

## Holy Mass Schedule for January 24, 2010 - January 31, 2010

<b>Sun., Jan. 24</b> <b>12:30 p.m.</b> <b>High Mass</b> <b>Novena</b>	<b>Third Sunday After the Epiphany</b> (2nd Class, Green)	For: Brett & Zach Funcke (liv.) By: Pam Funcke	MC: Matthew Case Thurifer: Teofil Dabrowski Acolytes: Joe Field & Max Tittman Crucifer: Teofil Dabrowski Torchbearers: San Field & Isaiah Cornett
<b>Mon., Jan. 25</b> <b>6:00 p.m.</b> <b>Novena</b>	<b>Conversion of St. Paul</b> (3rd Class, White) Comm. of St. Peter	For: Mary Brearcliffe (dec.) By: John Botsch	Garvin Czetli
<b>Tue., Jan. 26</b> <b>6:00 p.m.</b> <b>Novena</b>	<b>St. Polycarp Bishop &amp; Martyr</b> (43rd Class, Red)	For: Felimon Cruz (dec.) By: Raul Baccay	Roger Kwan
<b>Wed., Jan. 27</b> <b>6:00 p.m.</b> <b>Novena</b>	<b>St. John Chrysostom Bishop, Confessor &amp; Doctor</b> (3rd Class, White)	For: Paul Moreau (dec.) By: Bernadette Moreau	Jason Vien
<b>Thu., Jan. 28</b> <b>6:00 p.m.</b> <b>Novena</b>	<b>St. Peter Nolasco Confessor</b> (3rd Class, Red) Comm. of St. Agnes	For: Bob Largent (dec.) By: Martha Largent	Ricky Wong
<b>Fri., Jan. 29</b> <b>6:00 p.m.</b> <b>High Mass</b> <b>Novena</b>	<b>St. Francis de Sales Bishop, Confessor &amp; Doctor</b> (1st Class, White)	For: His soldiers in Afghanistan By: Col. Peter Minalga	MC: Abbe Eric Majewski Thurifer: Roger Kwan Acolytes: Leon Melendres & Teofil Dabrowski Crucifer: Roger Kwan
<b>Sat., Jan. 30</b> <b>10:00 a.m.</b>	<b>St. Martina Virgin &amp; Martyr</b> (3rd Class, Red) Comm. of St. Emerentiana	For: Fr. Jean-Marie Moreau (liv.) By: Rose Stone	Teofil Dabrowski
<b>Sun., Jan. 31</b> <b>12:30 p.m.</b> <b>High Mass</b>	<b>Septuagesima Sunday</b> (2nd Class, Violet)	For: Brett & Zack Funcke (liv.) By: Pam Funcke	MC: Leon Melendres Thurifer: Matthew Case Acolytes: Joe Field & Charlie Fineman Crucifer: Matthew Case Torchbearers: Anthony & Paul Campa

### SUPPORT OUR OAKLAND APOSTOLATE

Please remember our Oakland Apostolate when you are considering donations. You can go to the Institute's website at [www.institute-christ-king.org](http://www.institute-christ-king.org) and click on "St. Margaret Mary Oakland, CA," then click on "Donate." You can also give your donation to Canon Moreau or send it directly to the Institute's U.S. Headquarters in Chicago at 6415 South Woodlawn Ave., Chicago, IL 60637-3817. Please make sure you mark it for the Oakland Apostolate at St. Margaret Mary's. Your donations help with the purchase of Liturgical items, Vestments, and Music, and are much appreciated. Thank you.



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST



## ST. FRANCIS DE SALES, JANUARY 29

This is a major feast of the Institute, and there is an opportunity to gain a plenary indulgence under the normal conditions (making a good confession, detachment from all sin, reception of Holy Communion, & praying for the intentions of the Holy Father) if you attend Mass at a church or chapel of the Institute this day.

