INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

A Society of Apostolic Life of Pontifical Right – Living the Truth in Charity

SAINT PATRICK ORATORY

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FIRST SUNDAY OF LENT MARCH 6, AD 2022

MASS TIMES

Sunday: 8:30am Low Mass 10:30am High Mass

Monday to Saturday: 8:00am Low Mass

Superiors of the Institute of Christ the King

Very Rev. Msgr. R. Michael Schmitz,

STD, JCD, Vicar General of the Institute

Rev. Canon Matthew Talarico, Provincial Superior of the Institute's U.S. Province

Clergy and Staff of Saint Patrick Oratory

Rev. Canon Joel Estrada Pastor & Rector

Abbé Kevin Kerscher Pastoral Assistant &

Clerical Oblate

David Hughes Organist & Choirmaster

CONFESSIONS

30 minutes before each Holy Mass **EVERY DAY** & **DURING** each weekly Holy Hour of Adoration

DEVOTIONS

17th-25th of each Month: Novena to the Infant King

Wednesday: Litany to St. Joseph after 8am Mass

Friday: Adoration of the Blessed Sacrament at 5pm

First Friday: additional Mass at 6pm preceded by Adoration of the Blessed Sacrament beginning at 5pm

Saturday (except 1st Saturday): Prayers to our Mother of Perpetual Help after 8am Mass

First Saturday: after Holy Mass, Exposition of the Blessed Sacrament, Holy Rosary & Benediction with Spiritual Conference (unless an announcement indicates otherwise)

LITURGICAL SCHEDULE Sunday, March 6 FIRST SUNDAY OF LENT

8:30am Low Mass - Pro Populo 10:30am High Mass - James Pavlick, Sr., by Rosemary, James, Jr., Mayra, & Jordan 5:30pm "Organ at the Oratory" Recital followed by 6pm Vespers & Benediction

Monday, March 7 St. Thomas Aquinas

Patron of the Institute of Christ the King Sovereign Priest (Plenary Indulgence available)

8am Low Mass - Prior General of the ICRSS 6pm High Mass - Intentions of William & Paulette Moran, by Moran family

Tuesday, March 8 Feria of Lent

8am Low Mass - Price family intentions, by Scott & Suzanne Price

Wednesday, March 9 Ember Wednesday of Lent

8am Low Mass - † Bryan Nye, by Cunningham family

Thursday, March 10 Feria of Lent

8am Low Mass - Nora Colandrea, by Lynne O'Luanaigh

Friday, March 11 Ember Friday of Lent (Abstinence)

8am Low Mass - Deceased of Bury family, by Steve Bury 5pm Holy Hour of Adoration 6pm Stations of the Cross & Veneration of Relic of the True Cross

Saturday, March 12 **Ember Saturday of Lent**

8am Low Mass - † Vincent Shaheen & deceased of Shaheen family members, by family

Sunday, March 13 SECOND SUNDAY OF LENT

8:30am Low Mass - † Rev. Fr. Thomas Hickey (2nd. anniv.), by Stefanczyk family 10:30am High Mass - † Rev. Fr. Thomas Hickey (2nd. anniv.), by John Foege 6pm Vespers & Benediction

St. Patrick Church Donations

Week of February 27: **\$5,816.90**

Please mail or drop off your regular offertory envelopes to Saint Patrick rectory or donate securely online at

www.osvhub.com/stpatrick-parish-and-oratory

We truly depend on your help and assistance for the upkeep of our church & operations.

May God reward your generosity!

Please write your donation to "SAINT PATRICK PARISH"

Wisdom from Saint Francis de Sales

Patron Saint of the Institute of Christ the King

"It is a great imperfection to complain unceasingly of little things."

- 1st Communion Catechism after 10:30am Sunday High Mass "Organ at the Oratory" Recital Series at 5:30pm followed by 6pm Vespers & Benediction **EXTENDED DEADLINE** to reserve & pay for your seats in person for St. Patrick's Dinner
- Mar. 7 1st Class Feast of St. Thomas Aquinas, patron of the Institute, 8am Low Mass & 6pm High Mass, Plenary Indulgence
- 5pm Holy Hour & 6pm Stations of the Cross Mar. 11

