WELCOME TO SAINT MARY ORATORY

With the gracious permission of His Excellency, David Malloy, Bishop of Rockford, Holy Mass is offered according to the Traditional Roman Rite at Saint Mary Oratory by the Institute of Christ the King Sovereign Priest.

We are pleased to have you join us in this venerable act of worship and invite you to return often.



Located inside the Carlson Ice Arena 4150 North Perryville Rd. Loves Park, IL 61111 815-282-0568 * peteskateshop.com

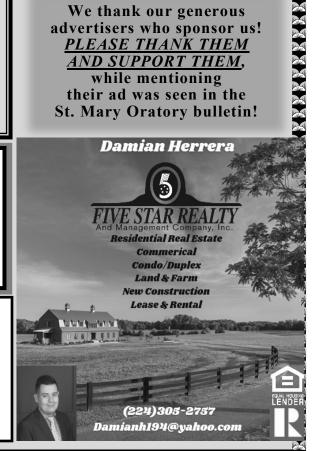


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St. Mary's Pro-Life group, has organized a prayerful presence at 611 Auburn St. on March 13 and March 23.

(Sign up sheet on the table in the vestibule or at proliferockford.com on the calendar page.

The Rockford Diocese Pilgrimage to the Illinois March for Life is Tuesday, March 21.

Please join us in the fight for life!



This Lent, Saint Mary's is participating in the "Change for Life Campaign" benefiting the Pregnancy Care Center of Rockford.

Baby bottles will be available in the upper vestibule to take home and fill with cash or checks! Last year, we collected \$2,801 (\$286 more than the prior year): Let's collect over \$3,000 this year!

Please return bottles back to the church after Lent!

ST. FRANCIS DE SALES ON FASTING DURING LENT

'I thought of speaking to you of the conditions which render fasting good and meritorious. Understand that of itself, fasting is not a virtue. It is a virtue only when it is accompanied by conditions which render it pleasing to God.

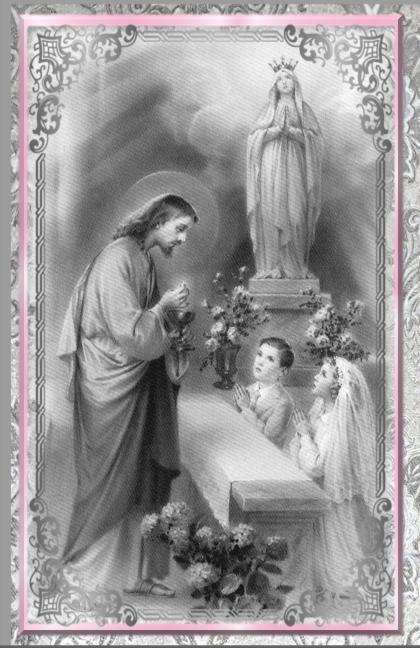
We find some people who think that to fast well during the holy season of Lent it is enough to abstain from eating some prohibited food. We know very well that it is not enough to fast exteriorly if we do not also fast interiorly, and if we do not accompany the fast of the body with that of the spirit.

Now among all the conditions required for fasting well, I will select 3 principal ones...

The first condition is that we must fast with our whole heart, willingly, wholeheartedly, universally and entirely. The second condition is never to fast through vanity but always through humility.

The third condition necessary for fasting well is to look to God and to do everything to please Him, withdrawing within ourselves in imitation of a great saint, St. Gregory the Great who withdrew into a secret place where he remained for a time."

Excerpt from "Sermons of St. Francis de Sales for Lent"





Saint Mary Oratory

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INSTITUTE OF CHRIST THE KING Sovereign Priest

UNITED STATES PROVINCE:

VERY REV. MSGR. R. MICHAEL SCHMITZ, STD, JCD VICAR GENERAL & DELEGATE FOR THE UNITED STATES **REV. CANON**

MATTHEW TALARICO, PROVINCIAL SUPERIOR

ORATORY CLERGY REV. CANON **JOHN JOSEPH** O'CONNOR, Rector E-MAIL: canon.oconnor@ institute-christ-king.org

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ORATORY STAFF Office Administrator: MRS. JEANANN HAYS **Director of Sacred Music:** MR. DANIEL LYTER

OFFICE HOURS Monday - Friday: 9:00am -2:00pm Sat., Sun. & Holy Days: **CLOSED**

MASS SCHEDULE

Sunday: 8:00am & 10:30am Monday: 12:05pm Tuesday-Friday: 7:00am Saturday: 8:00am

CONFESSIONS Monday-Friday: 11:15am-11:45am Saturday: after 8:00am Mass & 3:30pm-4:30pm Sunday: 7:15am & 9:45am

OTHER SACRAMENTS PLEASE CONTACT CANON O'CONNOR

DEVOTIONS Fridays: Exposition, Adoration, & Benediction 7:45am - 8:45am

GROTTO HOURS Monday - Friday: 9:00am - 2:00pm Sat., Sun., & Holy Days: CLOSED'



