in the Parish book
Thurs., 2/18	12:00 noon <i>Low Mass</i>	Feria/ <i>3rd Class/ Violet</i>	Canon Norman	Dario Gonzalez <i>by Paula Case</i>
Fri., 2/19	6:00 pm <i>Low Mass</i>	Feria/ <i>3rd Class/ Violet</i>	Canon Norman	List of the sick in the Parish book
Sat., 2/20	10:00 am <i>Low Mass</i>	Feria/ <i>3rd Class/ Violet</i>	Canon Norman	Canon Henrique Fragelli <i>by Rosa Marquez</i>
Sun., 2/21	7:00 am <i>Low Mass</i>	First Sunday of Lent <i>1st Class/ Violet</i>	Canon Norman	In thanksgiving to St. Jo- seph, <i>by Michael Smith</i>
	12:30 pm <i>Low Mass</i>		Canon Norman	Mr. Hang <i>by Alison Britton</i>

EMAIL LIST OF THE APOSTOLATE

If you wish to receive an electronic copy of the bulletin, or other communication from Canon Norman regarding this apostolate, or get the Zoom link for catechism class, please send your request to: oakland@institute-christ-king.org

SACRAMENTS

For preparation and reception of the Sacraments, please contact Canon Norman, by email or by phone.

CATECHISM CLASSES (ON ZOOM)

Youth class: Tuesdays 4:00pm. Adult Class: Saturdays 2:30pm.

PRAYER LISTS

In your kindness, please keep these requests in your prayers. Thank you. (To be added to this list, please send an email to oakland@institute-christ-king.org)

For the sick:

Thomas Henriksson	Nancy Duenas	Gigi Cunningham
Dario Gonzalez	Rose Stone	Paula Case
Timothy Paul Irving	Veronica Seder	Liane Claver
Eurydice Buenger	Elizabeth Pawek	Paulann Dymond
Marie-Terese Karel-Michaan		

For the repose of the souls of our beloved departed:

Barbara Powell	Pauline Marie Longchamp
Pedro Barreto	Walter Wagoner

Requiescant in pace.

Please note: on **Sunday, February 28** (two weeks from now), our apostolate will participate in an Institute-wide collection, "Many Apostolates, One Mission." More information will be forthcoming in the next two weeks. Help the Institute continue to restore Catholic life and culture in the USA!



UPCOMING EVENTS

February 17—Ash Wednesday
February 21—First Sunday of Lent
March 7—St. Thomas Aquinas, Patronal Feast Day
March 13—altar server event in the church garden
March 19—St. Joseph
March 21—St. Benedict, Patronal Feast Day

INFANT KING DEVOTION — FEBRUARY 17-25

On the 17th of every month, the Institute prays a novena to honor the Infant King. The 9 days of prayer ends on the 25th day of each month, recalling the day of His Incarnation and of His birth. At the Shrine of Christ the King, our Provincial Headquarters, a very special 17th-century wooden statue of the Infant King occupies the place of honor above the holy altar as a physical, visual reminder of the object of our adoration. The faithful are cordially invited to pray this novena for your own intentions. You may also submit your intentions for a donation on our website infantkingoffering.org. Please visit the website for more information about this devotion exercised by the Institute.

LENTEN PRAYERS FOR SEMINARIANS

For many years, thanks to the efforts of Mr. & Mrs. Henriksson, the Oakland apostolate has had an efficacious Lenten prayer program for seminarians of the Institute. If you wish to participate this year, please give us your name and email address, and we will match you up with a seminarian to pray for during Lent. An offering of at least one decade of the Rosary a day for 40 days will go a long, long way! Please sign up after Mass, online at <https://bit.ly/3tQmN4q>, or use the QR code to the right, or email Canon at oakland@institute-christ-king.org. Thank you!