Mar. 6

- Mar. 13 Confirmation Class after 10:30am Sunday Mass
- Mar. 15 St. Patrick Men's Association Rosary & Conference Night starting at 6:30pm
- Mar. 16 Catechism Class at 5:30pm in Saint Patrick's Hall
- Mar. 17 Titular Parish Feast of Saint Patrick, 1st Class, 8am Low Mass & 6pm Solemn High Mass
- 5pm Holy Hour & 6pm Stations of the Cross Mar. 18
- Mar. 19 Feast of St. Joseph, 8am High Mass
- Mar. 20 Coffee & Doughnut Social after the 10:30am Mass
- Mar. 21 1st Class Feast of St. Benedict, patron of the Institute, 8am Low Mass & 6pm High Mass, Plenary Indulgence Available
- Connecticut March for Life, Rally starts at 12noon in front Mar. 23 of the Capitol (North Side) 210 Capitol Ave., Hartford
- Mar. 25 Feast of the Annunciation of Our Lady, 8am Low Mass, 4:30pm Adoration & Confessions, 5:30pm Stations of the Cross, & **6pm** High Mass
- Mar. 26 Lætare Saturday Saint Patrick Irish Dinner at 5pm in St. Patrick's Hall, you must have reserved and paid for your seats by Mar. 6 deadline
- **Confirmation Examinations** after 10:30am Sunday Mass Mar. 27
- Apr. 1 1st Friday: SPECIAL LENT SCHEDULE 4:30pm Adoration & Confessions, 5:30pm Stations of the Cross, **6pm** High Mass
- 1st Saturday: 8am High Mass followed by Devotions, please Apr. 2 note that there will be no breakfast nor conference
- Apr. 3 1st Communion Catechism after 10:30am Sunday High Mass
- Apr. 6 "Organ at the Oratory" Recital Series at 5:30pm followed by 6pm Vespers & Benediction
- Apr. 8 5pm Holy Hour & 6pm Stations of the Cross
- Apr. 10 Palm Sunday, 8:30am Low Mass, 10:30am Blessing of Palms, Procession, & High Mass
- Apr. 17 Easter Sunday, 8:30am Low Mass, 10:30am High Mass & Benediction, (no Vespers)
- Apr. 24 8:30am Low Mass & 10:30am Confirmations followed by Mass and Reception at Hall

1ST SUNDAY OF LENT

Our Blessed Lord, the Son of God, was not satisfied with atoning for all our sins by dying on the cross; He deigned to suffer a fast of forty days and forty nights, in order to encourage us to do penance. What are all our penances, even were they done thoroughly, when we compare them with the severity of this fast of our Lord in the desert? Instead of complaining about a slight inconvenience of a few days' duration, we should look upon our innocent Lord who subjected Himself to a most rigorous privation for our sakes. Prayer, devotion, and the knowledge of the exactness of His Father's justice supported Him. When the forty days were over, and His human nature faint from exhaustion, He was then assailed by temptation; but here again, He thinks of us and sets the example: triumphing over temptation, calmly and resolutely. When the Christian soul is exposed to vile insults from Satan, it complains to God for permitting such humiliations. On these occasions the Christian soul must think of our Lord, the Holy of Holies, who was given over to the wicked spirit. Souls under the violence of temptation must resist with all their energies; they are not less in the eyes of God for having undergone the attack -- and Satan, now rejected, retires with one more eternal shame and chastisement upon him. We are all sinners; the occupations of everyday life take up our thoughts, and the weakness of the flesh induces us to relax our usual austerities. So it is that our Lord has providentially given us these forty days to regain our purity of soul. The good works and holy fasting of this season were instituted as an atonement for the sins we commit during the rest of the year. But our fast does not consist in the mere abstinence from food; it is not much use to deny food to our body unless we restrain the soul from sin. We must consider the triple temptations to fight against: the concupiscence of the flesh -- the love of sensual things; concupiscence of the eyes -- the love of the goods of this world; and the pride of life -that false confidence in ourselves that leads us to vanity and presumption, making us forget that our life and every good gift, comes from God. Every one of our sins comes from one of these sources. and it is Our Savior who should be our model in conquering these temptations -- through forbearance and perseverance.