### ST. FRANCIS DE SALES

*Dom Gueranger has this to say about St. Francis de Sales:*

*The angelical Bishop Francis of Sales has a right to a distinguished position near the Crib of Jesus, on account of the sweetness of his virtues, the childlike simplicity of his heart, and the humility and tenderness of his love. He comes with the luster of his glorious conquests upon him--seventy-two thousand heretics converted to the Church by the ardour of his charity; an Order of holy servants of God, which he founded; and countless thousands of souls trained to piety by his prudent and persuasive words and writings.*

Francis de Sales, born Francis Bonaventure, on August 21, 1567, to a nobleman and a 15-year-old mother was the oldest of 13 children and destined for marriage and a career in the world as a senator of Savoy. A frail child, he grew to adulthood and was well educated, being sent to Paris by his father to attend the College of Navarre, but choosing instead the Jesuit College of Clermont -- a sign of his firmness of purpose that would gradually lead him toward the priesthood. Receiving a law degree from the University of Padua, he eventually succeeded in receiving the permission of his father to enter the priesthood and was ordained in 1593. The Bishop Granier of Geneva selected him for the almost impossible task of winning back from Calvinism the people of the Chablais district. Although undertaken with joy, he suffered the harshest treatment from the heretics who sought to take away his life, calumniated him, and plotted against him. But with heroic courage and through divine assistance, he converted 72,000 to the faith. After the death of the bishop, Francis was selected to fill the post of Bishop of Geneva and took as his motto "He who preaches with love, preaches effectively."

In 1604 he met the widow Jane Frances de Chantal, and under his spiritual guidance she founded a religious order of nuns called the Order of the Visitation -- an order in which "the charity and gentleness of Jesus Christ shall rule."

He showed how ordinary life can be sanctified by busy, every day people, guiding those under his care to an ever deeper love of God and in imitation of Christ. Once he wrote, "The measure of love is to love without measure," a precept he consistently taught and lived. Worn out with work, he was taken with his last illness at the age of 55 on the Feast of St. John the Evangelist and died the next day on the Feast of the Holy Innocents in 1622. The Church has placed his feast on the 29th of January, during the 40 days consecrated to the Birth of our Lord.

His letters to his spiritual children are filled with the most sublime love for the Christ Child in the manger. "I would a hundred times rather see the dear Jesus in his Crib than all the kings of the world on their thrones," he said. "But when I see him on the lap or in the arms of his Blessed Mother, he seems to me to be more magnificent on this Throne.... May the great St. Joseph give us some of the consolation that filled his soul; may the Blessed Mother lend us something of her own love, and the Infant Jesus mercifully pour into our hearts the infinite abundance of his merits!" He thought that the angels not only come down to Earth to sing their Gloria in Excelsis each Christmas, but to gaze also on the sweet Babe.

*Resources: "The Liturgical Year," Dom Gueranger; "The Saints: A Concise Biographical Dictionary," John Coulson; "Lives of the Saints," John Crowley.*

### THE LITURGICAL SEASON OF SEPTUAGESIMA

Next Sunday, January 31, marks the beginning of the liturgical season of Septuagesima. In the holy Liturgy our attention turns to the themes of exile and banishment. Having sinned and therefore been driven out of the garden of paradise, our first parents Adam and Eve brought upon all mankind the very sentence of death and damnation which they had earned for themselves.

This Season, then, is a prelude to the penitential mortifications of Lent -- a time that ends with the Passion of Christ and leads to the glorious Resurrection and Ascension that end our exile. As part of the pre-Lenten preparations during Septuagesima, the priest appears at the altar in violet, the color of penance, to symbolize repentance and prayer. The Church in her holy Liturgy omits its joyful canticles such as the *Gloria in excelsis*, the *Alleluia*, etc., in order to gradually prepare the minds of the faithful for the serious time of penance and sorrow and to remind the sinner of the grievousness of his errors and to exhort him to penance.

**Thank you to all who helped with food & clean-up for the 5th Anniversary Reception last Sunday.**

**We look forward to celebrating the 10th Anniversary and pray that all are here to join us. May God Bless you.**