Fourth Sunday of Lent

March 19, 2023

UPCOMING EVENTS

TODAY.....Sacrament of First Holy Communion at the 10:30am High Mass

Tue. Mar. 21.....Rockford Diocese Pilgrimage to the Illinois Right to Life

Wed. Mar. 22......Altar Server practice resumes here at Saint Mary's from 6pm -8pm

Wed. Mar. 29......Be Reconciled Day -

Two confession times: 7:45am - 8:45am & 11:15am - 11:45am

Sat. Apr. 1.....Men's Lenten Retreat
(flyers available in the upper vestibule

Wed. Apr. 5......No Altar Server practice
(unless you are on the Triduum Schedule)

2023 YOUTH SUMMER CAMPS -

register at institute-christ-king.org/camps2023

2023 SURSUM CORDA ANNUAL RETREAT -

register at <u>form.jotform.com/</u> <u>icksp/sursum-corda-annual-retreat-2023</u>



PLEASE JOIN US THIS
LENT FOR THE
STATIONS OF THE CROSS
ON FRIDAYS
AFTER 7AM MASS.

Registration for Confirmation classes are now open.
Please contact the office if you have a 7th grader (or older) ready to be confirmed.



Classes will begin once the hall reopens.

WEEKLY COLLECTION GOAL: \$7,258

LAST SUNDAY'S COLLECTION:
TOTAL: \$5.467
ACTUAL - FISCAL YTD: \$232,973
GOAL - FISCAL YTD: \$268,546

MAY GOD REWARD YOUR GENEROSITY!

Liturgical Calendar

Sunday, March 19

Fourth Sunday of Lent

8:00am - Nelson Family, Deceased Members 10:30am - Kostek, Todek & Basia Maligranda

Monday, March 20

St. Joseph

12:05pm - Special Intention

Tuesday, March 21

St. Benedict

7:00am (Mass with organ) - Hart Family

Wednesday, March 22

Feria

7:00am - Seth Lazaro, Birthday

Thursday, March 23

Feria/St. Gabriel the Archangel

7:00am - Danny, JoeBob, & Robert White

Friday, March 24

Feria

7:00am - Dwayne & Stuart Holliday Families

Saturday, March 25

Annunciation

8:00am - Ashley Alvarez

Sunday, March 26

Passion Sunday

8:00am - Msgr. Wach

10:30am - Carlton Chase, RIP



THE SACRAMENT OF FIRST HOLY COMMUNION

TODAY, LAETARE SUNDAY

at the 10:30am High Mass

CONGRATULATIONS TO OUR NEW FIRST COMMUNICANTS!

May Our Lord give you many graces on this special day!

Laetare Sunday Fourth Sunday of Lent

"This Sunday, called, from the first word of the Introit, Laetare Sunday, is one of the most solemn of the year. The Church interrupts her Lenten mournfulness; the chants of the Mass speak of nothing but joy and consolation; the Organ, which has been silent during the preceding three Sundays, now gives forth its melodious voice; the Deacon resumes his Dalmatic, and the Subdeacon his Tunic; and instead of purple, Rose-coloured Vestments are allowed to be used. These same rites were practised in Advent, on the third Sunday, called *Gaudete*. The Church's motive for introducing this expression of joy in to-day's Liturgy, is to encourage her Children to persevere fervently to the end of this holy Season. The real Mid-Lent was last Thursday, as we have already observed; but the Church, fearing lest the joy might lead to some infringement on the spirit of penance, has deferred her own notice of it to this Sunday, when she not only permits, but even bids, her

> Excerpt from: <u>The Liturgical Year</u> <u>by Dom Guéranger</u>

children to rejoice!"

"Let us fast an acceptable and very pleasing fast to the Lord.

True fasting is the estrangement from evil, temperance of tongue, abstinence from anger, separation from desires, slander, falsehood and perjury.

Privation of these is true fasting."

Homily I, St Basil the Great.

Catechism Corner

THE SECOND AND THIRD COMMANDMENTS OF GOD

Lesson 18 from the Baltimore Catechism (con't)

234. What is the third commandment of God? The third commandment of God is:
Remember thou keep holy the Lord's day.

And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had done. (Genesis 2:2)

235. Why does the Church command us to keep Sunday as the Lord's day?

The Church commands us to keep Sunday as the Lord's day, because on Sunday Christ rose from the dead, and on Sunday the Holy Ghost descended upon the apostles.

236. What are we commanded by the third commandment?

By the third commandment we are commanded to worship God in a special manner on Sunday, the Lord's day.

Keep you my sabbath; for it is holy unto you. (Exodus 31:14)

237. How does the Church command us to worship God on Sunday?

The Church commands us to worship God on Sunday by assisting at the Holy Sacrifice of the Mass.

238. What is forbidden by the third commandment of God?

By the third commandment of God all unnecessary servile work on Sunday is forbidden.

Six days shall you do work; in the seventh day is the sabbath, the rest holy to the Lord. (Exodus 31:15) 239. What is servile work?

Servile work is that which requires labor of body rather than of mind.

240. When is servile work allowed on Sunday? Servile work is allowed on Sunday when the honor of God, our own need, or that of our neighbor requires it.