LENTEN REGULATIONS TO OBSERVE

- 1. Ash Wednesday (March 2, AD 2022) and Good Friday (April 15, AD 2022) are days of COMPLETE ABSTINENCE FROM MEAT AND ARE ALSO DAYS OF FAST, that is, only one full meal is allowed with no eating between meals. Two other meals, sufficient to maintain strength, may be taken according to one's needs but they together should not equal that of the full meal.
- 2. The other Fridays of Lent are days of abstinence from meat (unless a 1st class feast, ie. solemnity, falls on Friday, per canon 1251)
- 3. The obligation to **abstain from meat** binds on all who have reached the age of 14.
- 4. The obligation to **fast** binds all between the ages of 18 and 59.
- 5. Unless there is a just reason, the obligation to do penance is a serious one and no Catholic should lightly excuse himself from this obligation in the Lenten season. Practices of Lenten penances and acts of mortification, increased devotion and prayer, and acts of mercy, charity and almsgiving, are worthy elements of our preparation for Easter.
- 6. Abstinence on all Fridays of the year (outside of the Lenten season), though not obligatory under pain of sin, is "especially recommended".
- 7. Fasting on weekdays of Lent, though not obligatory under pain of sin, is "strongly recommended" (National Conference of Catholic Bishops, November 18, 1966).
- 8. Catholics, after having received their 1st Holy Communion, are bound by the obligation of receiving Holy Communion at least once a year. This precept should be fulfilled during the Easter Season (between the First Sunday of Lent and Trinity Sunday).
- 9. Catholics are also bound to confess mortal sins at least once a year, but this is not limited to the Lenten/Easter Season. We must be well disposed to receive our Lord each time at Holy Communion and therefore it is strongly recommended to go to confession frequently (at least once a month).

Temptation

adapted from Saint Francis de Sales

Our Lord did not seek temptation. The Holy Ghost led Him into the desert to be tempted. If we encounter temptation in that place where the Spirit of God leads us, we must be firmly confident that God will strengthen us against these temptations no matter how strong they may be. Yet, no matter how holy and generous we may think ourselves to be, we must never trust in our own strength or courage, and go out and seek temptation, thinking we can confound it. Nonetheless, we must prepare ourselves to rise above temptation. Like Jesus, we must arm ourselves with the truth of God. This truth is nothing other than faith, which shields us from temptations. When we say, "I believe" in God the Almighty, we place our trust in God's power, not in our own strength.

As soon as you are conscious of being tempted, follow the example of children when they see a wolf or bear out in the country. They immediately run to the arms of their parents or call to them for help and protection. If the temptation continues, embrace the Holy Cross and look at our Lord. Then, turn your thoughts to some good constructive activity. Our temptations are like a chained dog. If we do not approach them they will do us no harm, even if they try to frighten us by barking at us.

Sometimes when we are faced with a temptation, in the beginning we feel wounded by some troubled emotion. Alas, we might think that it is almost impossible to serve God in holiness. Don't trouble yourself with such an idle fear. Armed with the truth of God's Word, God will strengthen us and give us the grace to persevere to do what is required for God's glory and our own welfare and happiness.

FROM THE RECTOR'S SCRIPTORIUM, REVEREND CANON JOEL JOSEPH ESTRADA

Dear Faithful of Saint Patrick Oratory,

One of the 3 pillars of Lent is almsgiving. Almsgiving manifests our love and generosity towards the Lord: Authentic almsgiving springs from a merciful heart. We feel moved to provide some relief for those in need, to contribute to the upkeep and expansion of the Church, to support whatever good works benefit the common good. By giving alms we can become detached from the things of this world. Almsgiving attracts the blessing of God and produces abundant fruits. It can heal the wounds of sin. (cf. Catechism of the Council of Trent, IV, 14, 23)

As we have begun Lent, please do take advantage of the weekly Holy Hours and Stations of the Cross at the Oratory in order that you may fulfill your penances and sacrifices during this holy time. Plenary Indulgences are attached to these venerable traditions. Holy Confession is always available daily. Let us expiate our sins and fill our souls with much needed graces and blessings.

During these forty days of Lent we are going to experience a permanent struggle within ourselves. The Gospel of today shows us the reality of the Devil. The Church teaches us that the Devil is a real. personal being, a fallen angel. He was created good by God, but abused his free will and rejected God. Now he hates God and hates all of those created in God's image and likeness. In daily life, the Devil is like a dishonest salesman, trying to tempt us, always using the same ruse: seduction and deception. The word "Lent" is an old English word which means "springtime". May this Lent truly be a new springtime in the lives of each of us. Let this season not go to waste! Through praying, fasting, almsgiving and charity may we be like our desert for forty days, Lord in the overcoming temptation and thus receiving a grace of interior resurrection in order to be able to celebrate Easter.



Saint Patrick Oratory Laetare Saturday Irish Parish Dinner

Saturday, March 26, 2022 St. Patrick Church Hall 50 Charles Street, Waterbury 5:00pm

Menu

One pound (precooked weight) of corned beef, served with cabbage, round potatoes, and carrots, with choice of rye, soda, or white bread

<u>Tickets are \$20 per person</u> <u>Children under 10 years old are FREE</u>

Tickets purchased for previously cancelled 2020's St. Patrick's Dinner are still valid & attendees only need to confirm attendance & quantity. We hope to have at least 100 people join us for this dinner!

Unfortunately, there will be no pork option this year.

Please RSVP and submit payment in person to Priory Office by March 6 (extended) deadline!